

# MOHANJI PLATFORMS

20 25  
26

## GLOBAL IMPACT REPORT





**MOHANJI**  
P L A T F O R M S

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**GLOBAL IMPACT REPORT**  
2025-2026

90+

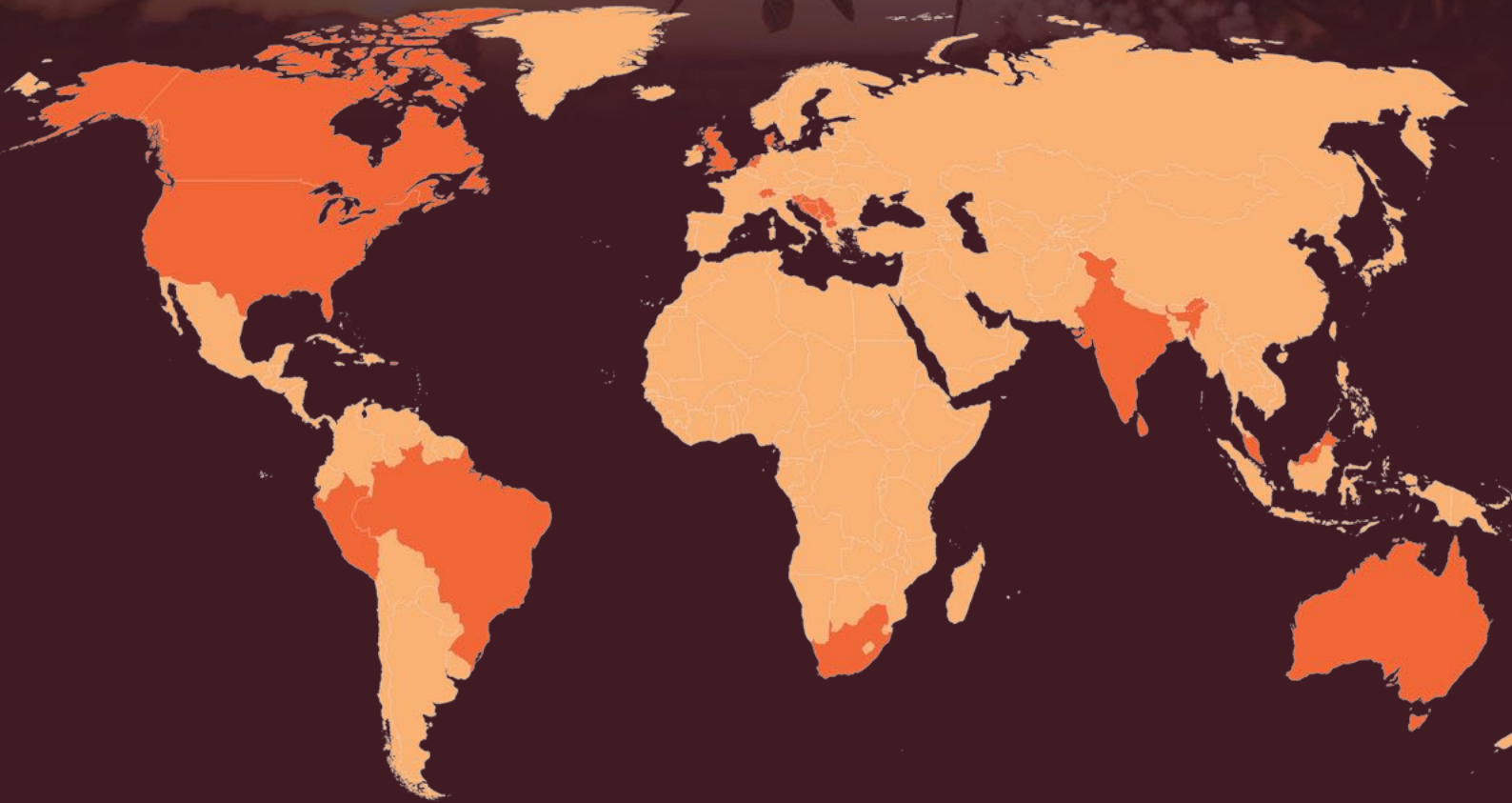
COUNTRIES  
WITH A  
PRESENCE

20

REGISTERED  
COUNTRIES

43

COUNTRIES  
WITH  
ACTIVITIES



20 REGISTERED  
COUNTRIES



AUSTRALIA



BOSNIA AND  
HERZEGOVINA



BRAZIL



INDIA



MONTENEGRO



PERU



SERBIA



CANADA



CROATIA



DENMARK



SWITZERLAND



SLOVENIA



SOUTH AFRICA



SRI LANKA



NORTH  
MACEDONIA



MALAYSIA



MAURITIUS



THE NETHERLANDS



UK



USA

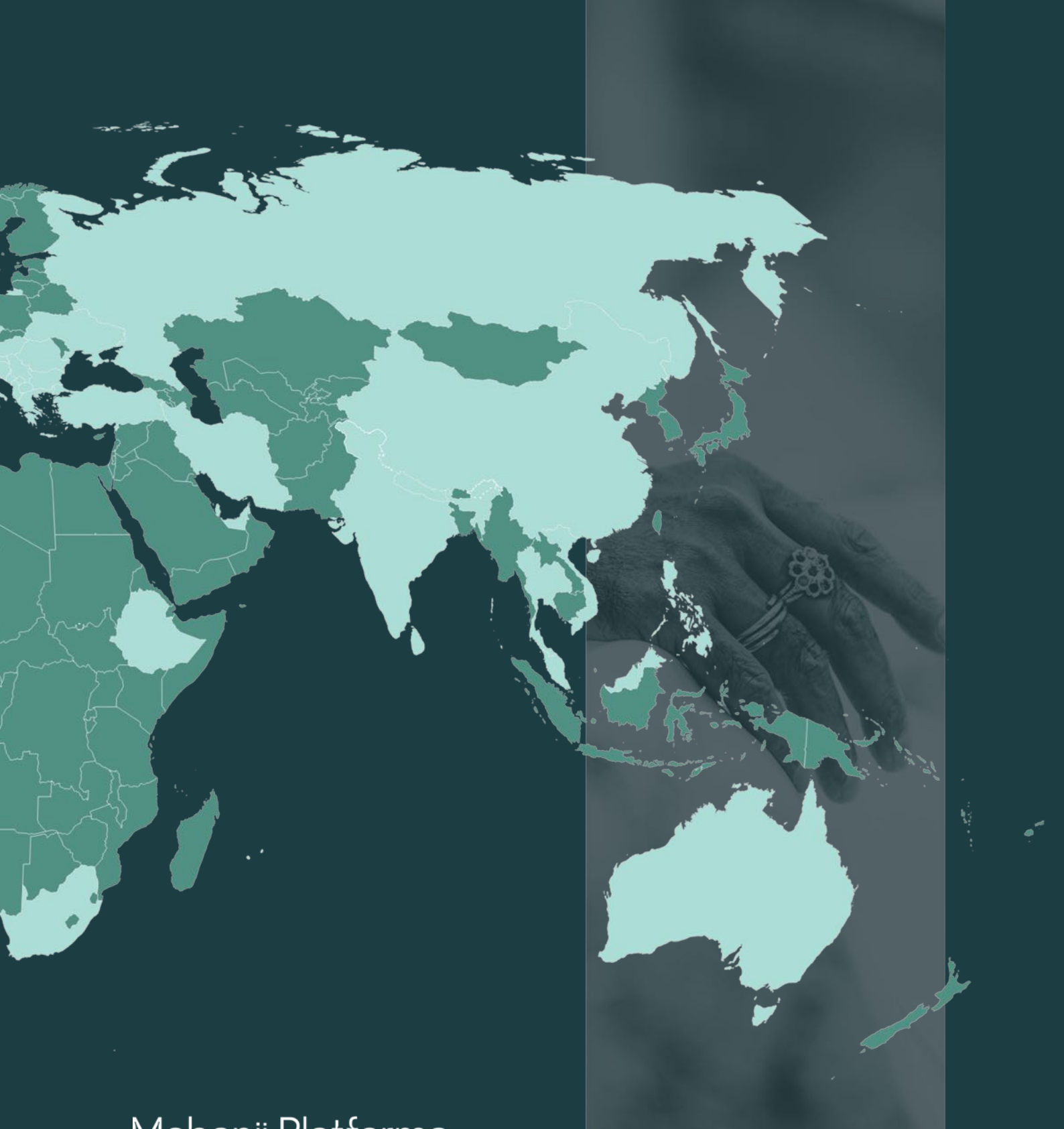
KFH **OUR** BVOIE  
LAHSL **CORE** MAOCH  
NOUDS **VALUES** EUF

R I G H T E O U S N E S S W A G L A  
P H A R M O N Y W C E A Q C W I A L  
A U T H E N T I C I T Y L Q P I Y W  
D E T E R M I N A T I O N I R R Q F  
L O V E X C C O N N E C T I O N U Y  
G P O S I T I V I T Y C G P T P N P  
W J C O M M I T M E N T Y G W U I B  
G F A I T H O N E N E S S S C R Q E  
A H I M S A J R E S P E C T K I U Y  
D E V O T I O N V D I Z Z K B T E O  
R C V S T A B I L I T Y B J O Y R U  
K N X R E S P O N S I B I L I T Y R



50

NATIONS



# Mohanji Platforms

PRESENCE ACROSS THE WORLD

Albania · Australia · Bosnia and Herzegovina · Brazil · Bulgaria · Canada · China · Colombia  
Croatia · Czech Republic · Denmark · Ecuador · Ethiopia · France · Germany · Greece  
Hungary · India · Indonesia · Iran · Italy · North Macedonia · Malaysia · Mauritius · Mexico  
Montenegro · Morocco · Nepal · Oman · Peru · Philippines · Qatar · Romania · Russia  
Serbia · Singapore · Slovenia · South Africa · Spain · Sri Lanka · Switzerland · Thailand  
The Netherlands · Turkey · UAE · UK · Ukraine · USA · Venezuela · Vietnam

# Global Platforms



Techniques, Practices & Methods



Signature Courses



Festivals



Global Transformation



Selfless Service & Preservation



Himalayan Academy of Traditions



Publications & Pilgrimages



Media





# MOHANJI FOUNDATION AND **RAJA YOGA** — THE BASICS

*“A short conversation with Mohanji”*

What are you doing for the world?

Adding **value** to the world.

How are you adding value?

By giving **stability**.

How do you give stability?

Through **self-connection**, which is usually the toughest connection. When you connect with yourself, you will be stable.

How do you connect with yourself?

Through **self-acceptance**, by accepting yourself with all your strengths and weaknesses.

What happens when you accept yourself?

**Connection** happens. With connection comes **self-awareness**.

What do you get from this?

Immense **stability**. Because the outside world is outside, and the inside world is inside. In reality, your inside world is your only property. When you begin to take care of how you handle things inside, you are no longer worried about the outside world.

Then what do you give the outside world?

Your **inner stability**.

The fundamental of Raja Yoga is that the path is about **self-connection**. And through this, you can have **self-actualisation**.

8 MEDITATIONS  
+  
5 PROCESSES  
IN

42

LANGUAGES

Afrikaans · Albanian · Arabic · Bangla · Bulgarian · Croatian · Czech · Danish · Dutch  
**English** · Farsi · Finnish · French · German · Gujarati · Hiligaynon · Hindi · Hungarian  
Indonesian · Italian · Japanese · Kannada · Macedonian · Malayalam · Mandarin  
Marathi · Nepali · Odia · Punjabi · Romanian · Russian · Serbian · Slovenian · Spanish  
South Sotho · Tagalog · Tamil · Telugu · Thai · Turkish · Ukrainian · Vietnamese

# 2025 IMPACT OVERVIEW



**862,000+**  
Vegan Meals



**74,000+**  
kg of Food to People

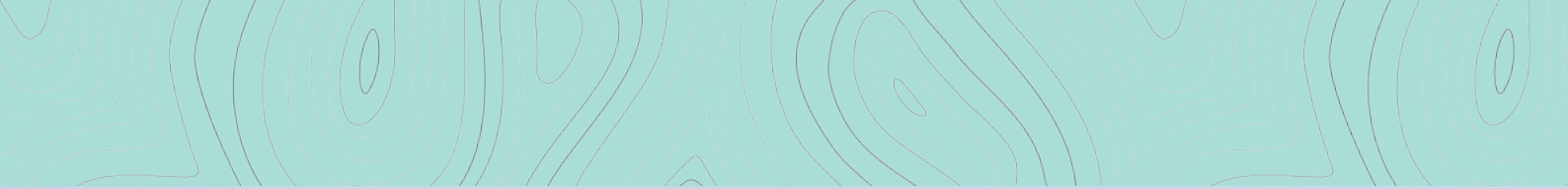


**150,000+**  
kg of Food to Animals



**650+**  
Fruit Trees Planted





**439**

Active Mai Tri Practitioners



**35,000+**

Mai Tri Sessions



**3,000+**

Programs Delivered Globally



**55,000+**

Participants Worldwide

# MOHANJI CENTRES OF PEACE



# AND BENEVOLENCE



**Australia**  
Walpole WA



**Bosnia and Herzegovina**  
Sarajevo  
Laktaši



**Croatia**  
Goričan



**Denmark**  
Langebaek



**India**  
Chikmaglur  
Ganeshpuri  
Harda



**Mauritius**  
Petite Rivière



**North Macedonia**  
Skopje



**Montenegro**  
Herceg Novi · Kotor



**Serbia**  
Kosmaj · Obrenovac



**Slovenia**  
Sv. Ana



**Sri Lanka**  
Kithulgala



**South Africa**  
Nonoti, KwaDukuza



**UK**  
Aberdeenshire,  
Scotland



**USA**  
Dugspur, Virginia





# Mohanji's Activities

OVER THE PAST YEAR



## Selfless Service/ Philanthropy

Food Donation Drives  
Fruit Tree Plantation Drive  
Philanthropic Speeches  
Appearances at Charity Events

Ayappa Pada Seva  
Inauguration

Ugadi Pada Seva

Ammucare's 22nd  
Anniversary Celebration

MoU signed between Mohanji  
International Foundation and  
Royal Foundation of Peace

Visit to Delhi unit of Mohanji  
ka Aangan with Lena Backer  
(Sweden)

## Inspiring Youth

University Speeches and Q&As  
Mohanji Youth Club Support  
Talks with Kids

Visit to Magic Planet: A  
Journey into the World of  
Magic and Empowerment

EBC Kids: Ignite the Spark

Speech at Ministry of  
Education, Belgrade, Serbia

Q&A with college students at  
King's College, London

Guest Speaker at  
Indraprastha College, New  
Delhi, India

Meeting with global MYC  
team

## Business

Business Events  
Business Advice  
Business Interviews  
Business/Interfaith Events

Rising Indo-Japan Trade  
Chamber Conference in New  
Delhi

Meetings with business  
leaders and royal families in  
UAE

Keynote speaker at  
Conscious Gentleman event,  
Spain

Special invited guest — Rally  
at Sumatera Utara, Indonesia

Vivekanda International  
Relations Awards Ceremony,  
Mumbai, India

Guest Speaker, Global South  
Maritime Heritage Summit,  
House of Lords, London

Speaker at Bali Jatra cultural  
celebration & Trade Fair,  
Riddlestown Collegiate,  
London



## Spiritual Activities

Restoration & Establishment of Temples  
 Interfaith Events  
 Public Appearances as a Spiritual Figure and Guide

Ceremony and speech at Panniyur Varaha Moorthy Temple  
 Dhwarajohanam (flag raising) and inauguration of the pranaprathishta celebrations at Sai Baba Temple, Palakkad  
 Samudra Manthan - Goa (Gathering of Saints from across India)  
 Hindu Mahasangam Event, Thrissur, Kerala  
 Chief Guest at Maharudra Kirata Murthy Yanjam by Reep Foundation, Bangalore, India  
 Inauguration ceremony (SHIVOHAM) - MANTRAH Convention (Malayalee Association of North American Hindus), USA  
 Surya Kaladi Vinayaka Chaturthi Festival 2025  
 Prana Pratishtha of Shiv Yogini Amma, Kerala  
 Guest Speaker at Tantra Vidya Peetham, Aluva, Kerala  
 Guest Speaker at Veliyathunadu Attippuzhakkavu Devi Temple — Vivek Memorial, Aluva, Kerala  
 Inter-cultural, inter-spiritual & inter-faith gathering in London, UK  
 Keynote speaker at centenary birthday celebration of Sathya Sai Baba — St. Paul Cathedral, London  
 Speaker at Divya Ayyappa Guruswamy Sangamam, Fine Arts Society, Chembur, Mumbai

## Satsangs

Official MF Satsangs  
 External, Private, Semi-private

**20+ Satsangs** at Mohanji Village at Kumbh Mela  
 Online Satsang for Malaysia  
 Satsang at MPC Croatia  
 Satsang at MCB USA to celebrate anniversary  
**Weekly Talk with Mohanji (from 18 May onwards)**  
 Satsang at MCB UK to celebrate anniversary  
 Guru Purnima Satsang  
 Exclusive Satsang with Iranian community  
 Satsang with Mohanji in Dubai  
 Awaken — EBC Kids Retreat with Mohanji, Shirdi



## Signature Programs

Retreats  
 One-day Programs  
 Kriya Initiations  
 Events  
 GuruLight Pilgrimage

## Mohanji Centres of Benevolence

Visits  
 Inauguration  
 Prana Pratishtas  
 Acquisition

New Year Homa at Bangalore Ashram

**Inauguration of Mohanji Village at Kumbh Mela with Dhwaroharan**

**Sacred Dips (Snans) at Mahakumbh Mela:**  
**Paush Poornima**  
**Makar Sankranti (Shahi Snan)**  
**Basant Panchami (Shahi Snan)**  
**Achala Saptami**  
**Maghi Ekadashi**  
**Maghi Poornima**

Mahashivaratri with Mohanji — Sacred Homa (Fire Ceremony) at Kumbh Mela

Mohanji Global Summit (Annual Conference)

**Mohanji's 60th Birthday Celebrations at Mohanji Village, Kumbh Mela**

Divine Trails of Sri Lanka with Mohanji

**Empowered Advanced — Split Your Mind (Online Program)**

Kailash with Mohanji — pilgrimage

Kriya Intensive — Bosnian Pyramids (Online Satsang)

Shakti Festival Balkan

**First ever World Tribal Alliance gathering — ORIGINS, Cape Peninsula, South Africa**

Ocean of Silence Retreat, Mauritius

Datta Jayanti Homa

Shirdi with Mohanji 2025

Global Mai-Tri Meet, Shirdi

Kriya Initiation in Dubai, Durban, Shirdi, and USA

Bhoomi Pooja of Mohanji Datta Tapovan Sri Lanka

Inauguration of Ahimsa Vegan Cafe, MPC Slovenia

Visit to MPC Croatia

Weekend with Mohanji at MCB USA

Mexico — Vision set for future MCB. Plans laid for starting mid-day meals distribution

Visit to MPC Serbia (Obrenovac)

Visit to future MPC at Kosmaj, Serbia

Visit to future MCB in Mauritius, and plaque unveiling ceremony

Visit to MCB, Nonoti, South Africa



## Media Interviews & Podcasts

Interview with Janam TV

CNN News18 Interview: Spirituality & Youth

Authored articles on Times of India, BW Wellbeing

World Vegan Day coverage on Mohanji's insights on News18

Podcast — Times of India, Speaking Tree (Hindi & English)

Interview with Andhra Jyothy (leading Telugu newspaper)

Interview with National TV, Mauritius

Interview with National TV channel Utrinska na Telma, North Macedonia

Interview - Lotus in the Mud (online publication)

World Tribal Alliance podcast with Zach Bush, Matias de Stefano, Craig Foster (hosted by Dominic Venton, CEO of WTA)

Podcast — Atman in Ravi

Interview — Lotus in the Mud (online publication)

Podcast with Major General GD Bakshi — Munish Jolly's Dugout

## Temples by Mohanji Foundation

Pathirisseri Dharma Sastha Temple  
Inauguration & Prana Pratishta

Shadadhara Pratishta at Vrindavan  
Guruvayurappan Temple

## Awards & Recognition

Awarded "Global Voice of Compassion" at the 4th edition of the Vegan India Conference, Mumbai, India

Recognised Among the Top 100 Influential Men of the Year in Cape Town, South Africa

## New Initiatives/Launches

Friends Lifeline Launched

Inner Victory Movement Launched

Mohanji Fragrance launched on Mohanji's birthday at Kumbh Mela

AskMohanji — AI Chatbot launched to answer "like Mohanji"

Mohanji TV launched — digital ashram, also referred to as the "Netflix of Mohanji's teachings"

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# Table of Contents

<b>1. Acchan: 90 Years of a Blessed Life</b>	<b>24</b>
<b>2. A Bird's Eye View</b>	<b>28</b>
<b>3. Highlights of the Year</b>	<b>38</b>
i. Maha Kumbh Mela: Mohanji Foundation at the World's largest Human Gathering	40
ii. WTA Origins: Uniting the World's Indigenous Cultures	46
iii. Empowered: Split Your Mind	54
iv. Weekly Talks with Mohanji	58
<b>4. Mohanji Foundation – Adding Value to the World</b>	<b>62</b>
<b>5. Mohanji Centres – Spaces of Transformation</b>	<b>72</b>
<b>6. Mohanji Foundation Temples</b>	<b>86</b>
i. Vrindavan	88
ii. Pathirisseri Dharmashastha Temple	92
<b>7. Festivals for Transformation</b>	<b>98</b>
i. Festival of Womanhood	100
ii. Shakti Festival	102
iii. Festival of Youth	104
iv. Festival of Consciousness	105
<b>8. New to the World of Mohanji</b>	<b>106</b>
i. Mohanji Fragrance: Presence Translated into Form	108
ii. Mohanji TV: Digital Ashram	111
iii. AskMohanji: A custom AI Engine to Answer Questions Exclusively Based on Mohanji's Teachings	112
iv. Mohanji Friends Lifeline: Presence, Compassion, and Respect in Action	114
v. Inner Victory Movement	115
<b>9. Mohanji Platforms – Selfless Service and Empowering Society</b>	<b>116</b>
i. Ammucare	120
ii. ACT Foundation	124
iii. Mohanji ka Aangan: Empowering Underprivileged Children with Dignity, Care, and Conscious Growth	126
iv. Mohanji Youth Club (MYC): Empowering Youth to Serve, Lead, and Rise with Awareness	130
v. Early Birds Club (EBC)	134
<b>10. Mohanji Platforms – Preserving Culture and Tradition</b>	<b>138</b>
i. Himalayan School of Traditional Yoga	140
ii. Himalayan School of Traditional Dance	144
iii. Vedic Kids	146
iv. Gurulight	148
v. The Awakening Times (TAT)	154
<b>11. The Road Ahead (Mohanji New Year message 2026)</b>	<b>160</b>
<b>12. Join Hands for a Better World</b>	<b>166</b>

# Acchan:

## A BLESSED LIFE



Abraham Lincoln said, “In the end, it is not the years in your life that count. It is the life in your years.” By that token, Dr. P. K. Namboodiri, known mostly as Mohanji’s father, lived an extraordinary life.

Most people barely play a single role to fruition in their life, and Acchan, in his long blessed life of almost ninety-one years, played many such roles impeccably. He reinvented himself every time to take on new challenges and deliver them with grit, integrity and elegance, ensuring his influence touched countless hearts. It is no wonder that the Mohanji community lovingly refers to him as **Acchan** (father in Malayalam).

### IN MEMORIAM

Dr P. K. Namboodiri (Acchan)

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1933 - 2025



Acchan hailed from a family with modest means that had to endure many struggles after the death of his father. Early on in life, Acchan had to brave countless odds to pursue his dreams of education, walking many miles back and forth daily to go to school. With restricted opportunities in his home state (Kerala), Acchan, then barely in his mid-teens, demonstrated fearless iron will, travelling almost twelve hundred miles across the country to a distant Cuttack (Odisha) on the advice of a respected family friend to appear and qualify for a career in medicine. Not an easy task nor one that someone would attempt in the 1950s amidst the turbulence of a newly independent India. He commenced his studies there, staying alone and away from his family in an unknown culture and environment, only to graduate as an orthopaedic surgeon.

Returning to Kerala, Dr P. K. Namboodiri served in many government hospitals across the state. Remaining a workaholic until his final days, Acchan respected and used time to the fullest, serving the poor and needy with dedication, care and kindness. His fearless, upright and incorruptible nature put him at odds with powerful government officials and politicians on numerous occasions, resulting in frequent transfers and affecting his career advancement. Unfazed and undeterred by these handicaps, he soldiered on, eventually becoming the Chief Medical Officer for the Kerala Police. As a result, he was well respected in his profession. Furthermore, he was actively involved with the Indian Medical Association and served as the State President of the Kerala Government Medical Officers Association, and as the editor of their quarterly magazine.



The loss of his grand-daughter, (Mohanji's daughter) Ammu, in a tragic road accident in the year 2000 caused him to give up his medical career. When Mohanji established AmmuCare Charitable Trust to serve the world in Ammu's honour, Acchan threw himself headlong into a career of selfless service, stepping in as AmmuCare's first President. He laid a strong and stable foundation for the organisation that has since touched lives globally with countless acts of kindness and humanitarian endeavours. His values of integrity, exemplary commitment and dedication remain an enduring legacy and an inspiration to all. After several years, he stepped down from this role to make way for fresh, young blood, while continuing to serve in varying capacities as much as possible. He regularly visited Mohanji ka Aangans to serve food and donate books and goodies to the children, with extraordinary love and affection. In his late eighties, he still donated large sums from his modest pension, his only income, for his favourite projects like the Mohanji Home for Seniors in Tiruvannamalai and AmmuCare / Mohanji Foundation initiatives. An exemplar of selfless service and purpose orientation, he taught by example through his actions, not just words.

In 2009, a chance request to review a Mohanji blog translated to Malayalam set Acchan on a new chapter in his life as an acclaimed, proficient translator of spiritual literature from English to Malayalam. Starting with small booklets of Mohanji's blogs, he went on to complete nine-translated works, including the spiritual classics, Sreepada Sreevallabha Charitamrutam – the biography of the first Avatar of Lord Dattatreya and the 'The Sage of Sakori'. He demonstrated his relentless pursuit of perfection by learning a new language, Telugu, at the age of eighty-seven, to consult the original version of the Sreepada SreevallabhaCharitamrutam in Telugu, when unsatisfied with its English translation. He also consulted Sanskrit scriptures to ensure accuracy and to do justice to the original.





The global Mohanji community regularly interacted with Acchan and Amma (Mohanji's mother) when they moved to Mohanji's house in Bangalore in 2018. While they first connected to Acchan as Mohanji's father, they eventually connected directly with him. A strict headmaster on the outside, yet soft, loving and non-intrusive within. A latecomer for aarati would get a silent stare, a wrong prostration before the altar, a gentle correction. His quest for perfection was inspirational. A newly printed Gurulight publication gifted to him would get a careful inspection and detailed suggestions on the right text alignment on the spine, an improved, more impactful sentence structure on the back cover, and so on.

Mohanji occasionally commented in quiet admiration that Acchan had become a saint through his translation of powerful spiritual texts, which could be felt in our interactions with him as well. He went about his daily duties with steadfast discipline, while always remaining in complete detachment and equanimity. It is hard to describe the many ways he inspired all of us - a living testament to Mohanji's exhortation of practice over precept, demonstrating principles with your life, not by preaching.

In early January 2025, a sudden deterioration in Acchan's health required hospitalisation. Mohanji was with him at the hospital. A few days later, Mohanji had to be at the Mohanji Village at the Mahakumbh Mela where hundreds from around the world had travelled from far to experience the Mahakumbh Mela with Mohanji. Torn by the internal dilemma between his putra dharma (a son's duty) and his Guru dharma (a Guru's duty), Mohanji demonstrated the truth in his reference to the Mohanji extended community as the Mohanji family, when he decided to honour the

faith and expectations reposed on him by them and ensure that none were disappointed by his absence in the Mahakumbh. After multiple, detailed consultations with the doctors at the hospital and senior doctors within the Mohanji family and confirming Acchan's stable condition, Mohanji asked for Acchan's permission to travel to Prayagraj for the Mahakumbh Mela. Acchan gave his nod. Arriving on 12th Jan, Mohanji inaugurated and launched Mohanji Village at the Mahakumbh Mela and completed his critical responsibilities to his followers by meeting the hordes waiting for him, and leading them to the snaans (sacred dips) on Jan 13th and 14th. During his entire time at the Mohanji Village, Mohanji stayed in constant touch with the doctors, almost every hour keeping tabs on Acchan's health. On the 14th afternoon, Acchan's condition unexpectedly worsened. Mohanji immediately rushed back to Bangalore. He communicated and spent time with Acchan in quiet silence, before Acchan slipped into a coma. A day later, in the early hours of 16th January 2025, Acchan breathed his last. The timing could not have been more auspicious, a day after the start of Uttarayana, a time that allows easier ascension to the higher realms. This was Acchan's final signature in his quest for perfection, enabled by Mohanji's grace.

We will always be proud to say that we were the chosen few from the world's billions with the privilege to spend time with Acchan and learn from him. Acchan's loving presence will be definitely missed, but his quiet authority, humility and wisdom and the values that he lived are still deeply felt and will endure forever.

- Mohanji Global Family

## A TESTIMONIAL FROM GEORGE OBENG-DURO

I will always remember Acchan with immense fondness. He found joy in the simplest things, like his daily walks around the compound, always beaming with happiness. Despite his age, he was remarkably agile; we would cover vast distances in a short time, and I often struggled to keep up with him.

During these walks, we rarely spoke, but every now and then, he would point out the subtle changes in the leaves on the trees or those scattered on the ground. It felt as though he knew every tree and its leaves by heart. In those moments, he was fully present, attuned to his surroundings.

Mohanji once mentioned to me that Acchan had become a saint. His devotion and dedication to translating many holy books had transformed him. I could feel his expansiveness during our walks, a warm magnetic pull that seemed to draw you into his embrace of love and serenity.

Acchan loved quietly but deeply. I remember him once telling me that when love between two people is genuine, there's no need for showmanship. Time and distance can never diminish such love.

I will always carry Acchan's quiet, big love.







A Bird's  
Eye View  
**2025**

# A Bird's Eye View



## MOHANJI'S 2025: A YEAR OF WIDER REACH, DEEPER ROOTS

2025 marked a clear shift in Mohanji's focus: stronger engagement with external, global initiatives alongside steady, hands-on stewardship of Mohanji Foundation programs. The year remained anchored in three core themes: interfaith unity, cultural preservation (and, by extension, the protection of nature), and practical spiritual upliftment, each expressed through his direct actions and not merely words.

Across countries and diverse communities, Mohanji brought together kindred hearts and minds, stayed close to community work, and quietly expanded the circle of people collaborating for the common good. Mohanji Foundation continued its rhythm - satsangs, programs, and the development of Centers, while his public role widened to meet the needs of a larger stage.

Two priorities stood out. First, a sustained push for reviving traditions and promoting interfaith unity, underlining a simple truth: the highest religion is

humanity. The year began with the Foundation's presence at the Mahakumbh Mela in Prayagraj (India), a once-in-144-years gathering. The "Mohanji Village" invited people of many nations and faiths to participate in this grand tradition. His work matured into concrete platforms and dialogues that brought faith leaders into the same room, and onto the same page, for meaningful action, going beyond just talk.

Second, cultural preservation, and thus the protection of nature, took center stage through the World Tribal Alliance (WTA), gathering authentic indigenous voices to safeguard living traditions and our shared Earth ecosystems they naturally protect.

Together, these threads defined the year: a master in action, walking the talk, as the Foundation's base grew more self-sufficient and his work moved confidently onto a broader international stage. Alongside these larger initiatives, Mohanji continued steady engagement with entrepreneurs and business leaders, guiding them toward a more conscious, values-led practice, while the familiar momentum of satsangs, programs, and community service carried forward on its own steam and grew significantly.

## MAHAKUMBH MELA: HONORING TRADITIONS, PROMOTING HARMONY

The Mahakumbh Mela at Prayagraj (India) was a historic event. With the year's special astrological configuration repeating after 144 years, the Mela period in Jan-Feb 2025 held substantial spiritual significance. **For the first time ever, Mohanji Foundation had its official presence at the Kumbh Mela. Our camp, titled "Mohanji Village" was home to thousands of seekers over the 45-day period, enabling them to soak in the divine atmosphere.** Mohanji spent substantial time at the Mohanji Village, guiding seekers through satsangs and to auspicious dips in the sacred river, driving daily seva activities, meeting several other saints and leading the charge for honoring the ancient traditions of Sanatana Dharma. The event was a true confluence of people of all faiths, cultures and denominations with over 600 million visitors estimated to have converged at the Kumbh City.

## WORLD TRIBAL ALLIANCE (WTA): CULTURE PROTECTS NATURE

Mohanji placed substantial emphasis on the WTA, guided by the conviction that protecting indigenous cultures naturally protects nature and the ecosystems of our shared home. The year's signature milestone was a major WTA event in South Africa called Origins. Bringing together approximately 12 indigenous Elders from all directions of the Earth, spanning the Sámi of Norway, first origin people of Southern Africa, Elders from Hawaii, Native American representatives, and Maori elders from New Zealand. Supported by the Oscar winner and environment advocate, Craig Foster, the vision was set alongside deep healing of the past pains of the land in South Africa and people. **It was a moment that forged a new path over time: a United Nations equivalent forum for indigenous people will be created, in order to enable representation, knowledge exchange, and policy influence from those most rooted in living with the Earth.**



## UNIFYING ACROSS FAITHS

Throughout the year, Mohanji engaged widely in interfaith platforms, reaffirming compassion and mutual respect as the bedrock of peaceful societies. In the UK, he announced the Parliament of All Faiths and Communities, created to bring responsibility for the preservation of a nation's culture into the core of organisations within the nation. **As he said, "Culture is the spine of a nation. When a nation loses its culture, the nation itself is lost."** The Parliament provides a framework for cooperation, shared values, and responsible guardianship of culture.

## CONSCIOUS BUSINESS AND GLOBAL FORUMS

Alongside spiritual and cultural work, Mohanji addressed entrepreneurs and leaders at business and policy platforms:

- **Indo-Transworld Chamber of Commerce** (multiple events), India: Practical guidance on ethics, responsibility, and sustainability in enterprise.
- **Rising Sun Conclave (Indo-Japanese collaboration)**, India: Values-based cooperation and long-horizon innovation.
- **Conscious Gentlemen, Spain**: Orienting major entrepreneurs with huge influence toward conscious, sustainable action and stewardship of the planet.
- **Vegan India Conference**: Mohanji delivered a keynote address (virtually) at this annual event, highlighting the criticality of adopting a cruelty-free lifestyle that is plant-based and devoid of violence to animals.
- **Vivekananda International Relations Awards, India**: As a member of the Governing Council of the Awards committee, Mohanji joined a distinguished panel of experts and spoke about the imperatives for business leaders and the duties of citizens towards their nation.
- **Global South Maritime Heritage Summit and Bali Jatra, London**: Two events to celebrate sustainability and maritime heritage, with a particular focus on the cultural exchange of Odisha with their diaspora and the world.

These engagements reflected Mohanji's growing advisory role, quietly guiding decision-makers, policy-makers, and national leaders toward alignment with dharmic principles in public life.





## SPIRITUAL PRESENCE AND PILGRIMAGE

Mohanji's spiritual calendar remained full and inclusive. He contributed his time towards honoring sacred temple spaces as well as participating in external forums that promote integration and harmony across saints from various faiths.

- Visits to various temple centres, ancient and new, including Panniyur Varahamurthy Temple (Kerala), Sai Baba temple in Palakkad (Kerala), Parthasarathy temple in Aranmula and so on
- Restoring and building a new temple for his family's ancestral deities in Palakkad, Kerala
- Directing progress towards the consecration of the Guruvayur Temple in Lord Krishna's home of Vrindavan
- Continuation of the annual Ayyappa Pada Seva in Sabarimala
- Support for the annual Ugadi Pada Seva in Mandlem, a signature activity guided by the saint Avadhoota Nadananda
- Participating in the Samudra Manthan event in Goa (launched by Swami Brahmeshananda), a unique event to bring together saints from various denominations and promote spiritual harmony
- Participating in a conference of all India saints (Akhil Bhartiya Sant Samiti) in Bhiwandi, near Mumbai
- Participating in celebrations of the centenary of Sathya Sai Baba, the most significant being a marquee event in St Paul's Cathedral, London.

## STRENGTHENING THE FOUNDATION

Amidst his growing commitments to larger matters beyond the remit of Mohanji Foundation, Mohanji continued to dedicate substantial time to drive consolidation and expansion within the Foundation:

- Weekly Talks: Two hours each week dedicated to the global community, supporting the practitioners of advanced Raja Yoga (redefined for modern times) and offering easy access to all who are seeking guidance.
- Signature programs continued globally, including Divine Trails in Sri Lanka (with Bhoomi Puja for the new land), Kailash with Mohanji pilgrimage; Shirdi programs; Kriya Intensive in Bosnia and Herzegovina, and new event formats such as the Shakti Festival in the Balkans.
- New lands and centers progressed, most notably Sri Lanka, Mauritius and Denmark, with additional centres in the pipeline.
- Visits to centres around the world: Mohanji committed time to various centres to provide further guidance on their development as well as to inspire more people to contribute their skills and time to serving the world. He spent time at the Centres in South Africa, Serbia, Croatia, Slovenia, Scotland and USA including Serbia, addressing gatherings and reviewing progress. He also visited the sites in Bosnia, Montenegro as well as upcoming lands in Montenegro, Macedonia and Mauritius.



## RECOGNITION AND PARTNERSHIPS

Mohanji's work received fresh accolades from diverse quarters. Notably:

- Global Voice of Compassion award by Vegan India Conference for advocacy rooted in ahimsa and the rights of all beings.
- A significant MOU (Memorandum of Understanding) between Mohanji Foundation and the Rural Foundation for Peace, enabling broader collaboration across humanitarian initiatives in Europe and beyond.



## A YEAR OF BALANCE AND CONSOLIDATION

If 2024 showcased acceleration, 2025 demonstrated balance, between global events and local service; advising leaders and uplifting individuals and households; protecting culture and expanding centers of practice. Mohanji's schedule intensified, yet the Weekly Talks kept steady contact with the Mohanji global family. He advanced interfaith unity, WTA's global architecture, and conceptualised the Parliament of All Faiths and Communities in the UK.

As the detailed sections unfold, a consistent throughline becomes clear: humanity above division, culture as our spine, compassion as our policy, and purpose as the guiding North Star. The milestones recorded here, large and small, chart the trajectory of an expanding presence anchored in timeless values and lived in practical service.

To repeat Mohanji's familiar quote:

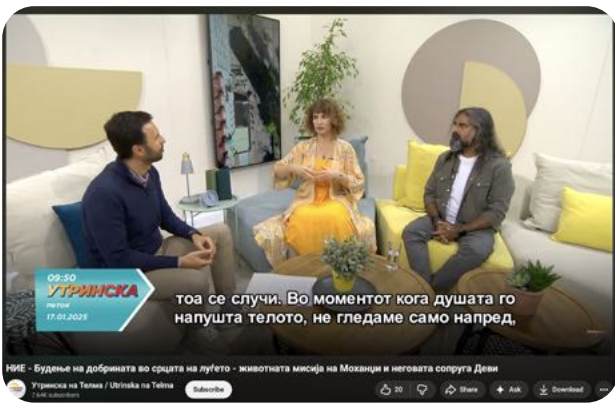
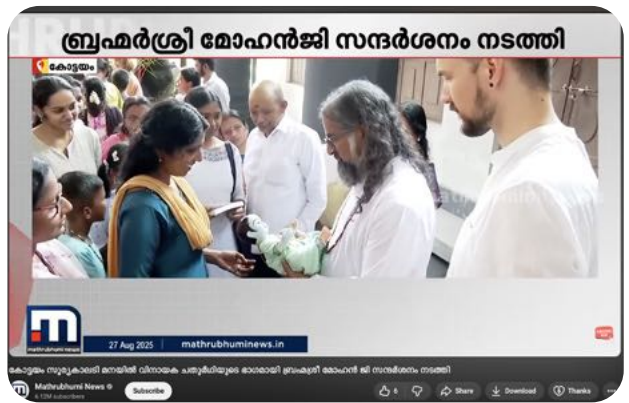
**"Time is the currency of life. Do not waste it ever. No procrastination. No delays. Always Right Now, not Tomorrow."**

In 2025, he practically demonstrated this principle and as always, led from the front. History continues to be written day by day, year by year.



WHO IS  
MOHANJI?

# MOHANJI'S INTERACTIONS WITH MEDIA AND PRESS COVERAGE









# Highlights of the Year

# Maha Kumbh Mela

**MOHANJI FOUNDATION AT THE  
WORLD'S LARGEST HUMAN GATHERING**

13 January – 26 February 2025 | Prayagraj



The Mahakumbh Mela 2025 in Prayagraj, one of the largest spiritual gatherings in human history welcoming an estimated 660 million pilgrims, became the setting for a landmark expression of living spirituality through Mohanji Village, established by Mohanji Foundation. Set near the sacred Triveni Sangam

at Someshwar Ghat, Mohanji Village emerged as a sanctuary of peace, discipline, and conscious living within the immensity of the Kumbh. It offered not just refuge to pilgrims and seekers from around the world, but a direct experience of inner elevation, selfless service, and global unity.

## PURPOSE AND VISION

Mohanji Village was conceived as a fully integrated spiritual ecosystem with clear intentions:

- To provide a stable, serene, and spiritually charged space throughout the Mela
- To anchor daily life in authentic spiritual practices, Homas, Aaratis, meditation, yoga, and Satsangs with Mohanji
- To express compassion through Annadaan (food seva) for pilgrims and local communities
- To demonstrate Ahimsa in action through 100% vegan, sattvic living
- To unite people from across cultures and nations in shared spiritual experience

These objectives were not only fulfilled but exceeded through dedicated leadership, disciplined planning, and selfless volunteer service.

## SCALE AND REACH



Constructed in just 45 days on the Ganga floodplains, Mohanji Village functioned as a fully operational spiritual hub, welcoming spiritual leaders, public officials, professionals, artists, and media representatives.





## SPIRITUAL LIFE AT THE VILLAGE

Daily life unfolded in a continuous rhythm of devotion and awareness:

- Sacred Homas and Shiva Linga Abhishekam with Vedic chanting
- Multiple daily Aaratis at the Sai Baba shrine
- Yoga, guided meditations, and Mai-Tri sessions
- Daily Satsangs and live Q&A sessions with Mohanji, drawing attendees from neighboring camps and online audiences
- Pilgrims were guided daily to Someshwar Ghat for sacred dips, often multiple times a day, deepening their personal connection to the Kumbh's spiritual essence.



## SEVA AND AHIMSA IN ACTION

Seva formed the backbone of Mohanji Village:

- **60,000+ vegan meals** served over 45 days
- Annadaan led daily by Ammucare volunteers and the Mohanji Youth Club
- Strong resident participation, reinforcing the principle of adding value through selfless action

The Ahimsa Vegan Café, operated by Beejom Sanctuary, became a standout feature, the **only vegan café in the entire Kumbh Mela**, drawing visitors from across the Mela and spreading awareness of compassionate living.

## MEDIA PRESENCE AND GLOBAL VISIBILITY

Through collaboration with MHouse Media:

- 25+ long-form videos, 200+ social media posts, and extensive short-form content were produced
- 160,000+ YouTube views and significant follower growth were achieved during the Mela
- National broadcaster Doordarshan highlighted the Village's exceptional international participation
- Safety awareness content was created in collaboration with Kumbhathon Innovation Foundation, MIT Labs, and Government of India initiatives



India's National TV report on Mohanji Village



Kumbh Mela Diaries

## LASTING IMPACT

Mohanji Village stood out as a beacon of consciousness within the world's largest spiritual gathering, creating impact across multiple dimensions:

- Spiritual: deep inner stability, healing, and clarity for participants
- Community: strengthened global bonds and cultural harmony
- Environmental: vegan food, biodegradable materials, and ecological responsibility
- Organisational: enhanced global visibility, coordination capacity, and volunteer synergy



## IN ESSENCE

Mohanji Village at Maha Kumbh Mela 2025 was not merely a camp, it was a living demonstration of conscious, compassionate, and unified living. Within a once-in-144-years event, it offered thousands a direct experience of spirituality in action, leaving a legacy that extends far beyond the banks of the Ganga.





# WTA ORIGINS

**UNITING THE WORLD'S  
INDIGENOUS CULTURES**

5-10 November 2025 | South Africa





The ORIGINS Gathering marked a historic milestone for the World Tribal Alliance, founded by Mohanji. Held in South Africa, the cradle of human origins, the gathering was a profound return to ancestral memory, unity, and responsibility toward the Earth. Bringing together 13 indigenous elders from 6 continents

and over 100 global participants, ORIGINS was a rare convergence of living wisdom traditions. It was supported by South African government institutions, tribal authorities, and conservation bodies, and was broadcast globally, amplifying its message of planetary stewardship and indigenous leadership.

## PURPOSE AND VISION

The World Tribal Alliance exists to ensure that ancient indigenous wisdom remains a living, guiding force for humanity, not preserved as history, but applied through action. ORIGINS embodied this mission by:

- Uniting elders and wisdom keepers across continents
- Restoring respect for indigenous leadership and land-based knowledge
- Activating regenerative projects led by tribes themselves
- Reconnecting modern society with nature, ceremony, and responsibility

As articulated by Mohanji, preservation begins with action guided by those who understand the land and its rhythm.





## GLOBAL PARTICIPATION AND RECOGNITION

- 13 elders representing ancient lineages from 6 continents
- 4 South African tribal elders, strengthening national unity and reconciliation
- 100+ international participants
- Supported by key institutions including the Department of Forestry, Fisheries & Environment, Ministry of Traditional Affairs, SAN Parks, and Sea Change Project
- Global media reach via livestream and international broadcast, including Sky News

Event ambassadors included Oscar-winning filmmaker Craig Foster, spiritual educator Matias De Stefano, and physician and environmental advocate Zach Bush, with a formal partnership established with Matias De Stefano.



# Ceremonial Highlights

## CAPE POINT CEREMONY

A historic act of unity where four major South African tribes came together. Elders gifted sacred artefacts to the Origins of Our Species museum, symbolizing collective healing and responsibility toward humanity's shared origins.



## ROBBEN ISLAND HEALING CEREMONY

Led by Arhuaco spiritual leader Mamo Lorenzo, this powerful ritual brought healing to the site where Nelson Mandela was incarcerated for most of his 27 years, transforming a place of suffering into one of reconciliation.



## CASTLE OF GOOD HOPE

A deep cleansing ceremony led by Māori and South African healers, addressing ancestral trauma at a site where Indigenous Africans were once imprisoned and tortured.



## TABLE MOUNTAIN SUNRISE CEREMONY

Led by Hawaiian elder Puna Kalama Dawson, this first-ever indigenous ceremony on Table Mountain took place at sunrise, with the park closed exclusively for the elders.





## TANGIBLE PROJECTS AND ON-THE-GROUND IMPACT

ORIGINS was rooted in action, not symbolism alone:

- Support for the Huni Kuin – Brazilian Amazon
- At the request of elder Yube Kaxinawa, three river boats were provided to support remote Amazonian communities. The Huni Kuin were the first members of the WTA Council of Elders, reflecting a long-standing partnership.
- Rebuilding a Sacred Arhuaco Temple – Sierra Nevada, Colombia
- Funding was provided to restore a vital spiritual and ceremonial hub of the Arhuaco people, following a direct request from spiritual leader Mamo Kuncha.
- Elder Support Model
- Ongoing financial and in-kind support enables elders to continue healing, teaching, and leading within their own communities—honouring a bottom-up, self-determined approach to development.

## LASTING SIGNIFICANCE

The ORIGINS Gathering became a unifying force for indigenous elders globally, strengthening cooperation within South Africa and across continents. It demonstrated a living model where:

- Indigenous wisdom guides ecological and social regeneration
- Healing addresses historical trauma while restoring dignity
- Collaboration replaces extraction
- The Earth is treated as sacred, not a resource





## LOOKING AHEAD

The World Tribal Alliance will continue to amplify elder wisdom through global communications, partnerships, and future gatherings. As the circle expands, more indigenous leaders will be invited to join—ensuring that ancestral knowledge reverberates as a regenerative force for humanity and the planet.

In essence, ORIGINS was not an event—it was a turning point, reaffirming that the future of the Earth must be shaped in partnership with those who have protected her the longest.



ORIGINS  
HIGHLIGHTS







# Empowered

## SPLIT YOUR MIND

**Beyond Empowered – Split Your Mind × 2** was not simply a programme. It was a decisive transmission of wisdom, a rare distillation of lived truth offered by Mohanji as a practical manual for human life.

After years of guiding thousands through the Empowered journey since 2021, Mohanji delivered what can only be described as pure gold: guidance that goes beyond methods, beyond self-improvement, and beyond identity itself, straight into how a human being can live free, stable, and aligned while fully engaged in the world.

This weekend marked a threshold moment for the global community.



### A NATURAL CULMINATION, NOT AN EXTENSION

Beyond Empowered emerged organically from the maturity of the Empowered ecosystem. Participants had already developed awareness, emotional stability, and discipline through Levels 1–5, including on-line programmes and in-person Silence Retreats in Scotland and Serbia.

What remained was the most essential question:

**How does one live as a human being, without suffering, distortion, or self-deception, while remaining fully functional in life?**

Beyond Empowered answered that question with extraordinary clarity.

## THE OFFERING: A MANUAL FOR CONSCIOUS HUMAN LIVING

Over three days, Mohanji delivered direct, uncompromising, and deeply compassionate guidance on the mechanics of human existence.

At the core was the practice of “splitting the mind”, not as a concept, but as a lived orientation:

- Clearly separating the temporary (thoughts, emotions, fears, desires, memories, identity)
- From the permanent (the neutral, silent source that animates life)

This distinction alone, when lived, liberates the human being from internal conflict.

Participants were guided to:

- Stop fighting the mind and start seeing it
- Stop suppressing emotions and start regulating expression
- Stop seeking freedom and start standing as awareness itself

This was not philosophy.

It was operating knowledge for life.

## GLOBAL RESONANCE



**900+**  
Participants



**27**  
Countries



**6**  
Continents



Live online  
transmission

The collective field revealed a global readiness for truth over comfort, clarity over complexity, and stability over emotional drama.

## DEPTH, PRECISION, AND INTEGRITY

Mohanji addressed, with exceptional precision:

- The anatomy of perception
- The mechanics of desire and fear
- The storage of emotional impressions in the system
- Identity as a functional tool—not a prison
- Consciousness as the stable reference point for all experience

The teaching dismantled the illusion that transformation requires effort, struggle, or control. Instead, Mohanji revealed the non-negotiable truth:

**Freedom comes through awareness, acceptance, and correct understanding—not force.**

## A TEACHING THAT ENTERS DAILY LIFE

What made Beyond Empowered extraordinary was its absolute practicality. Participants were shown how to:

- Use daily life as the primary field of spiritual practice
- Observe reactions without judgement or narrative
- Stabilise awareness through the chest and spine
- Use silence, mindful speech, and conscious engagement as stabilisers
- Remain inwardly neutral while fully active in society

This was spirituality without escape—designed for real life, real relationships, and real responsibility.

## IMPACT THAT DID NOT END

The impact did not conclude on day three. Participants reported:

- Immediate inner stillness and clarity
- Dissolution of long-held fears and emotional patterns
- A grounded sense of purpose and inner authority
- The ability to face life without inner resistance

The collective response made one thing unmistakably clear — this guidance must continue.

In direct response, Mohanji initiated the Weekly Sunday Live Q&A Sessions beginning 18 May 2025, transforming Beyond Empowered from a single event into an ongoing global anchor for clarity and inner strength, now supporting hundreds every week.

## PROGRAMME SNAPSHOT

**Dates:** 9–11 May 2025

**Format:** Live online weekend transmission

**Participants:** 900+

**Global Reach:** 27 countries | 6 continents

**Lineage:** Empowered with Mohanji (since 2021) — Beyond Empowered

## WHAT WAS TRULY DELIVERED

- A clear distinction between the temporary and the permanent
- A lived method for neutrality and stability
- Freedom from identity-driven suffering
- A grounded, repeatable way to live consciously in the world





## IN ESSENCE

**Beyond Empowered: Split Your Mind × 2** stands as one of the most significant offerings in Mohanji's body of work.

It was not a programme to attend.  
It was knowledge to live by.

A rare moment where timeless wisdom met modern humanity—delivered with simplicity, precision, and uncompromising compassion.

For many, it will remain the point where **life finally made sense.**



# Weekly Talk

## WITH MOHANJI

A Living Global Anchor of Guidance | Since 18 May 2025



The Weekly Sunday Talk with Mohanji is not a scheduled programme, they are a living response to humanity's questions.

Born organically during the Beyond Empowered, Split Your Mind weekend, these talks arose from a moment of deep listening. Mohanji recognised something unmistakable: beyond structured teachings, there was a powerful collective yearning for direct, personal, and truthful guidance on life itself. What followed was simple, yet extraordinary.

On 18 May 2025, Mohanji opened a weekly space, unfiltered, inclusive, and open to all, where real questions could meet real clarity.

## WHAT THIS SPACE TRULY IS

The Weekly Sunday Talk has become a global sanctuary of truth and stability, where seekers are met exactly where they are.

Each session:

- Hosts an average of 600 participants
- Welcomes people from all six continents
- Covers the full spectrum of human life, relationships, fear, purpose, loss, work, spirituality, responsibility, and inner freedom

Mohanji responds with precision, patience, and complete non-judgement, often answering not just the spoken question, but the unspoken confusion carried by hundreds.

One question frequently becomes guidance for thousands.

## BEYOND ANSWERS: A TRANSMISSION OF STABILITY

Participants consistently report that these talks are not intellectual exchanges. They carry a subtle but powerful transmission, a settling of the system, a softening of fear, a return to clarity.

Confusion dissolves.  
Emotional weight lifts.  
Perspective realigns.

Without technique or performance, Mohanji offers something rare: truth spoken from lived awareness, accessible to all.



## CONSISTENCY BEYOND ALL ODDS

A defining hallmark of the Weekly Sunday Talks is Mohanji's absolute consistency.

Despite:

- Extensive international and national travel
- Demanding schedules
- Physical strain and occasional health challenges

### Not a single Sunday session has been missed.

This reliability is not logistical, it is value-based. It reflects discipline, responsibility, and selfless service in action. For thousands, this consistency alone has become a source of inner strength and trust.



## GLOBAL REACH, HUMAN IMPACT

Participants join from across the world, including regions affected by conflict and instability. Some of the most profound moments have occurred when Mohanji held space for individuals from countries such as Iran and Syria, offering calm, reassurance, and grounded strength amid uncertainty.

Through these sessions, Mohanji has also:

- Supported women's empowerment groups
- Offered guidance to volunteers and caregivers
- Held space for individuals navigating grief, fear, identity crises, and life transitions

The Talks have become a weekly point of stability, a place where people feel seen, steadied, and strengthened.

## GROWING THROUGH SERVICE

Hundreds of volunteers regularly attend these sessions, benefiting personally while continuing their service in the world with renewed clarity and balance. What began as a simple response has evolved into a foundational pillar of global support, quietly stabilising lives week after week.

## IN ESSENCE

The Weekly Sunday Talk with Mohanji stand as one of the most accessible yet profound offerings of this period.

They are not lectures.  
They are not teachings in the traditional sense.

They are a steady hand in uncertain times, a place where clarity replaces confusion, fear softens into understanding, and people reconnect with their inner strength.

What started as an answer to a moment has become a weekly lifeline, quietly transforming lives across the world, one Sunday at a time.



*"In a world full of distractions, instability, and constant mental noise, these sessions have become a powerful anchor. They bring clarity, grounding, and alignment. Whenever I feel unsettled or unsure, listening to Mohanji somehow realigns me and brings me back to what truly matters."*

**—Monika Nedić, Spain**







4

Mohanji  
Foundation  
ADDING **VALUE**  
TO THE **WORLD**

# Mohanji Foundation

ADDING **VALUE** TO THE WORLD

Mohanji Foundation (MF) is a global, volunteer-driven organization dedicated to inner transformation, conscious living, and adding value to local communities. Headquartered in Switzerland as Mohanji International Foundation and with registered Foundations in 20 countries across 6 continents, Mohanji Foundation is constantly working towards bringing about stability in people's lives and thereby in societies. Our activities, methods and practices are underpinned by Mohanji's core teaching of "Be You" – i.e. self-connection through self-acceptance and self-awareness.

## Our Vision

One world, one family, coexisting in perfect harmony, peace and respectful support towards each other.

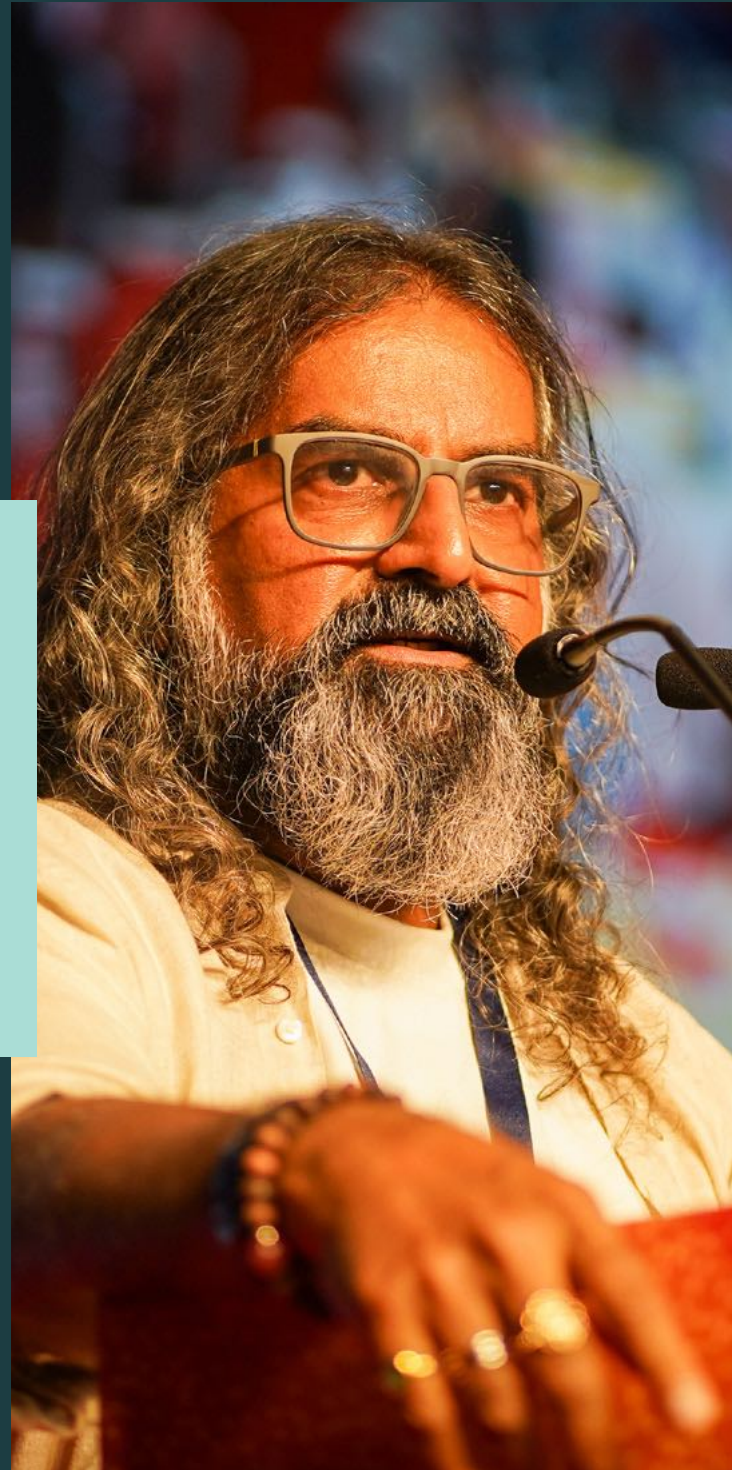
## Our Mission

To raise the collective consciousness of the world by supporting the transformation of humankind to kind humans and create a respect-based, nonviolent lifestyle.

## Our Core Values

Selflessness, kindness, and non-violence in thoughts, expressions, and actions.

In 2025, the Foundation grew substantially in its institutional maturity. The Mohanji Centres of Benevolence developed into thriving spaces, with the daily activities and regular programs touching thousands of people's lives. Though Mohanji Foundation's presence is visible in 90+ countries, the Foundation's team members conducted scores of programs through the year in 40+ countries, as well as a host of online programs. International collaborations, partnerships and recognitions came through, strengthening and consolidating our global presence and stature.





## GLOBAL FOOTPRINT AND GROWTH

In 2025, MF was active across more than 43 countries spanning Australia, Asia, Africa, Africa, North America and South America. A new Foundation was registered in Mauritius and submissions completed in Spain and Mexico, with approvals expected in early 2026.

The year marked the consolidation and opening of Mohanji Peace Centres (MPCs) and Mohanji Centres of Benevolence (MCBs) in Denmark (the first in Western Europe), Serbia (Kosmaj), North Macedonia, Montenegro and Bosnia & Herzegovina. This year also saw the inauguration of our centre in the picturesque island of Mauritius. The Mohanji space in Sri Lanka saw substantial progress with the land consecration, and initial site preparation for construction. The Sri Lanka centre is aiming for its inauguration in mid-2026. The centre in India saw substantial momentum with the opening of centres for daily annadaan (food donation) and a gaushala (cow shelter). Meanwhile, our centres in Australia, India, South Africa, Slovenia, Croatia, Serbia, UK and USA were fully operational and welcomed visitors throughout the year. If one were to characterise the Mohanji centres to be in infancy in 2024, considering most of them were launched between 2023-24, it appeared that 2025 was already seeing them engaged in a rapid transition towards maturity!



*You can read more about the developments in each centre in the section on **Mohanji Spaces***



*“Life very much turned onto a bright side ever since I joined. I am recognising ever new aspects of myself and am amazed at how I am feeling, reasoning, looking at things. The lightness entering my life with each week is astonishing.”*

**— Asja, Bosnia**

## PROGRAMS, REACH, AND ENGAGEMENT

More than 3000 programs were delivered globally in 2025, engaging over 55,000 participants through retreats, festivals, satsangs, workshops, MaiTri sessions, meditative practices, and leadership processes. Activities were conducted in 42 languages, thereby reaching communities worldwide. Our programs were complemented by over 35,000 Mai-Tri Method sessions that served to heal, harmonise and empower individuals beyond their blockages.

Landmark gatherings included the Shakti Festival (Serbia), Empowered 5.0 in Serbia and Scotland MCBs and the Kriya Intensive at Bosnian Pyramids. For the first time, the Kriya Intensive program and Empowered 5.0 programs were conducted without Mohanji's physical presence. Nonetheless, the participants attested to experiencing powerful transformation, showing the power of connecting to Mohanji's consciousness. Mohanji conducted a retreat (Ocean of Silence) in Mauritius after several years. Besides retreat participants,

the event featured several dignitaries, including the Honourable Minister of National Infrastructure. Mohanji was featured on national media interviews and met several senior officials as well, culminating in a meeting with the honourable Prime Minister of Mauritius.

**The biggest gathering of all, of course, was at the Mohanji Village at the historic Maha Kumbh Mela in Prayagraj, India!**

The Weekly Talks with Mohanji, initiated in May-2025, created a platform for seekers to stay in constant connection with Mohanji – a key initiative to build stability amongst society. Mohanji also delivered a special powerful session called “Split Your Mind” where he revealed secret techniques given to him by Mahavatar Babaji. Furthermore, continuous online offerings, most notably 365+ daily sessions hosted from the UAE, USA, UK, sustained an uninterrupted global rhythm of practice and connection.



*“We watch Mohanji’s Weekly Talks every week because they bring us a deep sense of stability and grounding into our daily lives, especially amidst the turbulence of the world we live in today. These sessions help us keep our attention and energy focused on Mohanji throughout the week and in our everyday actions.”*

— Carola & Susanne, The Netherlands

## LEADERSHIP, CAPACITY, AND GOVERNANCE

In 2025, MF strengthened its leadership and governance architecture through the formation of various country councils. In addition, we began the process of building more regional governance structures through the Balkan Council and the Middle East Council so as to lend greater focus and speed to region specific priorities. This is expected to grow further in the coming years.

All of our outreach is driven by our dedicated volunteers and trained Acharyas. In 2025, more than 145 acharyas functioned around the world, conveying Mohanji's teachings in various formats and languages to the world. Increasingly, programs and retreats are being conducted at Mohanji centres and outside without Mohanji's physical presence, marking a significant transition in our journey.



## AWARDS, RECOGNITION, AND INSTITUTIONAL TRUST

In 2025, Association Mohanji Serbia collaborated with the Embassy of India, which deepened throughout the year, with acknowledgements and invitations (Yoga Day partnership, Independence Day, India Fest participation). In November, **we were honored to receive a Grant-in-Aid from the Ministry of Culture, Government of India supporting cultural promotion and Indo-Serbian friendship.**

Croatia saw a series of external engagements through the year. Mohanji Croatia participated in the Holistic festival in Rijeka in November, with special focus on Mai-Tri and screening Mohanji's Weekly Talks. Mai-Tri method was successfully presented at another holistic fair ('Heart to Heart') in Crikvenica in October. In cooperation with the Indian Embassy in Croatia, Mohanji Croatia organized Yoga Days in Zagreb and Istria region throughout June, where over 150 participants, children and adults alike, got to experience Himalayan School of Traditional Yoga in 6 different events.

In Canada, Mohanji Foundation participated in the India day Festival and Grand Parade in Toronto. The Ministry of Culture, India, honored the Foundation with a certificate of recognition. Our team managed a booth and also actively participated which was showcased in front of around 10,000 people.

In the United States (Texas), Mohanji Foundation was honored on stage by HERO (Hindu Empowerment & Reformation Organization) and the Harvard Business School Hindu Council in recognition of its selfless service to the Frisco community. The ceremony was attended by officials from the City of Frisco and Collin County, representatives from various organizations, and members of the wider Dallas community. Frisco City Council Member Gopal and Collin County Commissioner Susan Fletcher extended their heartfelt congratulations, repeatedly affirming, **"You all deserve this for what you have accomplished in such a short time."**

Mohanji Foundation also signed a MOU for collaboration with the Royal Foundation for Peace, Sweden, committing to joint projects that would deliver value to societies based on their combined global strengths.

## PUBLICATION AND KNOWLEDGE DISSEMINATION

Mohanji's teachings reached global audiences through books, podcasts, blogs, videos and daily teachings, with publications translated into ten languages. Weekly subtitles and voiceovers expanded accessibility in Farsi, Hindi, and Tamil, while near completed Farsi book translations marked a significant milestone. In 2025, Mohanji's books were made available in several reputed libraries around the world, the most notable highlight being the inclusion into the Royal Library of the Netherlands.

The following new translated versions were published in 2025:

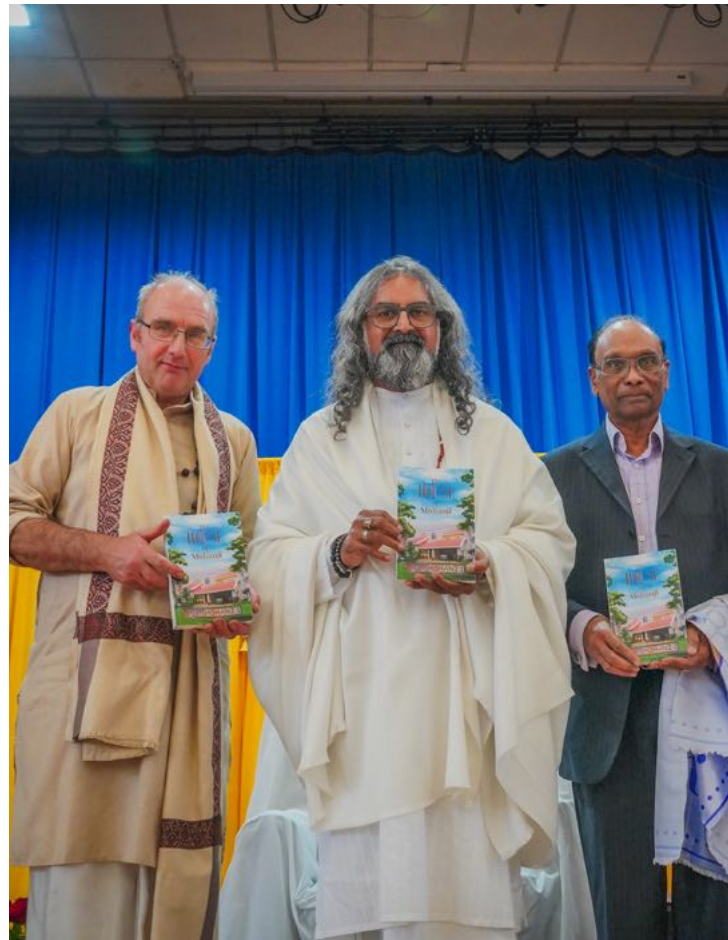
- The Power of Purity (Arabic, Bosnian, French, Italian)
- Baba: Mohanji And Masters (Bosnian, Portuguese)
- Mast – The Ecstatic (Bangla, Portuguese)
- Miraculous Days with Mohanji (Hindi, Marathi)
- Guru Leela II: Flowers of Gratitude to Mohanji (Slovenian)
- Guru Leela III: Grace that Heals (Slovenian)
- Guru Leela Malayalam, Vol. 1 (Malayalam)
- JagaMohana - The Oneness of Divinity (Malayalam)

## INNOVATIONS AND NEW LAUNCHES

Mohanji Foundation took significant steps in developing new initiatives to keep pace with the rapid developments in technology and user behaviour:

- A **new AI engine** to answer questions “just like Mohanji”
- A **dedicated video subscription platform** – a Mohanji version of Netflix, as it is popularly being referred to!
- A new **Friends Lifeline** to lend a helpful counselling voice to those in need
- New developments and new pack sizes on the captivating **Mohanji fragrance** officially launched on Mohanji's 60th birthday at the Kumbh Mela

These innovations will take further shape in 2026 and grow to be game changers in the Foundation's ability to reach large masses and influence them in a positive way.





## 2025 IN PERSPECTIVE

The year 2025 marked consolidation, expansion, and stabilisation. With maturing centres, larger teams, continuous programs and relentless selfless service, Mohanji Foundation established a substantially higher impact than before. With the pace quickening, and the increasing chaos in the world, Mohanji Foundation's role in the coming years is expected to become more and more salient.





WHAT MORE  
CAN WE DO FOR  
THE WORLD?







Mohanji  
Centres  
SPACES OF  
**TRANSFORMATION**



# Mohanji Centres

SPACES OF **TRANSFORMATION**



## SPACES OF TRANSFORMATION, COMPASSION, AND STABILITY

In today's world marked by chaos and insensitivity, the Mohanji Centers of Benevolence (MCBs) stand as a global network of sanctuaries where spirituality is lived daily through silence, selfless service, discipline, harmony and unconditional love.

In 2025, our MCBs across continents functioned as living sacred spaces where the core tenets of Raja Yoga can be seen in practice. People from all walks of life spent time at the centres, reconnecting with themselves and finding stability and transformation. **Though most centres are just over 2 years old, the Mohanji Centres of Benevolence have now palpably become the physical and living heart of the Mohanji ecosystem.**





## CORE PILLARS ACROSS ALL CENTRES



### SACRED RITUALS AND COMMUNITY

Daily and weekly aartis, homas, chanting, and sadhana provide rhythm and energetic stability.



### FOOD DONATIONS AND DAILY SERVICE

Free plant-based cruelty free meals served daily and weekly through annakshetras and outreach programs.



### ANIMAL CARE

Ahimsa in action through rescue, sanctuary, and lifelong care embedded into daily center life.



### SUSTAINABILITY

Organic gardens, orchards, permaculture planting, and Ahimsa Cafés translating conscious values into lived practice.



### CONSCIOUS COMMUNITY

Visitors, volunteers, and program participants join a growing community of seekers living a conscious and harmonious life.

## MOHANJI CENTRE OF BENEVOLENCE AUSTRALIA

The Mohanji Centre of Benevolence in Walpole, Australia is a centre where Mohanji's teachings of Raja Yoga can be seen as a lived rhythm: self-acceptance, self-awareness, and moment-to-moment presence, supported by nature, silence, and service.

Through the year, the Centre has hosted a number of programs, curated to appeal to local audiences. These include celebration of the International Yoga Day, a Full Moon Retreat, a Spring Renewal Retreat, a customized outreach retreat focused on Inner Peace and a New Year program led by Devi Mohan.

It was heartening to note that the consistent outreach efforts through the year, especially in nearby areas such as Albany and Denmark yielded results by drawing several newcomers to the MCB who participated enthusiastically in our programs. The Centre is thus becoming relevant to the region, not just for spiritual travellers, but beyond. MCB Australia is particularly special because of the large number of rescued

animals who call it home. The Centre's main characters include:

- Cows Kamadhenu and Nandini, joined by Gauri who was rescued this year
- Deer, Ammu and Rani
- A wide bird community that the Centre recognises as part of its spiritual "tapestry": peacocks (Hari, Shweta, Muruga, Valli, Devayani), as well as guineafowl, hens, roosters, and local songbirds such as magpies
- Three dogs (Lakshmi, Kali and Durga) who now protect the property
- And the natural Australian presence — kangaroos moving freely through the grounds — treated not as "wildlife sightings" but as part of coexistence.

**The Centre holds a clear position: vegan, cruelty-free, and grounded in respect for all beings — "One World, One Family."** This day-to-day harmonious coexistence is the biggest teacher for people. Going forward, MCB Australia is looking to upgrade its infrastructure — including additional accommodation, a multipurpose hall, meditation pods, a Babaji cave space, and solar-based sustainability initiatives.





## MOHANJI DATTA TAPOVAN GANESHPURI (INDIA)

In 2025, Mohanji Datta Tapovan Ganeshpuri gained substantial momentum as Mohanji shifted his India base to Ganeshpuri. His presence lent fresh energy to spiritual, humanitarian, and infrastructural initiatives.

**In June 2025, the Annakshetra (food centre) was inaugurated.** This centre has since then been providing freshly cooked meals to over 175 underprivileged villagers in the vicinity. **The centre also established a cowshed - Gokulam Gaushala – which is home to 6 cows that were rescued from slaughter.** Furthermore, the Centre brought 3 cows of the endangered Punganur breed, thereby contributing to the preservation of this rapidly vanishing native breed. Our teams also rescued several hens, guinea fowls and puppies, establishing MDT Ganeshpuri as a safe haven for animals.

Organic farming grew in scale, especially after the monsoons. The vision is to eventually make the centre self-sufficient for essential food ingredients.

The centre was also the hub of sacred rituals through the year, with daily homas (fire ceremonies) and grand celebrations of major festivals such as Guru Purnima, Janmashtami, Ganesh Chaturthi, Navratri, and Datta Jayanti. Our activities drew active participation from children and youth from the neighbouring villages, besides from the cities of Mumbai and Pune.

The centre is thus already developing into a hub for sacred rituals and community service. As more construction plans of formal structures builds pace in 2026, **MDT Ganeshpuri is on the path of becoming the main energy centre in India of the global Mohanji Centre network.**





## MOHANJI DATTA TAPOVAN (MDT) SRI LANKA

MDT Sri Lanka advanced from vision to construction-ready reality in 2025.

The year began with an exclusive pilgrimage program in Sri Lanka, allowing participants from around the world to experience various spiritual power centres in the country. **This culminated in an elaborate three-day Bhoomi Puja in March 2025 to purify and consecrate the land.** With these preparations, the team then worked on the designs of eight Phase-1 temples, containing hand-carved traditional idols. On the land, main-grid electricity and internal roads were established. Comprehensive engineering and National Building Research Organisation (NBRO) assessments were conducted so that all safety and regulatory compliances are assured, besides environmental harmony.

**The Phase 1 plan involves temples, internal roads, and sacred spaces,** while Phase 2 plans include meditation halls, residential units, and an industrial kitchen. The Centre is working towards completing the temples in 2026 so that a formal inauguration can be planned.



## MOHANJI CENTRE OF BENEVOLENCE SOUTH AFRICA

MCB South Africa continued as a national humanitarian hub, distributing over 26,000 meals, 2,350 loaves of bread, and 3,892 kg of staples, along with 1,024 dignity packs and essential supplies to underserved communities.

The temple and community hall were the hub of daily spiritual programs, homas, and Mohanji Acharya-led workshops that reinforced devotion, unity, and spiritual cohesion. All major festivals and occasions were celebrated with gusto, including Mohanji's Birthday, Guru Poornima, Ganesh Chaturthi, Shirdi Sai Baba Samadhi Day, Navaratri, Diwali, Dattatreya Jayanthi, and the 100-Year Celebration of Sathya Sai Baba!

Mohanji himself graced the centre again in late 2025, after his visit in 2024. Mohanji's presence and the spiritual retreat during his visit brought large crowds to the sacred space of the Centre.

Furthermore, the Centre welcomed its first full-time animal residents – rescued bulls Nandi, Muruga and cow Parvati – to lend more character to this centre

MCB South Africa has a special place in our global network as a hub of regular seva and donations, and that continued to strengthen through the year. **2026 promises to see more infrastructure upgrades so that the Centre can start hosting multi-day programs and full-time resident volunteers – the next stage of growth of this Centre.**

## MOHANJI PEACE CENTRES SERBIA (OBRENOVAC & KOSMAJ)

In 2025, Mohanji Peace Centers Serbia matured further. Mohanji Peace Centre Obrenovac became fully operational while Mohanji Peace Centre Kosmaj began its development journey this year.

MPC Obrenovac matured into a fully operational spiritual hub in 2025, touching a large number of people through its consistent activities and rituals:

- 800+ people reached in person through satsangs, festivals, and spiritual programs
- 400+ participants at the regional Shakti Festival
- 130+ participants at Diwali celebrations
- 12 priests trained in homa and sacred rituals

**The Centre initiated a weekly Annadaan (food donation) called Sai Prasad (consecrated offering from Sai) on Sundays, which became a huge hit, drawing increasing numbers of visitors to the Centre.** This service was also extended to homeless communities in Belgrade. In addition, Ahimsa Café was launched, creating another avenue for active engagement with external visitors while spreading awareness about

Ahimsa-based lifestyle and food choices. MPC Obrenovac also invested in permanent event infrastructure, allowing it to host events throughout the year. The Centre also built a homa kunda (traditional fire ceremony pit) as per ancient Vedic traditions, strengthening its position as the main event hub for the Mohanji Centres in the region.

Development of gardens, and a transition to vegan nutrition for all animals in the centre augmented the centre's move towards sustainability.

Meanwhile, MPC Kosmaj made rapid strides towards its developments. The land was cleared, sanctified and energised. Masterplans were created for the centre, with a clear vision to develop it as a centre for intense spiritual practices. Fund raising activities picked up momentum as well, preparing for construction activities in 2026.

**With two substantial centres, with subtle differences in their character and flavor, Serbia emerged as a stable regional anchor for inner transformation, service, and cultural integration.**



## MOHANJI PEACE CENTRE MACEDONIA

In 2025, MPC Macedonia achieved a historic milestone with the acquisition of secluded land near Skopje, establishing the groundwork for a future regional hub of spiritual practice and conscious living. An additional agricultural plot near Veles was secured for organic, plant-based food production, supporting long-term sustainability.

The land's potential was celebrated during International Yoga Day, allowing participants to connect directly with the vision of the Centre as a sanctuary for peace and transformation. The Centre engaged local and international communities through creative fundraising, such as the Jam Session – Music for a Cause, fostering collective ownership and support for development.



## MOHANJI PEACE CENTRE MONTENEGRO

In 2025, MPC Montenegro progressed with land clearing, fencing, and preparatory work above Herceg Novi. Urban-technical approvals were granted, and architectural planning advanced, moving the Centre from vision towards operational readiness.

MPC Montenegro is envisioned as a serene sanctuary where spiritual practices, retreats, and community service converge.

With Macedonia and Montenegro coming on stream, now Mohanji Peace Centres are present in all the Balkan countries. Their role in bringing about unity and raising the society's consciousness towards the highest human values will be critical and likely to be a significant value addition for the region.

## MOHANJI PEACE CENTRE DENMARK

Initiated in late 2025 as the first MPC in Western Europe, MPC Denmark serves as a regional anchor for Scandinavia and Northern Europe. Spread across 4.5 acres near Copenhagen, the Centre includes residential houses, stables, a barn, and landscaped gardens, providing a versatile foundation for retreats, spiritual practices, and community programs.

The Centre is set for its formal inauguration in January 2025 and will begin welcoming guests and hosting activities soon thereafter. The Centre plans to initiate work on creating the sacred temple spaces over 2026.



## MOHANJI PEACE CENTRE CROATIA

MPC Croatia reinforced its role as a regional spiritual anchor, hosting public satsangs, weekly talks, daily devotional practices, homas, and festivals throughout 2025. Mohanji graced the centre twice during the year, leading powerful satsangs that acted as catalysts to bring participants from across the region and beyond to experience his physical presence as well as the beauty of the Croatia centre.

**The centre saw substantial infrastructure upgrades, including heating, roofing, and a cat shelter, providing enhanced comfort and safety for residents, visitors and animals.**

In parallel, the Centre expanded sustainability efforts by developing vegetable gardens, and a range of handmade products such as teas, dried fruits, sauces, and natural cosmetics using ingredients sourced directly from the land of the centre. The Centre also operated the Ahimsa Bistro in the summer months, offering delightful plant-based food options to the wider community. In fact, the Ahimsa Bistro and MPC Croatia participated in the Zagreb Vegan Festival (Ze-GeVege), spreading more awareness. Plans are underway to reopen Ahimsa as a plant-based pizzeria in 2026!

Fundraising initiatives and social outreach reinforced the Centre's long-term vision of being a hub for conscious living and selfless service.

**The centre is gearing up for a formal temple inauguration and consecration in 2027, with murti installations planned for Shirdi Sai Baba, Lord Ganesha, and Lord Dattatreya, along with Shiva Linga installation.**



## MOHANJI PEACE CENTRES BOSNIA AND HERZEGOVINA (SARAJEVO)

On 21 March 2025, the first day of Spring, the Shirdi Sai Baba Murti arrived in Sarajevo, marking a significant milestone in the development of MPC Sarajevo. **Daily rituals, food-serving activities, and uninterrupted homa practices were established shortly thereafter, laying the foundation for the first Shirdi Sai Baba temple in Bosnia and Herzegovina.**

In November 2025, along with MPC Slovenia, MPC Sarajevo launched a nine-week transformational program From Fear to Freedom, addressing a different aspect of fear each week. Participants were supported through weekly guidance materials and Saturday Homa and Abhishekam practices, leading to deep inner shifts, increased clarity, and lasting transformation. The programme was powered by Mohanji's guidance and executed through dedicated cross-border collaboration between Bosnia and Slovenia, with the service of priests Ambika and Murali, fostering trust, continuity, and collective growth.





## MOHANJI PEACE CENTRE SLOVENIA

MPC Slovenia flourished in 2025 as a hub for spiritual practice, international collaboration and volunteer engagement.

**The highlight event of the year was the the first Festival of Consciousness in the country—a landmark event gathering participants from across Slovenia.** With 10+ facilitators, the festival celebrated awareness, conscious living, and the Raja Yoga path. The program delivered unique experiences to the participants and invaluable learnings for the Centre for further such programs to be organized.

**2025 also saw the inauguration of the first Ahimsa Café in Slovenia, reiterating the Mohanji Centre’s philosophy of cruelty free living.** This was accented further by the opening of the Ahimsa Shop showcasing volunteer-created items such as hand-painted shirts and hand-drawn umbrellas. The shop became a platform for creative expression in service, aligned with Mohanji’s teaching of authentic self-expression—“Be You.

**MPC Slovenia was also the venue for the year’s Priest Training program, guided by resident priest Murali.** Eight participants completed their training and are now ready to serve at Mohanji centres worldwide.

The Centre welcomed new animal residents, Nandi and Uma—a gentle bull and cow, rescued animals that had to be rehomed as their previous sanctuary closed. They joined the rescued deer in enlivening the space with their purity and unconditional love.

MPC Slovenia cultivated its first garden, marking a tangible step toward sustainability. With abundant harvests—tomatoes, zucchini, pumpkins, and spinach—the garden supported daily life at the Centre and enabled sharing home-made produce with the community.



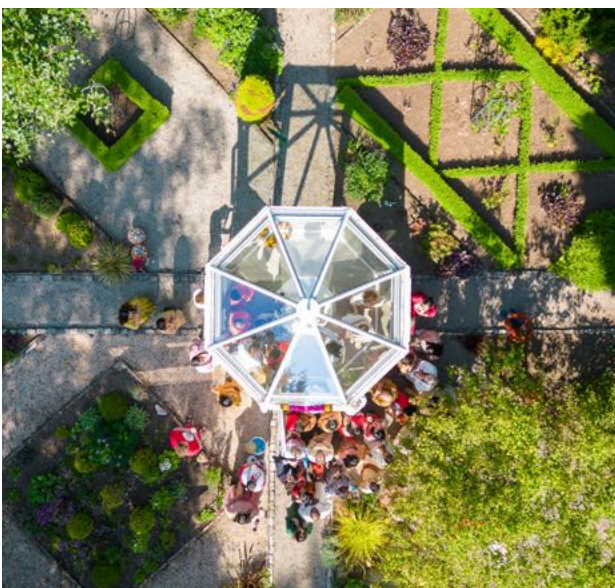
## MOHANJI CENTRE OF BENEVOLENCE SCOTLAND

In 2025, Mohanji Centre of Benevolence Scotland continued to mature as a vibrant hub for silence, service, and cultural exchange—supporting inner transformation while integrating with the local community. The Centre served 600+ individuals through visits, retreats, programs, and residential stays.

**MCB Scotland hosts the only Sai Baba temple in Scotland, nurturing a steadily growing local devotee base.** Multiple spiritual retreats such as Empowered 5 silence retreat, Kriya Intensive retreat, volunteer meets and the anniversary celebrations were held throughout the year. These programs were capped by Mohanji's presence at the centre in November 2025, which served to inspire the local teams and visitors to strive more to add value to the community.

The centre saw volunteers from over 10 countries — including India, Germany, France, Croatia, Serbia, Netherlands, Slovenia, Canada, USA, and Australia — serving for extended periods, creating a rich environment of cultural exchange and shared values. New collaborations with regional communities introduced new audiences to the purpose, values and transformative energy of MCB Scotland. Visits from spiritual leaders, community figures, and global personalities strengthened the visibility of the Centre.

In line with developments at other Mohanji Centres, Scotland also welcomed a cow and calf in October 2025, bringing about a change in the entire daily dynamic of the centre. With plans for planting and farming in place, the Centre is steadily moving towards sustainability.



## MOHANJI CENTRE OF BENEVOLENCE USA

MCB USA consolidated its role as a living sanctuary for devotion, service, and sacred continuity in 2025. Daily rituals, and festival programs, including Datta Jayanti, Guru Poornima, and Diwali, reinforced spiritual grounding nationwide. The first anniversary of Prana Pratishtha

was celebrated in a grand manner, with a day full of rituals, havan, bhajans, and Deep Mahotsav (1008 lamps). Participants from all across the USA spent time at the Centre to soak in the vibrations.

The Centre is home to several cows already and was enriched by the birth of calf Krishna. The lands of the centre were utilized wisely for sustainable hay harvesting to sustain the cows.

Visits by spiritual leaders and recognition of longtime volunteers strengthened community bonds. Plans were laid for expanding the Centre's infrastructure setup in the coming years.





## MOHANJI CENTRE OF BENEVOLENCE MAURITIUS

Mohanji Association Mauritius was officially registered in 2025. Soon after, the Association came into possession of a beautiful land at Petite Rivière, the site for the country's first Mohanji Centre of Benevolence. A traditional consecration ceremony was performed on the land to purify it and prepare for the great developments to come. Subsequently, during Mohanji's visit to the country in November 2025, the Mohanji Centre of Benevolence was officially declared by the plaque launch ceremony. This was followed by annadaan seva (food service) to over 100 underprivileged children in the local area.

While these are still early days, there is every indication that this land is set to become a centre for spiritual elevation and community service in the years to come, thereby transforming the society of Mauritius for the better.







# 6

## Mohanji Foundation **Temples**

# Vrindavan Guruvayur Temple



## VRINDAVAN GURUVAYUR PROJECT: A SACRED VISION TAKES FORM

In the sacred land of Vrindavan, where every particle of dust is permeated with the leela of Lord Krishna, a unique spiritual vision is unfolding. The Vrindavan Guruvayur Temple Project, envisioned by the Mohanji Bharat Welfare Foundation, seeks to recreate the revered temple of Lord Guruvayurappan from Kerala in this timeless heart of Braj Bhoomi. This extraordinary initiative bridges the profound spiritual heritage of South India with North India's devotional epicenter, uniting traditions, cultures, and devotees from across the nation and beyond.



## VISION: UNITING SACRED TRADITIONS

At its core, the vision of the Vrindavan Guruvayur Project is to bring the living presence and blessings of Lord Guruvayurappan to Vrindavan, creating a rare synthesis of devotion, culture, and sacred geography. The project aspires to establish not just a temple, but a living, breathing ecosystem centered on spiritual practice, meditation, service, and compassion.

Designed as an inclusive spiritual space, the temple will welcome seekers from all backgrounds, offering an experience of the divine that transcends boundaries of caste, creed, and religion, reflecting the universal spirit of Sanatana Dharma.

## MISSION & CORE VALUES: ROOTED IN SANATANA DHARMA

Guided by the timeless principles of Sanatana Dharma, the mission of the Vrindavan Guruvayur Project is to promote unity, purity, and peace through collective worship and selfless service. The project envisions the development of a sustainable spiritual township that includes an Annadana Hall to serve all, a Gaushala (cow sanctuary), a Women's Home, a Meditation Center, and a Cultural Amphitheater.

Equally central to the mission is a commitment to eco-conscious living. Organic farming and environmentally responsible architectural practices are integral to the project, encouraging harmony with nature while fostering devotion and inner transformation through selfless service.



Witness the Divine  
Beginning of a  
Historic Mission

## ARCHITECTURAL VISION: SACRED SCIENCE IN STONE

The temple is being constructed in traditional Kerala architectural style, following the principles of Thachu Shastra and Vaastu, while harmonizing with the spiritual essence of Vrindavan. The design faithfully mirrors the original Guruvayur Temple in Kerala, recreating the same ambience and devotional atmosphere experienced by pilgrims there.

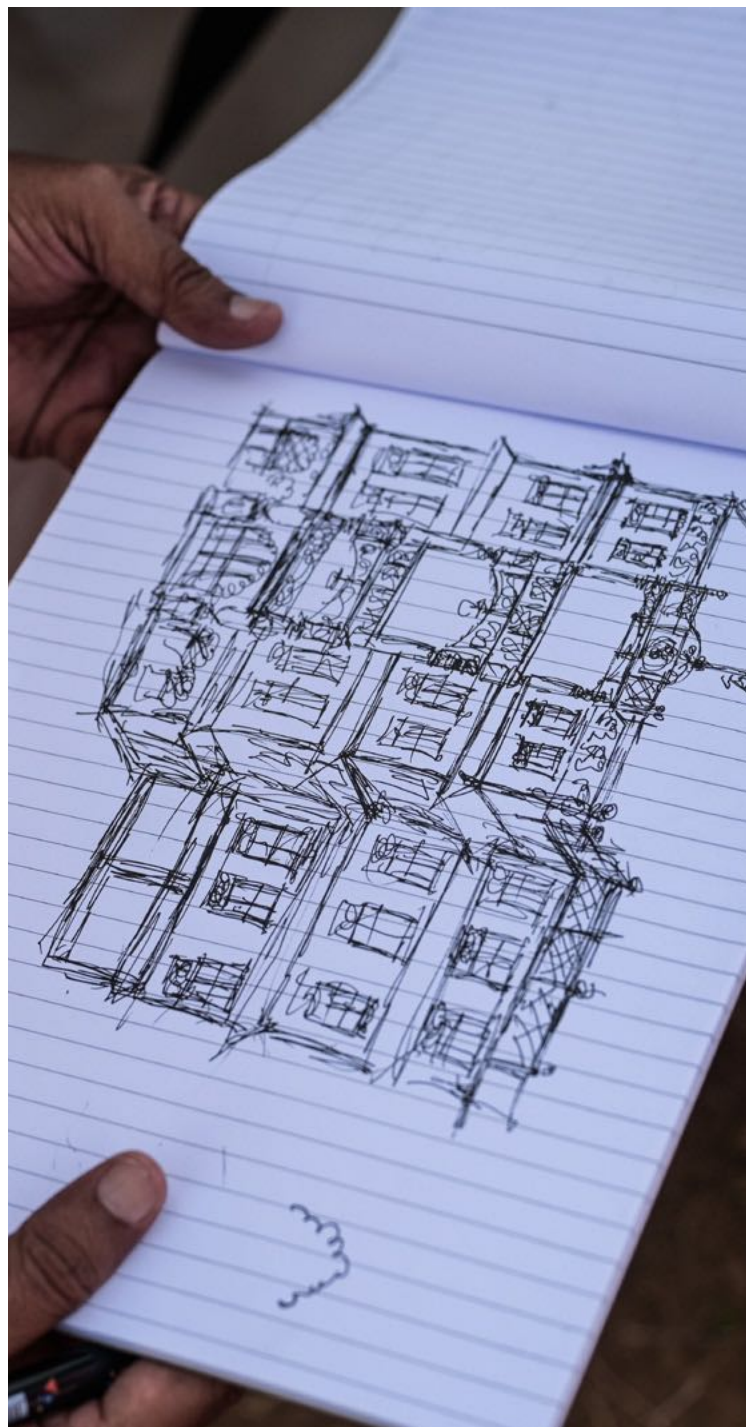
The temple complex includes the main shrine dedicated to Lord Guruvayurappan, sub-shrines for deities such as Lord Ganesha and Bhagavathi, and a range of community and devotee facilities, including guesthouses, meditation spaces, and volunteer residences.

Under the guidance of a leading Vaastu expert from the renowned Kanippayyur family of Kerala, the entire complex is being designed in strict accordance with Tantra Samuchaya, Vaastu, and Thachu Shastram.

## SACRED DESIGN PRINCIPLES

A defining feature of the layout is the **incorporation of the Pancha Prakara concept**, five concentric sacred enclosures or circumambulatory pathways surrounding the sanctum, reflecting the architecture of traditional Mahakshetra temples.

The design also integrates **Shadadhara, six foundational energetic alignments that correspond with cosmic energies and subtle chakras**. Together, these principles create a spiritually resonant and energetically harmonious environment, ensuring the temple functions as a living spiritual field rather than merely a physical structure.



## MILESTONES AND PROGRESS

A major milestone was achieved in June 2025 with the successful completion of the Shadadhara Pratistha, marking the sacred initiation of the temple's foundation. Over four deeply auspicious days, consecration rituals led by revered priests and scholars established the energetic framework of the shrine, including the Garbhanyasam ritual, which installs the spiritual womb of the temple.

Despite heavy rains and power outages during the ceremonies, the rituals continued seamlessly, an experience many devotees perceived as a sign of divine grace and support for the mission.

Currently, traditional temple components are being meticulously crafted in Kerala using age-old architectural techniques. These will be transported to Vrindavan for assembly at the temple site. The foundation for the main shrine and sub-shrines has been completed, boundary wall construction is underway, and land acquisition for the entire 9.5-acre temple complex has been finalized.



## LOOKING AHEAD: THE JOURNEY CONTINUES

The next major spiritual milestone is the Prana Pratistha (idol installation ceremony), scheduled for 19 February 2027, when the deity will be fully consecrated and the temple awakened as a living divine presence.

In the coming years, the project will continue to host satsangs, scripture recitations, and seva opportunities, inviting participation from devotees around the world. Supporters are encouraged to contribute through donations, volunteering, or by sharing the message of Lord Guruvayurappan's boundless grace.

As the Vrindavan Guruvayur Temple rises, guided by devotion, tradition, and divine intent, it stands as a sacred bridge between two holy lands, reminding us that while temples may be built in stone, true sanctity is born from faith, service, and unity.

# Pathirisseri Dharmashastha Temple

MOHANJI'S ANCESTRAL DEITY TEMPLE



## THE RESTORATION OF LINEAGE, PRESENCE, AND LIVING TRADITION

In the sacred village of Muttichur, Thrissur district, Kerala, nearly two centuries ago, the Pathirisseri family lived under the divine protection of their Kuladevata, Lord Dharmasastha—the luminous son born of the combined glory of Lord Mahavishnu and Lord Shiva. For generations, this deity served as the family's spiritual anchor, a guardian of dharma, prosperity, and continuity for both lineage and land.

With the passage of time, circumstances led the family away from their ancestral home. As regular worship could no longer be sustained, the living connection with the family deity entered a period of stillness—yet never abandonment. **In Indian tradition, a family remains whole only when its ancestral deity is honored, for the Kuladevata is not merely worshipped, but lived with—as protector, witness, and guide.**

## WHEN THE TIME WAS RIGHT

In this quiet interval, the deities remained with the family—silent witnesses and subtle protectors, awaiting the moment of rightful restoration.

When the time was ripe, it was Mohanji who stepped forward with unwavering clarity, inner strength, and deep devotion to lineage. Seeking not personal desire but the explicit will of the deity, Mohanji initiated an astrological inquiry. The guidance was unequivocal: Lord Dharmasastha was willing—joyfully—to move, assuring continued blessings to the Pathirisseri family and to all who would approach with sincerity.

Thus began the rebirth of a sacred space.

**Guided by divine sanction, Mohanji acquired new land and undertook the sacred responsibility of establishing a new temple. Alongside Lord Dharmasastha, the installation included associated family deities and Naga Devata (serpent deity), the latter consecrated in a separate, dedicated shrine near the main temple.**

All rituals were conducted strictly according to Kerala's ancient temple traditions, under the guidance of the revered Thantri - Sri Andaladi Parameswaran Namboothiripad, whose precision, devotion, and mastery ensured fidelity to the timeless science of Prana Pratishta.



## THE PRANA PRATISHTA CEREMONIES

22nd – 28th May 2025 marked a seven-day sacred convergence.

The Prana Pratishtha of the Pathirisseri Dharmasastha Temple unfolded over seven sacred days, each carefully designed to prepare, purify, invoke, and finally anchor divine presence within the consecrated space. The ceremonies began with the tantric relocation of the deities from their previous residence to the newly constructed temple, followed by welcoming rituals that formally introduced the deities to their new abode. This initial phase established energetic continuity and ensured that the transition occurred with reverence, precision, and protection.

Subsequent days focused on purification and stabilization. Through Ganapati Homams, Abhishekams, Shanti rituals, Kalasha Shuddhi, and Bhagavathi Seva, both the deities and the ritual instruments were cleansed and sanctified. These processes prepared the temple—physically and subtly—to receive sustained divine energy. During this phase, the temple was formally handed over to the Tantri, marking the commencement of the deeper consecration rites.

As the ceremonies progressed, the emphasis shifted from preparation to energetic invocation and anchoring. Advanced tantric rituals such as Tatva Homams, Tatva Poojas, Shayya Pooja, Dvana Pooja, and Jiva

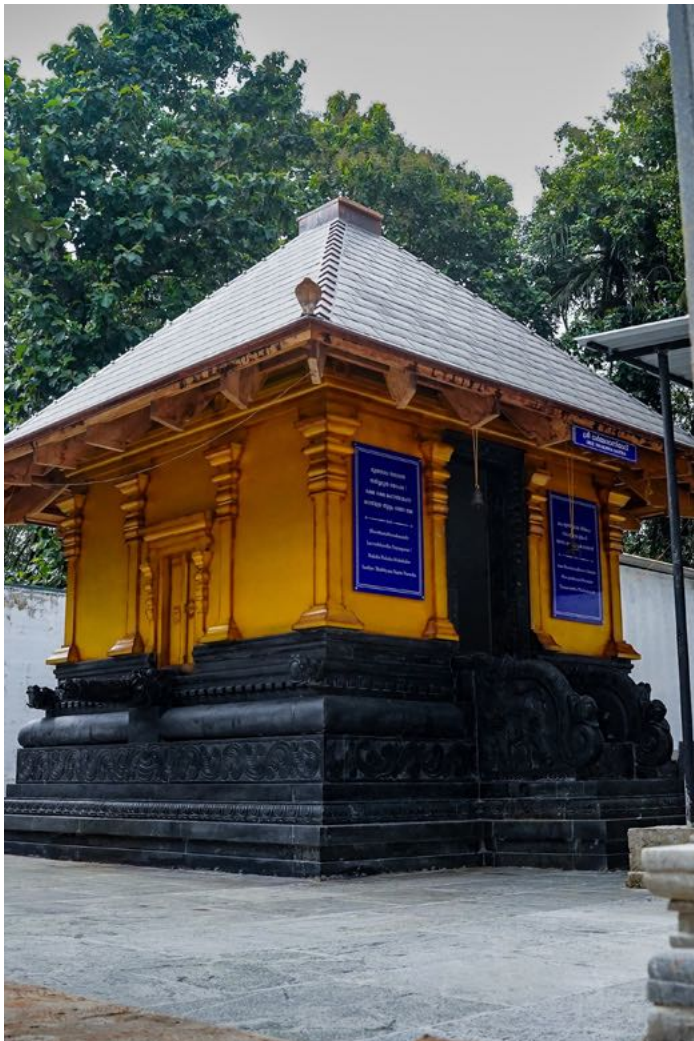
Kalasha Pooja were conducted to invoke life force into the deities. The sacred Jiva Kalasha was ceremonially carried in procession around the temple, symbolizing the infusion and circulation of consciousness within the consecrated space.

In the final phase, following Maha Ganapati Homam and sanctum purification, the deities were formally introduced to their permanent abode. The Jiva Kalasha was installed within the sanctum with full Abhishekam, completing the Prana Pratishtha—the moment when the deities became fully established as living presences rather than symbolic forms.

Throughout the ceremonies, Mohanji's physical presence and guidance marked key energetic thresholds, ensuring alignment with tradition and divine intent. Despite monsoon rains and the intensity of the rituals, the atmosphere remained charged with devotion, stillness, and grace.

**With the completion of the Prana Pratishtha, the Pathirissery Dharmasastha Temple emerged as a living temple, open to the public from 29th May 2025, with regular poojas now ongoing. The consecration restored not only a sacred structure, but an unbroken spiritual continuity—reaffirming the protective and benevolent presence of the Kuladevata for generations to come.**





## A LIVING TEMPLE IS A LIVING BLESSING

From 29th May 2025, the temple opened to the public. Regular poojas are now conducted, and **astrological confirmations affirm that Lord Dharmasastha continues to bestow blessings upon the Pathirissery family, devotees, and all who offer worship with faith.**

Various offerings and rituals are available for Lord Dharmasastha, family deities, and Naga Devata, supporting ancestral harmony, spiritual well-being, and continuity of tradition.

## THE SIGNIFICANCE OF FAMILY DEITY WORSHIP

In Indian tradition, the Kuladevata safeguards the family's karmic and spiritual integrity. Worship restores balance, resolves ancestral patterns, and ensures protection and prosperity across generations.

Through this Prana Pratishtha, a broken continuity has been fully restored—not only in structure, but in living consciousness.

## A DIVINE UNFOLDING IN PATHIRISSERI TEMPLE

By Preeti Duggal, Bangalore (India)

On 28th May 2025, we visited Kerala for the Prana Prathishta of the Pathirisseri Temple. The Gods and Goddesses of this temple are Mohanji's family deities, who were earlier installed in a temple near his uncle's house. Due to various reasons, the temple's rituals and poojas were not being conducted regularly over there.

When Mohanji visited the temple a couple of years back, he felt that the deities were unhappy, as no one was taking care of them. The priest conducted the deiva prashnam (asking questions to the deities), and they agreed to respond. When the priest asked on behalf of Mohanji if they would be willing to shift to another place where a temple would be constructed for them and all customs and rituals would be followed, the deities agreed. The deities also mentioned that if ten more days had passed, there would have been a third young death in the family—the first being Ammu, the second being Mohanji's cousin's son. With his promise to shift them to a new temple where they would be taken care of, the third tragedy was averted. The deities agreed, and thus land was looked for and a temple was constructed for them to be installed, and the Prana Prathishta was performed. It was a momentous event. Once in a lifetime, one gets a chance to witness such a divine unfolding.

We reached there on 26th May, and in the evening left for the temple. It was not very far from our hotel, but it was amidst a dense forest with tall trees and greenery all around. It had been raining since morning, but it started pouring heavily as we entered the temple.

The energy around was magnetic; it seemed like being in a different world. A group of priests were sitting in a circle and chanting Devi mantras, while the head priest was doing all the offerings. It felt like a current was passing through the body. Finally, the chants were done to invite the Goddess into the temple, when all the lights were switched off and only the deepams (lamps) were lit. The intensity of the rain increased, roaring like a lion.

Never in my life had I experienced what was unfolding in front of all the people present, and more importantly, with Mohanji being there in person. It seemed like the entire heaven opened up to cleanse the area around for the Devi to arrive. We were all drenched in that energy being showered on us.

After some time, the pooja got completed, and the intensity of the rain also reduced.

Now the time came for the final rituals to be performed for the main deity, Lord Ayyappa, a day before he was to be installed in the temple. He was taken around in a palanquin around the temple area, with the playing of drums and other instruments. It felt like the king of that area was being taken around his kingdom to give darshan and blessings to his people.

Finally, he was made to rest at the corner of the temple before the Prana Prathishta to be done the next morning. His aarti was performed and everyone sought his blessings. Mohanji told us that this was the closest one could be to the main deity ever after he is installed in the temple area—a very rare occasion, and only those who attend or are present are those whom he invites. It was a big blessing for all of us, and we knew it was only possible because our dear Mohanji made it happen for all of us.

Before the Aarti, when the head priest was performing the rituals and offerings to Lord Ayyappa, the intensity of the rain again increased. One could easily feel that it was not a normal rain, but a divine downpour to greet him in the temple.

When I was sitting on one side and watching the pooja, I saw at the back door of the temple a human form, with his face painted and dressed in tribal attire, wearing a crown and colourful clothing. He seemed so magical. I realised that no one else could see him, and I couldn't take my eyes off him. He kept standing there in the dark and heavy downpour. Initially, I thought it was just my mind, but definitely someone was there.

Finally, after all the rituals, we left, but my mind was only thinking of what had unfolded and feeling so fortunate to be a part of it.

The next day, early in the morning around 4:30 a.m., we left again from the hotel. It was still raining and dark outside. As we reached the temple, many people had gathered there to witness the final rituals. It was a treat for the eyes and the soul. Time just flew, and finally the deity was installed in the temple amidst the chanting of mantras and the blowing of trumpets and drums.

The doors of the main temple were closed to perform the first offering to the deity and the first ritual after the Prana Prathista. As the doors opened again, the lights were switched off, and the sanctum shone only in the light of the lamps. Tears were just flowing down in gratitude and happiness to be a witness to such an amazing and divine moment.

When it was dawn and I looked out again from the back door, there was just the trunk of a tree and nothing else that could have looked like the being I saw the previous night in the dark.

Later, when I mentioned this to Mohanji, he said it could have been a Demi-God, the protector of that area and forest, who had come to attend the Prana Prathista. I had goosebumps just listening to this from Mohanji. Mohanji also mentioned that from the day of the Prana Prathista, the main deity is also our family deity, because we follow Mohanji and they are all his family deities.

We are all blessed and grateful to be a part of Mohanji's clan. Lifetimes of good karma have brought us to be a part of this and to witness it. May the blessings of the Lord be with all of us.

## PATHIRISSERI: A TEMPLE OF GRACE

By Dr Namitha Bhat, USA

I am eternally grateful to Mohanji for bestowing upon me the grace-filled opportunity to be part of the sacred Pranaprathista ceremony at Pathirisseri Dharmasastha Temple on May 28, 2025, together with my son and parents. To witness the consecration of such a powerful deity in the physical presence of an immensely powerful Master like Mohanji was an experience that transcends the mind and defies verbal expression.

The entire experience was divine—from the resounding vibrations of the naadaswarams to the sudden torrential rains, interspersed with moments of calm, as if the Gods and celestial forces themselves were partaking in the ceremony. We felt deeply blessed to be standing so close to the deity at the sacred moment when the life force was infused into the idol. In that instant, the deity no longer felt like an idol, but a living divine presence. Being there with Mohanji, hearing the mantras, and feeling the energy around us gave me goosebumps and filled my heart with immense gratitude.

Mohanji shared that by connecting to Dharmasastha, blockages and difficulties are removed, sins are destroyed, and peace of mind is attained through His grace. He advised that visiting the temple once a year to offer our reverence and gratitude can bring about a profound and positive transformation in our lives.

I was further blessed with the sacred opportunity to see the very house—and the very room—where Mohanji was born. Experiencing this in His physical presence was a divine blessing. The home, located in close proximity to the temple, is surrounded by breathtaking natural beauty and a serene, sanctuary-like stillness. In a moment that felt profoundly symbolic, a peacock appeared, singing as if honoring Lord Krishna Himself.

This was not simply an event, but a once-in-many-lifetimes experience. I offer my eternal gratitude to Mohanji for establishing this powerful deity and temple as the Kuldevata Temple of the global Mohanji family, and for making this sacred spiritual energy accessible to the whole world. I wholeheartedly encourage everyone to visit the immensely powerful deity that resides here—you will not return empty-handed."

---

*Ruchika Gandhi recently visited the Pathirisseri Dharmasastha Temple in Kerala, and what she experienced was truly special.*







# 7 Festivals for Transformation

# Festival of Womanhood



A SOULFUL **CELEBRATION** OF STRENGTH, SISTERHOOD, AND SELF-DISCOVERY



On March 8, 2025, New Delhi became the heart of a deeply moving celebration as the Festival of Womanhood unfolded in alignment with International Women’s Day. More than an event, the festival emerged as a living, breathing expression of reflection, empowerment, and collective feminine strength. Hosted annually by the World Womanhood Project (WWP), the Festival of Womanhood brought

together women from diverse walks of life into a warm, inclusive, and vibrant space. Rooted in connection rather than convention, the festival honored womanhood not merely as a social identity, but as an essence — powerful, resilient, intuitive, and unique. It is part of a larger global movement dedicated to recognizing and nurturing the innate strength and wisdom that women bring to society.

One of the most impactful highlights of the day was a series of women-focused workshops led by Devi Mohan. These sessions offered participants a sacred space for inner exploration, healing, and growth. **Through guided reflection and shared experiences, women were encouraged to reconnect with themselves, cultivate self-awareness, and draw strength from collective presence.** The workshops resonated deeply, leaving many participants feeling seen, supported, and empowered.

Behind the seamless flow and heartfelt atmosphere of the festival stood the dedication and vision of its core organizers — Palak Mehta, Tulika Sameer, and Savi Kurur. Their leadership and unwavering commitment were instrumental in bringing the Festival of Womanhood 2025 to life. Every detail reflected thoughtful coordination and a genuine intention to create an inspiring and inclusive experience.

The spirit and emotion of the day were beautifully captured by MHouse Media, the official photography and videography team. Through their compassionate and artistic lens, they documented moments of connection, joy, and introspection, preserving the essence of the festival long after the day concluded.

Special gratitude was extended to the Mohanji family, whose support and presence played a vital role in the smooth execution of the event. Their contribution reflected the very values the festival stands for — community, service, and togetherness.

International Women’s Day, observed globally on March 8, celebrates women’s achievements across social, economic, cultural, and political spheres, while also renewing commitments toward gender equality. **The 2025 theme — rights, equality, and empowerment for all women and girls—emphasized the need for inclusive progress and shared responsibility.**

Across New Delhi, the day was marked by cultural performances, community walks, workshops, film screenings, and gatherings dedicated to amplifying women’s voices. Amid these citywide celebrations, the Festival of Womanhood stood apart for its deeply holistic and soulful approach. By centering inner transformation, authentic connection, and the collective power of sisterhood, it offered a meaningful reminder that true empowerment begins within — and grows stronger when shared.

The Festival of Womanhood 2025 was not just a celebration of women; it was a call to remember, reclaim, and rise together.



# Shakti Festival

A COLLECTIVE JOURNEY OF  
AWAKENING AND UNITY



The vision of Shakti Festival Balkan 2025 was to support the purification and harmonization of the Balkan region and its people, fostering stability, balance, and harmony on both individual and collective levels.

Held over five days from **15–19 October 2025** at the Mohanji Peace Centre in Obrenovac, Serbia, the festival welcomed more than 300 participants, plus a global online audience, united by a shared higher purpose: purification, connection, purposeful collaboration, and the awakening of higher human potential.



At its core, the Shakti Festival served as a unifying force, drawing individuals from diverse cultural, national, and professional backgrounds into a shared journey of transformation. Together, participants co-created a collective field of consciousness that supported healing, deep connection, and both personal and collective growth. Reflecting this spirit of unity, the organizing team itself was composed of representatives from each Balkan country, making Shakti Festival Balkan a first-of-its-kind large-scale event realized through true regional collaboration.

The festival was honored by the presence of Mr. Sandeep Kumar, Chargé d’Affaires, and Mr. Amit, Attaché, from the Embassy of India in Belgrade, whose attendance underscored the festival’s cultural and diplomatic significance.

Expert lecturers, facilitators, and practitioners from across the Balkan region contributed a rich and diverse program, offering thematic content that broadened perspectives and deepened understanding. Their collective contribution served as a unifying thread, weaving together spiritual insight, education, and artistic expression.

The festival showcased a carefully curated blend of transformative techniques and processes, including lectures, workshops, artistic expressions through sound and movement, meditation practices, and Satsangs with Mohanji. **These experiences guided participants to release what no longer served them, harmonize the five elements within, and reconnect with their innate vitality and inner balance.**

Participant feedback following the festival revealed profound shifts in clarity, emotional stability, inner peace, and overall well-being. Many reported tangible transformations in their personal lives and relationships, reflecting the depth and lasting impact of the experience.

Beyond individual growth, the festival strengthened a powerful sense of regional unity and collective responsibility. **Through working, volunteering, and serving together, participants embodied the values of collaboration and conscious action.** The festival also surpassed expectations in its regional media and social media reach, establishing Shakti Festival Balkan as a recognisable and respected brand in its own right.



# Festival of Youth

## A DAY OF CONNECTION, CREATIVITY, AND CONSCIOUS LIVING

The Festival of Youth is a vibrant, heart-led gathering designed to bring young people together through creativity, learning, play, and shared values. It offers a safe and inspiring space where connection flourishes, self-expression is encouraged, and personal growth is gently nurtured.

On 16 August 2025, the Festival of Youth returned to the Mohanji Peace Center in Obrenovac, Serbia for its third consecutive year, once again transforming the space into a hub of youthful energy, curiosity, and collaboration.

The day unfolded with a warm introduction to the Mohanji Youth Club, setting the tone for a program rich in exploration and engagement. Participants cooled off with joyful outdoor water games before gathering for a nourishing vegan lunch that reflected the festival's emphasis on conscious living. A highlight of the program was a healthy nutrition workshop led by renowned vegan nutritionist Nevena Veselinovic, founder of the popular Serbian brand Veganluk, who shared practical insights and inspiration around plant-based nutrition.



# Festival of Consciousness

**The Festival of Consciousness (FOC) is a celebratory platform for raising awareness, positivity, and higher consciousness through shared experience.** First held in Serbia and later in Scotland, the vision of the Festival of Consciousness is to carry this format to different parts of the world, creating conscious gatherings that combine celebration and self-connection.

In 2025, the Festival of Consciousness was held at Mohanji Peace Center Slovenia, a first for this region. People converged from across the country, united by a shared aspiration to explore higher consciousness and to experience life beyond habitual patterns — with awareness, responsibility, and presence.

Through workshops, rituals, guided sessions, and shared reflections, participants were introduced to practical approaches to conscious living, inner transformation, and alignment with higher values.

Healing sessions, conscious movement and dance, music, and moments of stillness created a balanced flow between activity and introspection. Participants also had the opportunity to connect with the animals at the center, which many described

as a grounding and heart-opening experience. The program offered both depth and accessibility, allowing participants to engage at their own pace and according to their personal journeys.

The offering of plant-based food and drinks from Ahimsa Café further supported the festival's values, reinforcing the principles of non-violence, conscious choice, and respect for life. This aspect was received with great appreciation and added to the overall sense of coherence between values and lived experience.

**More than an event, the Festival of Consciousness became a shared step on the Raja Yoga path, a reminder that inner growth is not a solitary pursuit, but one that flourishes in collective intention and support.** The day concluded with a strong feeling of gratitude and inspiration.

The Festival of Consciousness in Slovenia set a meaningful foundation, with a firm collective aspiration to repeat this in the coming periods, as people are seeking joy and celebration in their journey to self-connection, especially with the volatile times in the world today.







**New to  
the World  
of Mohanji**

# The Mohanji Fragrance

**PRESENCE TRANSLATED INTO ESSENCE**



The Mohanji Fragrance was created with one clear intention: to translate the love, compassion, and silent presence associated with Mohanji into a tangible essence that could quietly support people in their daily lives. From its conception, it was far beyond a conventional commercial perfume. Envisioned as a protective, spiritual, and refined expression of Mohanji's presence and indefinable consciousness, it was something to awaken to, not consume.

To honour this depth, the project brought together industry-leading luxury fragrance expertise, led by French perfumer Julie Lerendu. This creation required sensitivity and restraint, guided by an understanding that Mohanji's presence cannot be replicated, but it can be respectfully reflected through balance, stillness, and integrity – qualities deeply aligned with the Raja Yoga tradition.

The fragrance was crafted using raw materials of the highest-grade available in nature, avoiding synthetic ingredients wherever possible. These materials were sourced from sacred traditions and cultures around the world - sage, frankincense, sandalwood, jasmine from Grasse, Calabrian bergamot, Tuscan orris, Haitian amyris, and more, each of them long valued for their purifying, grounding, and spiritual qualities.

The composition of the perfume mirrors the journey of life itself: bright, crisp citrus and aromatics at the opening, refined florals at the centre, and warm, comforting woods, mosses, and resins forming the base. Created as a true parfum, with a high concentration of perfume oils, it offers depth, presence, and exceptional longevity.

The physical form of the container reflects the same intention. The bottle is shaped as a Shiva Lingam, symbolising the timeless stability of the formless source. The packaging journey, created by The Narrative Agency, follows Vastu architectural principles, guiding the wearer symbolically through key moments of Mohanji's journey, from the astral alignment of the night sky at his birth in Kerala, through Kailash, to Shirdi. A gold thumbprint of Mohanji on the bottle serves as a symbolic seal of protection. Sustainable materials and a clean, minimal presentation were consciously chosen to reflect authenticity and restraint.

The Mohanji Fragrance was launched at the Kumbh Mela on Mohanji's birthday, where every bottle brought to the event sold out! Since then, people around the world have shared experiences of inner steadiness, spiritual protection, and a deepened sense of connection. In response to widespread requests, a 10 ml refillable travel spray was introduced, allowing the fragrance, and the sense of support it offers, to accompany people wherever they go.

Importantly, Mohanji Fragrance was created to serve. All proceeds from sales flow directly to the Mohanji Foundation, supporting Mohanji Peace Centres' development, feeding programs, community upliftment, animal protection, disaster relief, and other humanitarian initiatives. Each bottle carries not only the essence of divinity, but a contribution toward meaningful work in the world.

Developed over years of thoughtful collaboration, the Mohanji Fragrance exists to offer steadiness, clarity, and quiet support to the wearer. It is a living reminder that when creation is rooted in consciousness, it naturally becomes an act of service.



Sacred essences were **sourced globally** to provide energetic **protection** and reflect the universality of Mohanji's consciousness.

Other Key Ingredients



Chinese Geranium

Omani Frankincense

Balkan Sage Officinale

Virginian Cedarwood

Javan Vetiver

Brazilian Maté

Venezuelan Tonka Beans

Haitian Amyris

Madagascan Vanilla Bourbon

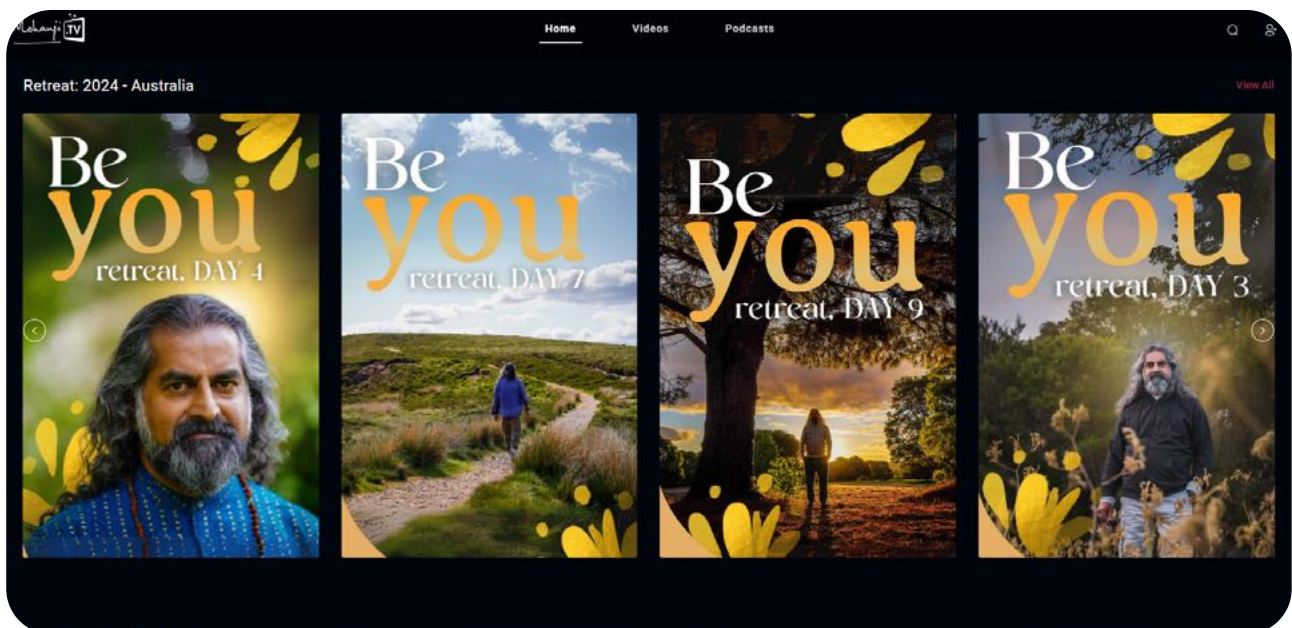


Mohanji

PARFUM

# Mohanji TV

## THE DIGITAL ASHRAM



**“Some truths are too deep for words. They must be experienced.” – Mohanji**

Launched in 2025, Mohanji.TV is the official premium streaming platform for Mohanji’s teachings, designed as a ‘Digital Ashram’ for serious seekers. While social media offers glimpses, Mohanji.TV provides the full picture - hosting an exclusive library of full-length, uncut satsangs, rare vintage archival material, and deep-dive series that are not available anywhere else.

Dubbed by some as the “Netflix for Mohanji’s teachings,” the platform offers subscribers a distraction-free environment to immerse themselves in 100+ hours of content ranging from ancient wisdom to practical guidance on karma and dissolution of the mind. New exclusive content is added monthly, ensuring a constant flow of Mohanji’s teachings as they are shared.

# AskMohanji

## CLARITY ROOTED IN AUTHENTIC TEACHINGS

### A CONSCIOUS DIGITAL BRIDGE FOR SEEKERS WORLDWIDE

In 2025, AskMohanji was launched as a purpose-built AI-based digital initiative to make Mohanji's teachings accessible with clarity, accuracy, and responsibility. In a landscape crowded with interpretations and opinions, AskMohanji was created to serve a single, essential function: preserve the authenticity of Mohanji's wisdom while making it practical for everyday life.

### FROM CONFUSION TO ESSENCE

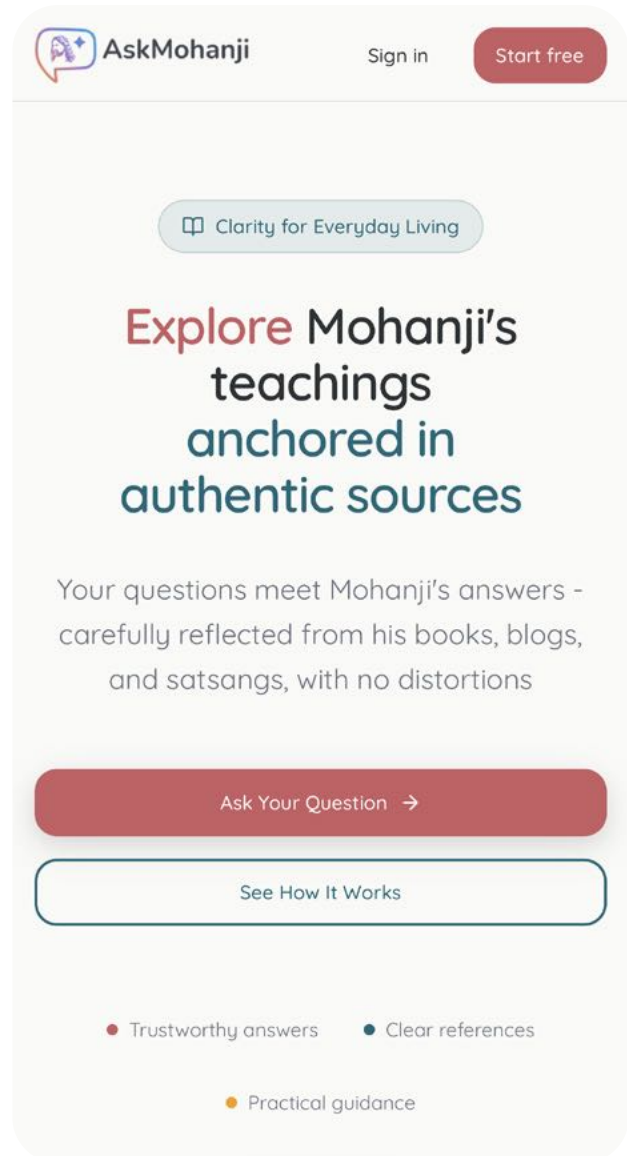
AskMohanji responds to a recurring need among seekers, How do I understand spiritual principles clearly, without distortion, dependency, or personal interpretation?

Designed as a question-and-answer platform, it enables users to explore Mohanji's teachings through concise, essence-based responses, often delivered in one or two lines, reflecting Mohanji's own direct communication style. Each response is grounded exclusively in verified source material - Mohanji's published blogs, books, videos and satsangs, inviting clarity first, and depth through further exploration.

### INTEGRITY BY DESIGN

The platform operates through a disciplined and transparent process. Every question initiates a search across a curated and verified knowledge base of Mohanji's documented teachings. Responses are synthesised clearly and accompanied by direct source references, empowering users to verify and engage with the original material themselves.

When a question falls outside the scope of Mohanji's published teachings, AskMohanji responds with restraint, gently redirecting attention toward awareness, responsibility, and inner stability.



askmohanji.com

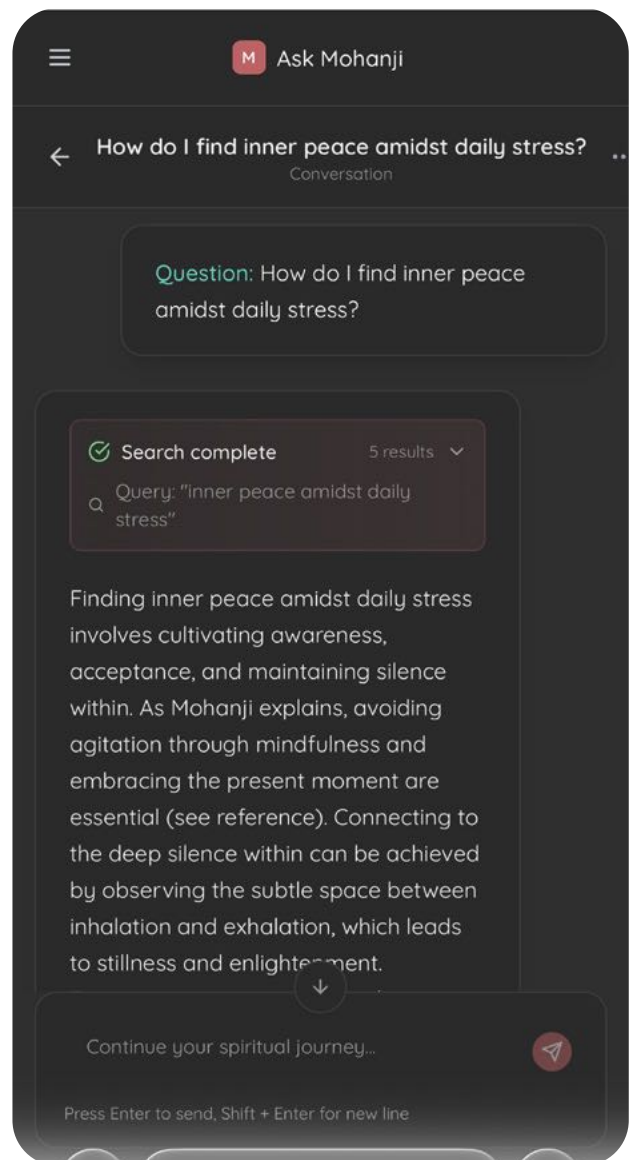
## CLEAR BOUNDARIES, TRUSTED SPACE

AskMohanji was intentionally designed with strong ethical safeguards. It does not impersonate Mohanji, offer personal blessings, predictions, or prescriptive guidance, nor does it provide medical, legal, financial, or psychological advice. User privacy is protected, speculation is avoided, and organisational or transactional queries are redirected to official Mohanji Foundation channels.

These boundaries ensure that the platform remains a safe, educational companion, aligned with the principles of non-violence, clarity, and self-responsibility.

## SUPPORTING INNER TRANSFORMATION IN THE DIGITAL AGE

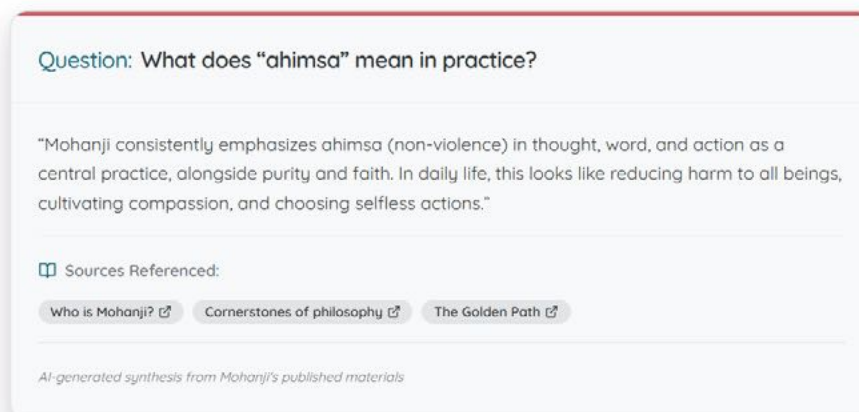
For many, especially those unable to attend physical programs or visit centres, AskMohanji has become a quiet yet powerful entry point into Mohanji's teachings. It supports newcomers with orientation and reassurance, while helping long-time followers re-anchor their understanding in verified sources, free from dilution or reinterpretation.



Live Example

## Experience the Wisdom

See how AskMohanji provides thoughtful, source-backed responses



# Friends Lifeline



## PRESENCE, COMPASSION, AND RESPECT IN **ACTION**

*“The world can be healed just by practicing respect and kindness.” — Mohanji*

### A SAFE SPACE TO BE HEARD

Launched on 2 November 2025, Friends Lifeline is a free, non-judgmental listening service conceptualized by Mohanji to support individuals experiencing emotional distress. At its heart lies a simple yet powerful intention: to offer presence, compassion, and respectful listening, without judgment, advice, or dependency.

### HUMAN PRESENCE AT THE CORE

Friends Lifeline connects callers with trained volunteers, known as “Mohanji Friends,” who hold space through attentive listening, gentle conversation, and calm presence. Where appropriate, callers may be guided toward additional support resources, always with respect for autonomy and dignity. The service does not replace professional care, but provides a first point of human connection at moments when someone feels alone.

### BUILT WITH CARE, INTEGRITY, AND PROFESSIONAL GUIDANCE

The platform went live with 12 trained volunteers, selected from a pool of over 100 applicants, following two months of intensive training and supervised practice. The training program was led by a multinational team of psychiatrists, psychologists, and psychotherapists, ensuring strong ethical grounding, emotional safety, and clear boundaries.

### PRIVACY, ANONIMITY, AND TRUST

Friends Lifeline operates as an audio-only, anonymous service, designed to protect the privacy of callers and ensure full confidentiality. Support is currently offered in multiple languages, including English, Hindi, and Balkan languages, with plans to expand language availability as training continues. A country-wise referral resource database has also been developed to guide callers toward local support options when needed.



✉ [lifeline@mohanji.org](mailto:lifeline@mohanji.org)  
📱 [friends\\_lifeline](https://www.instagram.com/friends_lifeline)  
🌐 [mohanji.org/friends-lifeline](https://mohanji.org/friends-lifeline)

### EARLY IMPACT AND ONGOING GROWTH

Within its first month of operation, the service received initial calls with positive feedback from callers, affirming the need for such a compassionate listening space. Current efforts are focused on training additional Mohanji Friends, expanding language coverage, and streamlining call setup to ensure ease of access and reliability.

Friends Lifeline stands as a living expression of compassion in action—demonstrating that sometimes the most healing response is not advice or solutions, but being fully present with respect and kindness. In a world facing increasing emotional strain, this initiative offers a quiet yet powerful reminder: no one needs to carry their pain alone.

**To initiate a call or learn more, please contact:**  
[lifeline@mohanji.org](mailto:lifeline@mohanji.org)

# Inner Victory Movement



Launched initially as the Inner Victory Challenge, the Inner Victory Movement is a consciousness-based initiative inspired by the teachings of Mohanji. The movement invites individuals to journey beyond limiting emotions, conditioned patterns, and rigid identities—toward a state of inner stability, clarity, and freedom.

**Grounded in the principles of awareness, acceptance, and self-responsibility, the movement emphasizes inner mastery over emotional reactions rather than suppression or denial.** Through simple yet powerful contemplative practices, participants are encouraged to observe emotions such as anger, fear, attachment, greed, and self-hatred with honesty and neutrality. This gentle observation allows emotions to dissolve naturally through understanding, creating space for balance and inner strength.

Over the course of the year, the Inner Victory Movement engaged a wide and diverse audience—including working professionals, youth, spiritual seekers, and volunteers—through structured, theme-based awareness campaigns, group reflections, and digital outreach initiatives. These offerings fostered safe, non-judgmental spaces where participants could turn inward, observe their inner landscapes, and experience meaningful transformation.










By focusing on inner transformation as the foundation for outer harmony, the Inner Victory Movement continues to nurture emotionally resilient individuals—people who respond to life with clarity, compassion, and balance. In doing so, the initiative quietly but powerfully contributes to the emergence of a more conscious, inclusive, and emotionally mature society.

## INNER VICTORY MOVEMENT PROGRAM

Move from reaction to response — from chaos to calm. **The Inner Victory Project empowers individuals to rise above emotional turbulence through awareness, reflection, and daily practice.** A simple, universal, non-religious path to self-mastery and emotional freedom.

## INNER VICTORY MOVEMENT — CORE TOPICS

These themes are based on inner mastery, awareness, and conscious living, as guided by Mohanji’s teachings. Each week focuses on a different emotion or pattern, gently nudging individuals to raise their awareness and aid them to move beyond limiting patterns.

 Anger	 Jealousy	 Pride
 Desire	 Attachment	 Greed
 Comparison	 Self-Hatred	 Self-Acceptance





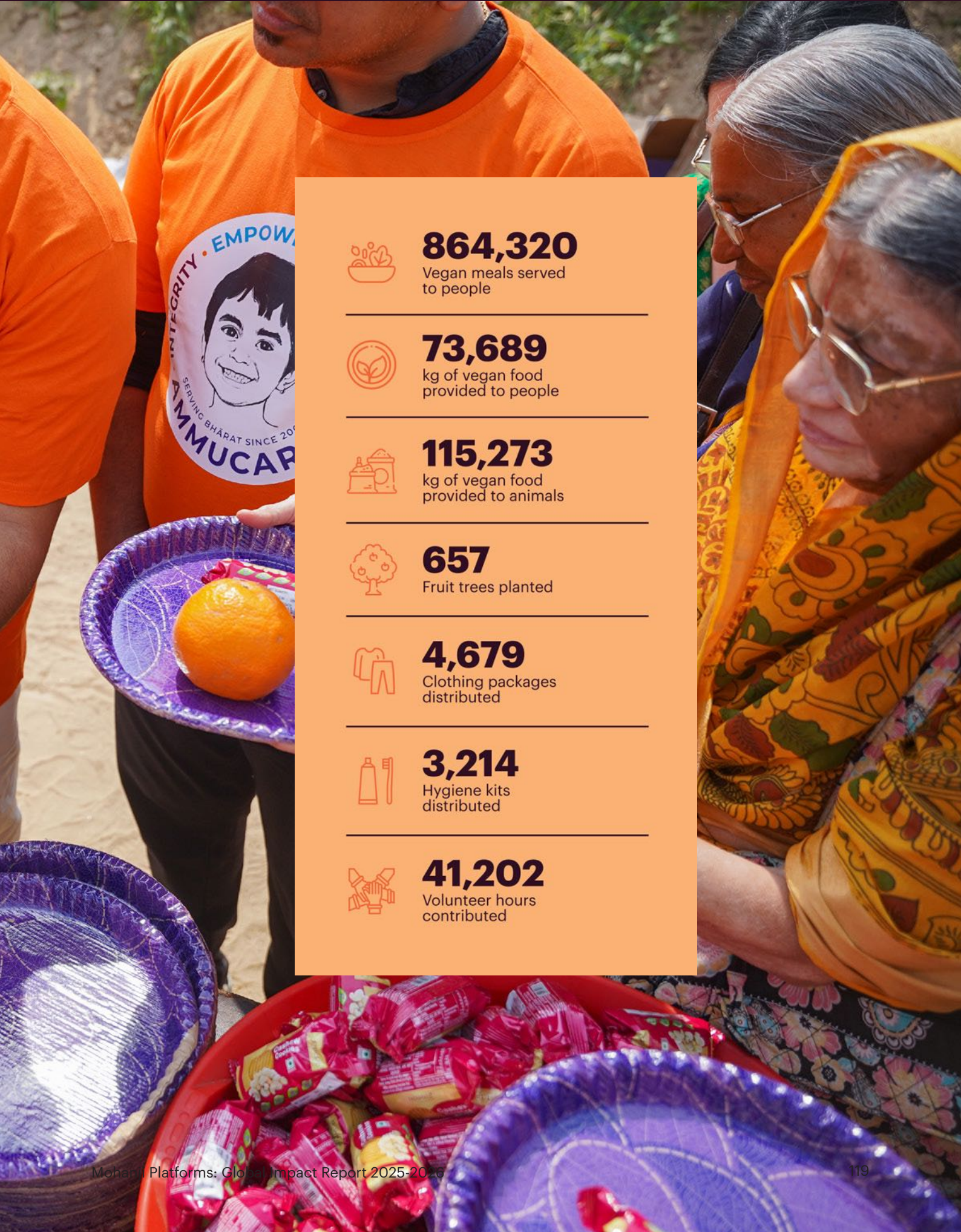
# Mohanji Platforms

**SELFLESS SERVICE  
& EMPOWERING  
SOCIETY**

# Ammucare & ACT Foundation



# 2025 GLOBAL HIGHLIGHTS



**864,320**

Vegan meals served to people



**73,689**

kg of vegan food provided to people



**115,273**

kg of vegan food provided to animals



**657**

Fruit trees planted



**4,679**

Clothing packages distributed



**3,214**

Hygiene kits distributed



**41,202**

Volunteer hours contributed

# Ammucare Charitable Trust



SPREADING **COMPASSION**  
BEYOND BOUNDARIES

*"Together, we can make heaven here. Heaven is born inside us through purity, good intentions, righteous actions, and a clear purpose. Let's do it together."*

—Mohanji



Since 2003, Ammucare Charitable Trust, founded by Mohanji, has been transforming lives through selfless service. From providing food, shelter, and healthcare to empowering

education and skill-building, Ammucare nurtures growth and compassion, inspiring volunteers and donors to contribute to a kinder, more inclusive world.

## Key Initiatives

### MOHANJI KA AANGAN

A beacon of hope for 670 children across India, Mohanji Ka Aangan fosters holistic growth through academics, sports, arts, yoga, and life skills. With 12 centers nationwide, children benefit from live kitchens, digital learning, Taekwondo achievements, and festival celebrations, building confidence through discipline and joy.

### ACT4HUNGER

Ammucare serves humans and animals alike. In the past year, Ammucare has distributed:

- Nourishing meals to over **7 lakh** people
- **91,000kg** of animal food
- **17,000kg** of dry rations

Highlights include the daily annadaan seva at Maha Kumbh Mela for almost 57000 pilgrims, the daily Annakshetralayas in Varanasi, Chitrakoot, and Haridwar, and support to gaushalas and dog feeding points.

### SEVA FOR PILGRIMS AND FESTIVALS

Volunteers provided essential support during Ayyappa Pada Seva, Rath Yatra, Pitru Paksha, Navratri, and Ugadi Pada Seva, serving meals, first aid, water, and care to tens of thousands of pilgrims across India. Each act of service reflects Ammucare's belief that every meal offered is a prayer, and every act of care a blessing.



## MOHANJI HOME FOR SENIORS

Caring for the elderly in Tiruvannamalai, the home ensures health, nutrition, mental wellness, and holistic support. Regular medical care, yoga, physiotherapy, and social engagement create a nurturing environment where seniors feel valued and supported. Expansion plans include enhanced infrastructure, skill programs, and broader societal engagement.

## ACT FOR EMPOWERMENT AND ENVIRONMENT

Ammucare trains women in skills like tailoring, embroidery, and beautician courses, enabling independence. Environmental initiatives include river clean-ups, tree plantations, and sustainable practices, creating awareness and actionable impact.



## ACT FAST ACT NOW

Ammucare's rapid-response teams provided relief to flood-affected communities in Jammu & Kashmir, distributing essentials, blankets, and food, bringing hope to hundreds in crisis.

## GLOBAL IMPACT AND COMMUNITY CONNECTION

Over 22 years, Ammucare has inspired a worldwide community of changemakers. Supporters and volunteers can join via the Annadan App, Friends of Ammucare WhatsApp group, or social media platforms, extending compassion with every contribution.



*“Ammucare is a platform where we all can come together and spread love. Seeing the seva in action fills me with gratitude and motivates me to contribute more.”*

**—Rajani Rajapalli, volunteer**

*“Through seva, we’ve experienced the joy of giving without expectation. Each gesture feels like meditation, connecting us to the divine.”*

**—Pune Team**



Ammucare continues its journey of selfless service—nurturing children, empowering women, caring for the elderly, feeding the hungry, and protecting the environment. Every act, every meal, every initiative reflects the power of compassion to transform lives.

**CONNECT AND CONTRIBUTE**

[www.ammucare.org](http://www.ammucare.org)



# ACT Foundation

## 22 YEARS OF COMPASSION IN ACTION

For over two decades, ACT Foundation has been a beacon of selfless service, spreading kindness across continents. Guided by the belief that hunger, suffering, and need are universal, ACT unites volunteers, donors, and communities to uplift lives, protect animals, nurture nature, and inspire hope—one act at a time.



## Milestones & Programs

### GLOBAL ONLINE SUMMIT

ACT hosted its first-ever online summit, connecting 170+ participants worldwide. With inspiring addresses from Mohanji and President Devi Mohan, the summit celebrated achievements and energized the global volunteer community.

### GLOBAL ONLINE SUMMIT

A signature initiative, the School Meal Program provides hot, nutritious, plant-based meals to underprivileged children:

- **Mexico:** 1,250 meals served in 2 months, expanding to more schools
- **Nepal:** 9,306 meals served; new dining hall built
- **Sri Lanka:** 1,750 meals weekly; school attendance went up for 75%

This program improves health, attendance, and learning, while fostering community participation.

### FOR THE TINIEST HEROES

ACT Serbia's campaign supports the Institute of Neonatology, providing vital medical equipment for premature babies.

### GLOBAL IMPACT SNAPSHOT

From feeding the hungry in South Africa, supporting indigenous communities in Colombia, offering school meals in Peru, to animal care in Malaysia, ACT's presence spans the globe. Volunteers provide essentials, education, healthcare, and disaster relief, transforming lives while building resilient, compassionate communities.

### LOOKING AHEAD

ACT Foundation continues to expand programs, deepen community partnerships, and foster global compassion. Every meal served, every tree planted, every child or animal supported is a step toward a world where kindness, dignity, and hope reach every corner.





# Mohanji ka Aangan

**EMPOWERING** UNDERPRIVILEGED CHILDREN  
WITH DIGNITY, CARE, AND CONSCIOUS GROWTH



Guided by the vision and compassion of Mohanji, Mohanji ka Aangan continued in 2025 as a nationwide platform for the holistic empowerment of underprivileged children, operating under the umbrella of Ammucare Charitable Trust.

Rather than functioning as a conventional welfare program, Mohanji ka Aangan has evolved as a living ecosystem of care and learning—offering children not only support, but belonging, dignity, and a sense of self-worth. Each Aangan serves as a second home: a place where children are seen, nourished, encouraged, and empowered to grow into confident individuals.

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**12 Mohanji ka Aangan Centres**  
**650+ Children**

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## A YEAR OF GROUNDED IMPACT (2025)

Throughout 2025, Mohanji ka Aangan supported approximately 650 children across India, addressing their educational, nutritional, health, emotional, cultural, and creative needs in an integrated and continuous manner. The focus remained clear: consistent presence over short-term intervention, and holistic growth over fragmented support.

## A NATIONWIDE NETWORK OF SAFE SPACES

During the year, Mohanji ka Aangan maintained an active presence across multiple regions, including Delhi Cantonment, Saket (Delhi), Jammu, Mirchiwadi and Badlapur (Maharashtra), North and South Bengaluru, Chennai, Mohanpur, Bagalkot, and Bhubaneswar.

Each Aangan functions as a community anchor, offering stability and continuity for children from underserved backgrounds, and ensuring that care extends beyond classrooms into daily life.

## LEARNING BEYOND THE CLASSROOM

Education at Mohanji ka Aangan is designed to be engaging, experiential, and value-centered. Children across all centres participated in daily informal learn-

ing sessions focused on foundational literacy, numeracy, discipline, values, and emotional awareness.

Learning was enriched through storytelling, group discussions, music, dance, bhajans, and creative arts, allowing children to express themselves freely while developing focus, patience, and confidence.

To further broaden exposure and connection, online creative workshops were conducted throughout the year, bringing together children across locations through activities such as painting, diya decoration, flower making, card creation, and storytelling—strengthening imagination, teamwork and peer bonding.

## NUTRITION AS A FOUNDATION FOR GROWTH

Nutrition remains a core pillar of Mohanji ka Aangan's work. In 2025, live kitchen programmes operated at multiple centres, including Jammu, Saket (Delhi), North and South Bengaluru, Badlapur, and Mirchiwadi, where fresh, nutritious meals were prepared and served daily.

For many children, these meals were not just nourishment, but assurance—supporting physical health, concentration, and emotional wellbeing, and reinforcing the sense of care and security that defines the Aangan environment.



## HEALTH, WELL BEING, AND INNER BALANCE

To support physical and emotional health, medical camps and periodic health check-ups were organised across Aangan centres, enabling early identification of health needs while also promoting hygiene and nutrition awareness.

Overall wellbeing was further strengthened through yoga and mindfulness practices, including the celebration of International Yoga Day across centres. These sessions have helped children develop self-discipline, emotional regulation, inner calm, and body awareness, supporting balanced growth.

## JOYFUL LEARNING THROUGH EXPERIENCE

Recognising the importance of exposure beyond daily routines, picnics and educational outings were organised at various locations during the year. These experiences nurtured curiosity, social interaction, confidence, and joy—allowing children to explore the world beyond their immediate surroundings and build positive memories.

## EMPOWERING EDUCATORS TO EMPOWER CHILDREN

Sustainable impact depends on empowered caregivers. In 2025, teacher training workshops were conducted under a Train-the-Trainer model, focusing on:

- Basic computer skills and digital literacy
- Effective use of digital tools for learning and documentation
- Strengthening communication and outreach

## CULTURE, CELEBRATION, AND BELONGING

Cultural and national celebrations played a vital role in nurturing identity, pride, and values. Festivals such as Raksha Bandhan, Diwali, Dussehra, Lohri, and Guru Purab were joyfully celebrated, alongside Republic Day and Independence Day, fostering unity, respect, and civic awareness.

A major highlight was the celebration of Ammucare Day and the Trust's 22nd Anniversary, observed across Aangan centres with performances, shared meals, and festivities—deepening children's sense of belonging and happiness.



## PARTNERSHIPS AND VISION FOR THE FUTURE

A defining moment of 2025 was the visit of Lena Backer, Chairperson of the GGA Group and The Royal Foundation for Peace (Sweden), to the Delhi Aangan in December. Accompanied by our founder, Mohanji, this rich interaction with the children and the team reinforced global recognition of the initiative's values and long-term vision.



## Overall Impact and Value

In 2025, Mohanji ka Aangan stood as a quiet yet powerful model of child empowerment, delivering:

- Safe and nurturing learning environments
- Daily nutritious meals through live kitchens
- Access to healthcare and preventive support
- Emotional wellbeing through yoga, arts, and awareness
- Creative confidence through workshops, crafts and performative arts
- Cultural grounding and national pride
- Empowered educators and sustainable programme delivery

Mohanji ka Aangan continues to affirm a simple truth:

**When children are given care, dignity, and opportunity, they do not merely survive—they rise, contribute, and shape a better future for all.**





# Mohanj Youth Club

**EMPOWERING YOUTH TO SERVE, LEAD,  
AND RISE WITH AWARENESS**

## FROM INNER STRENGTH TO COLLECTIVE RESPONSIBILITY

Guided by the teachings and vision of Mohanji, the Mohanj Youth Club continued in 2025 as a unified global movement of young people committed to selfless service (seva), inner stability, conscious leadership, and real-world preparedness.

Rather than functioning as isolated regional groups, MYC operated as one interconnected ecosystem, where youth across continents contributed to shared initiatives, learned from common frameworks, and embodied the same core values—compassion, responsibility, courage, and awareness in action.

## A YEAR OF PURPOSEFUL ACTION AND INNER GROWTH

In 2025, MYC demonstrated that youth empowerment is most effective when inner development and social responsibility evolve together. Activities were intentionally designed to strengthen:

- Emotional intelligence and self-awareness
- Practical life skills and crisis readiness
- Compassionate service to people, animals, and the planet
- Leadership rooted in ethics, clarity, and teamwork

Across the year, hundreds of youth participants engaged through workshops, service initiatives, learning programs, and hands-on action—both online and in person.



## SEVA IN ACTION: SERVING SOCIETY WITH COMPASSION

Seva remained a cornerstone of MYC's identity in 2025. Youth translated empathy into action through consistent, grassroots service, addressing real needs with humility and dedication.

Key impact areas included:

- Food distribution initiatives supporting vulnerable individuals, families, pilgrims, and homeless communities
- Educational support, including school supplies and outreach to children and youth
- Animal welfare, from shelter support to long-term feeding initiatives for cows, dogs, and other animals
- Environmental care, including beach clean-ups and fruit tree plantation drives

These efforts were not episodic acts of charity, but regular expressions of responsibility, teaching young people that service is a way of life.



## INNER EMPOWERMENT & LIFE SKILLS FOR YOUTH

MYC places strong emphasis on building inner resilience and practical awareness, helping youth navigate both personal and societal challenges.

## INNER EMPOWERMENT & LIFE SKILLS FOR YOUTH

Youth participated in sessions focused on:

- Emotional freedom and breaking negative patterns
- Gratitude, self-acceptance, and inner freedom
- Goal-setting, mindset elevation, and purpose discovery
- Mental wellbeing and healthy coping mechanisms

These sessions created safe spaces for reflection, dialogue, and self-inquiry—equipping youth with tools they can apply throughout life.



# Crisis Management Project: Youth Prepared for the Real World

One of the most significant initiatives of 2025 was the MYC Crisis Management Project, a global, structured learning journey inspired by Mohanji's guidance.

## PROGRAM HIGHLIGHTS

- A multi-month training framework combining theory, psychology, leadership, and hands-on roleplays
- Expert-led sessions on natural disasters, man-made crises, first aid, communication, and inclusive response
- Collaboration with national disaster management experts and institutions
- Practical drills, simulations, and real-life case studies
- Youth participation across age groups, including specially adapted sessions for children

This initiative empowered youth to move from fear to preparedness, from passivity to responsibility—transforming crises into opportunities for service and leadership.



## YOUTH LEADERSHIP, CREATIVITY, AND COMMUNITY

Beyond service and training, MYC nurtured confidence, creativity, and belonging through:

- Youth festivals celebrating learning, health, creativity, and joy
- Acting workshops, wellness sessions, and fitness challenges
- Art, dialogue, and collaborative activities that strengthened teamwork and self-expression

The Festival of Youth 2025 stood out as a vibrant expression of MYC's spirit—blending learning, play, healthy living, creativity, and friendship into a single, uplifting experience.





## COLLABORATIONS ACROSS GENERATIONS AND PLATFORMS

MYC worked in close alignment with other Mohanji platforms, including:

- ACT Foundation (humanitarian outreach)
- Early Birds Club and EBC Kids (discipline, well-being, and crisis awareness)
- Mohanji Peace Centers and Mohanji Ka Aangan initiatives

This cross-platform collaboration ensured that youth engagement was holistic, connecting service, learning, and spiritual grounding.

## OVERALL IMPACT AND VALUE

In 2025, Mohanji Youth Club demonstrated that when young people are trusted with responsibility, supported with clarity, and guided by values. They naturally rise to become contributors, leaders, and protectors of society.

## LOOKING AHEAD

As MYC moves forward, its direction remains clear:

- Deepen youth leadership and crisis preparedness
- Expand meaningful seva without losing authenticity
- Strengthen inner stability as the foundation for outer action
- Continue building a global youth community rooted in awareness, courage, and service

Mohanji Youth Club stands today as living proof that youth, when aligned with purpose and compassion, are not the leaders of tomorrow—but the responsible custodians of today.



# Early Birds Club

ONE MOVEMENT, THREE EXPRESSIONS,  
ONE INTENTION



*Rising early. Living consciously. Growing strong individuals and future generations.*

Inspired and guided by Mohanji, the Early Birds Club ecosystem brings together adults, regional communities, and children through a shared foundation of discipline, inner stability, conscious living, and compassion in action.

In 2025, EBC evolved as a coherent global movement, expressed through three complementary platforms:

- Early Birds Club (Global)
- Early Birds Club Balkan (Regional Community)
- Early Birds Club Kids (Global Children’s Platform)

Together, they formed a continuum of conscious living across life stages, from childhood to adulthood, spanning individual practice to community rhythm.

## A SHARED FOUNDATION: STABILITY FIRST

Across all EBC platforms, the guiding principle remained consistent: inner stability creates clarity, resilience, and responsible action in the world. EBC focused on:

- Regularity over intensity
- Depth over volume
- Daily discipline over episodic inspiration

This approach allowed participants to integrate awareness into real life, not just program attendance.

**PAUSE & ALIGN:**  
*A Journey to Yogic Stillness & Conscious Action*

With **Ameer Vora**  
Every Monday

**21st July**  
30 minutes -  
Pranayama, Meditation,  
Positive Intention and QnA

LIVE **zoom**

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8:30 AM EST | 5:30 AM PST |  
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Pranayama and  
Light Yoga + QnA

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## EBC (Global): Structured Inner Growth for Adults

In 2025, the global EBC platform delivered a rich range of holistic daily and weekly practices supporting emotional balance, mental clarity, physical well-being, and conscious lifestyle choices.

### FLAGSHIP MILESTONE: AWAKEN YOUR ABUNDANCE

7 months · 7 themes · One transformational journey

Based directly on Mohanji's teachings and Raja Yoga principles — the themes progressed from stability and adaptability to purpose, connection, insight, peace, and serenity, allowing participants to move through a carefully designed inner evolution rather than isolated practices.

Throughout the journey, participants experienced an Integrated approach that included:

- Yoga Nidra (subconscious alignment)
- Yoga, pranayama, journaling, visualization, contemplation

- Ayurveda-based nutrition guidance
- Monthly Mohanji meditations led by Acharyas
- Inspirational interviews with prominent voices from the Mohanji ecosystem

The program achieved 70% participant retention across all seven months.

This continuity translated into Strong testimonials reflecting reduced anxiety, increased motivation, and lived experience of abundance.

### ONGOING ANCHORS

- **Weekend Wellness Routine:** year-long weekly yoga rhythm supporting stress reduction, flexibility, and community bonding
- **Mental Health Awareness Series:** expert-led sessions addressing stigma, emotional resilience, and self-respect
- **Conscious Eating Club:** a 16-week Chaturmass-aligned program expanding conscious consumption beyond food—into habits, thoughts, and daily choices



## EBC Balkan: Community and Stability through Consistency

The Early Birds Club Balkan embodied EBC's philosophy at a regional, small-group level, prioritising accessibility, continuity, and personal connection.

### 2025 SNAPSHOT

- Guided Morning Routines delivered consistently across 12 months
- Evening Relaxation Sessions supporting stress release and rest
- Book Club and English Classes fostering learning, inclusion, and reflection
- Seasonal wellbeing programs and health-awareness initiatives
- All programs delivered online with recordings available

By maintaining small, steady groups, EBC Balkan created spaces where participants felt seen, supported, and personally guided. Team expansion and new board members strengthened internal sustainability, while alignment with the EBC Kids platform extended support to families and multiple life stages.

## EBC Kids: Building the Next Generation of Conscious Leaders



Early Birds Club Kids continued in 2025 as a global values-based community for children aged 5–12, with participants from 27 countries.

### CORE FOCUS

- Emotional stability, discipline, and self-confidence
- Kindness, compassion, non-violence, and leadership
- Early rising, gratitude, movement, and reflection
- Alignment with global responsibility and the UN SDGs

### KEY MILESTONES

- Children's book release (Mohanji with Kids – Discover Yourself) capturing Mohanji's direct guidance for children

- Activity cards, creative merchandise, and quote posters integrating values into daily life
- Weekend workshops with structured morning and night routines
- Concentration practices given directly by Mohanji
- Ignite the Spark global interaction (≈45 children + parents) offering direct guidance on focus and confidence
- ParentWise expert sessions supporting parents in nutrition and emotional well-being

A major step toward embodied learning was the preparation for AWAKEN, the first in-person EBC Kids retreat with Mohanji, centred on self-confidence and inner strength.

## One Ecosystem, One Flow

What unites all EBC platforms is not content, but culture:

- Discipline without pressure
- Structure with warmth
- Freedom grounded in responsibility

In 2025, Early Birds Club demonstrated that daily conscious habits—held consistently and shared in community—can quietly reshape lives. From children learning gratitude, to adults rebuilding inner stability, to regional groups sustaining rhythm and belonging, EBC functioned as a living laboratory of conscious living.

### OVERALL SIGNIFICANCE

The Early Birds Club ecosystem stands today as a global, inclusive, and scalable model for inner transformation:

- EBC Global supports adult stability and lifestyle alignment
- EBC Balkan nurtures community cohesion through regular practice
- EBC Kids builds strong inner foundations for future generations

Together, they reflect a simple yet powerful truth at the heart of Mohanji's teachings:

**When we rise early, live consciously, and act with awareness, we don't just improve our lives—we contribute to a better world.**

**AWAKEN YOUR ABUNDANCE**

**AYA SERIES**  
**EPISODE 5 - PART 1**  
**LOVE & COMPASSION**

IN CONVERSATION  
 WITH  
**DEVI MOHAN**

**EARLY BIRDS CLUB**

**AWAKEN YOUR ABUNDANCE**

**AYA SERIES**  
**EPISODE 6**  
**FIND YOUR VOICE**

IN CONVERSATION  
 WITH  
**YELENA FASSBENDER**

**EARLY BIRDS CLUB**





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## Mohanji Platforms

**PRESERVING  
CULTURE AND  
TRADITION**

# Himalayan School of Traditional Yoga



Himalayan School  
of Traditional Yoga

## HSTY MARKS THE 11TH INTERNATIONAL YOGA DAY WITH A GLOBAL CELEBRATION

Guided by the timeless wisdom of traditional yoga and inspired by the universal theme “Yoga for One World, One Health,” the Himalayan School of Traditional Yoga (HSTY) celebrated the 11th International Day of Yoga (IYD) with a global initiative. An Associate Centre of the Indian Yoga Association, HSTY conducted an expansive program spanning from May 3 to June 21, 2025, bringing the transformative power of yoga to communities across continents. All sessions followed the Common Yoga Protocol of the Ministry of AYUSH and were offered free of charge, expressing HSTY’s unwavering commitment to selfless service, inclusivity, and holistic

## GLOBAL WELLNESS MOVEMENT

The scale and reach of the celebration reflected yoga’s growing global resonance. A total of 32 sessions were led by 20 certified teachers and dedicated volunteers, engaging more than 1,000 participants across 14 countries and five continents. Sessions were conducted both online and in person, reaching a wide and diverse audience that included children, adults, seniors, women, students, and community groups.

Countries that participated in the global celebration included India, the United States, Croatia, Serbia, Bosnia & Herzegovina, Montenegro, North Macedonia, the UAE, Qatar, Australia, Slovenia, South Africa, and Singapore. Yoga sessions were hosted in a variety of settings, schools, kindergartens, community centers, temples, and even military academies, demonstrating yoga’s adaptability and universal appeal.



## SERBIA: A FESTIVAL OF UNITY THROUGH YOGA

One of the most significant highlights of the celebration was the Yoga Festival in Serbia, co-organized with Mohanji Serbia and the Indian Embassy in Belgrade. The festival was inaugurated by Indian Attaché Mr. Amit and brought together multiple yoga schools on a shared platform, fostering collaboration, unity, and mutual respect within the yoga community. The event stood as a powerful example of yoga's ability to bridge cultures and bring people together through shared values.

## INDIA: NURTURING YOGA AMONG THE YOUTH

In India, HSTY placed special emphasis on youth engagement, conducting large-scale yoga sessions in schools and academic institutions. The largest live session was held at Banaras Hindu University (BHU), bringing together cadets, officers, civilians, and dignitaries in a powerful collective practice.

Additional sessions were conducted at the Waldorf School in Bengaluru and DLF Public School in Sahibabad, reinforcing HSTY's mission to introduce yoga at an early age and integrate it into everyday life as a foundation for physical, mental, and emotional well-being.

## CROATIA: GROWING PUBLIC PARTICIPATION

In Croatia, public participation was particularly strong. In Zagreb, more than 120 participants attended a public yoga session organized by the Indian Embassy. In the city of Pula, H.E. Mr. Arun Goel, Ambassador of India to Croatia, addressed students and participants, highlighting the importance of yoga as a daily life practice for balance, health, and inner harmony.



## MEDIA RECOGNITION AND OUTREACH

The global celebrations received extensive media coverage, amplifying the message of yoga far beyond the practice spaces. Coverage included radio interviews in Croatia and the United States, as well as print and online media in Croatia. In India, several television channels featured the events, including BHU Channel, Star Max, Shaurya News, Den Kashi, News247hrs, and Purvanchal Rajya, bringing the spirit of International Day of Yoga to a wider audience.

## YOGA BEYOND A DAY: ONGOING INITIATIVES IN 2025

HSTY's commitment to yoga extends well beyond International Day of Yoga. Throughout 2025, the organization continues to offer regular programs across the world. In Bosnia & Herzegovina, ongoing yoga sessions support senior citizens, while in Texas, USA, regular classes for women and seniors remain a cornerstone of community wellness efforts.

In the Dallas-Fort Worth area alone, HSTY has dedicated approximately 312 service hours, conducting yoga sessions at senior centers, community organizations, temples, youth groups, and cultural events. Activities included World Yoga Day celebrations, Women's Day programs, two Women's Weekend Yoga Retreats, and community outreach through Radio Biryani, strengthening partnerships and promoting holistic well-being.

In India, regular children's yoga programs continue to nurture young minds, while Dubai marked the launch of regular yoga classes in 2025. Alongside these initiatives, HSTY is strengthening its foundations through volunteer





# Himalayan School of Traditional Dance



## HSTD 6TH ANNIVERSARY: CELESTIAL ALIGNMENTS AMPLIFY CELEBRATION OF SIGNIFICANT SIX

2025 marked a significant milestone as The Himalayan School of Traditional Dance celebrates six years of devotion through dance.

HSTD took its first steps in its quest to propagate the traditional dance forms of Bharat to the world at large on Jan 29, 2020. The auspicious beginning took place in Arunachala in the presence and under the aegis of its founder Brahmarishi Mohanji. As we complete six years of our existence, we express our deep gratitude as we have grown from strength to strength riding the wings of grace of our peerless master, Mohanji, and the untiring efforts of the core team at HSTD under the passionate leadership of the Artistic Director, Radha Subramanian.

**For HSTD, the year commenced with Shivo-  
ham, a powerful offering presented during  
Mohanji's 60th birthday celebrations at the  
Kumbh Mela. Choreographed with great art-  
istry by HSTD Director Radha Subramani-  
an and global member Sathya Shivakumar,**

the production brought to life the many magnificent aspects of Lord Shiva. The dancers - students of HSTD from India, US, Serbia, UAE and Europe - rehearsed this production with complete dedication through an entirely remote setup for over five months. They came together for just one in-person practice before stepping onto the grand stage. When the performance concluded, there was thunderous applause from the audience with requests for an encore!

2025 is also a landmark year for HSTD's core team at a personal level. HSTD's Artistic Director Radha Subramanian and global member, Sathya Shivakumar along with their parents Smt. Lalitha Subramanian and Sri V Subramanian, inspired by their blessed association with Mohanji since 2015, co-authored 2 volumes of books titled "Magical Moments with Mohanji" (Vol 1 and Vol 2) that have elaborately captured their personal experiences with the Master and how Grace has operated from the time Mohanji entered their lives.





## GLOBAL EXPANSION: HSTD'S PERFORMANCES ACROSS CONTINENTS

2025 marked another stellar year as HSTD students continued to enthrall audiences worldwide with their creativity and passion for dance through their nuanced performances, mindfully choreographed and trained by their teacher, Radha Subramanian, in various programmes that commemorated significant Indian festivals and holidays. In all, the team delivered over 25 thematic performances across the US, Serbia, Croatia and India, highlighting the cultural richness of Bharat.

## FROM AYODHYA TO THIRUVARUR: HSTD'S BHARATH DARSHAN 2025

Each year, HSTD's core team joyfully explores the sacred heritage of Bharat, bringing the spiritual grandeur of ancient temples and monuments to our global community.

In 2025, the journey spanned several power centers - beginning with Ayodhya Dham in January, Prayag Raj during the Kumbh Mela in February, and the divine Kataragama temple (Dakshina Kailasam) in March, a special trip graced by Mohanji's presence. The serene Jyotirlinga Kshetra of Jageshwar Dham and the sacred Mahavatar Babaji caves in Ranikhet offered profound experiences. The team also visited Lord Muruga's abodes at Pazhani and Tiruchendur in September and October. The year concluded with a blessed visit to the majestic Thiagaraja Temple in

Thiruvavur, where the sacred Mukunda Archana was performed - celebrating Lord Shiva's mystical Ajapa Natanam - an eternal dance cherished by Lord Vishnu Himself. Each of these performances is captured for eternity on our channels for the benefit of passionate seekers around the world and furthers our founding purpose of expanding the reach of the richness of Sanatana dharma across the globe.

## PRESERVING THE ARTISTIC AND SPIRITUAL HERITAGE OF BHARAT

Students continue to learn through the consciously curated courses to experience awareness, alignment and devotion through dance and workshops. These sessions are designed to bring together not only the cultural richness, breadth and nuances of this art form through great classical works, but also to encourage students to explore their own highest expression for inner transformation. Several of these students have started pursuing advanced-level courses this year.

“

Dance is the nature of the universe,  
Dance is our breath in and out,  
Dance is bliss, dance is beauty,  
Dance is Shiva and Shakti  
May we become the dance!”



# Vedic Kids



## NURTURING **TIMELESS** **VALUE** IN YOUNG HEARTS

Vedic Kids is a free, global online program for children aged 5 to 17, created to share the ancient Vedic wisdom of Sanātana Dharma in the interest of nurturing values, ethics, and conscious living in young

minds. Rooted in tradition yet accessible to today's generation, the program offers children a meaningful connection to spirituality through learning, practice, and joyful participation.



### PROGRAM HIGHLIGHTS

One of the proud milestones for Vedic Kids was the Invocation by Vedic Kids for Mohanji's Global Program, where children were given the sacred opportunity to offer the opening prayers for Mohanji's first Empowered program.

Storytelling became a living experience through "Storytelling with Grandpa Unni," where tales from the epic Ramayana were shared and performed live on Facebook, bringing the ancient wisdom of these stories to life for young audiences.

Children were also introduced to Stories from the Dashavatar with Ms. Tulika Singh, helping them understand divine incarnations in a simple and engaging way.

To support families and learners, orientation sessions were conducted for parents and children, introducing them to the Vedic Kids curriculum. New basic and intermediate batches were launched with dedicated teachers guiding the journey.

Festivals were celebrated with joy and devotion through online live performances, marking Ganesh Chaturthi, Krishna Janmashtami, Navaratri, Diwali, and Gurupoornima, allowing children to express devotion creatively and collectively.

A special highlight was the Vedic Kids stage program at the Shirdi Sai Temple, Palakkad, Kerala, where the children were appreciated and honored by the Chief Priest of Shirdi Sai Temple. The event was streamed live on Facebook, marking a proud and memorable moment for the Vedic Kids community.

## VOICES OF THE CHILDREN

*“After I joined the Vedic Kids classes, I learned the real beauty of spirituality, and I also got to know about many mantras that I used to like before. Now I chant them with awareness of their meaning. I learned many practices—chanting new mantras, doing small exercises, and following new timetables and routines. After practicing such discipline in life, I started feeling a happiness that I never used to feel before...”*

— **Sreeshant, 14 years**

## REFLECTIONS FROM PARENTS

*“Our association with Vedic Kids has been very fulfilling. In this virtual world, it provides an avenue for children to experience Gurukul-style learning of ancient Indian tradition and knowledge. It is not only a joyful experience for kids to interact and exchange thoughts on sacred Indian traditions, but it is also shaping their personalities in the long run. Special appreciation and gratitude to all the teachers for their tireless efforts and energy in building consciousness in children, especially during these challenging times.”*

— **Neeharika, mother of Pradyumna, 6 years**

*“Ever since Khyati joined Vedic Kids, she has moved step by step towards becoming well-versed in chanting shlokas. She has shown tremendous interest in chanting mantras daily and never misses her morning and evening prayers. The classes have helped her build character and discipline.*

*Learning shlokas with meaning has broadened her understanding and deepened her connection while reciting. The structured way of teaching, with emphasis on pronunciation and perfect tuning, has strengthened her interest and confidence. Practicing regularly is helping her shape her personality day by day. The Vedic Kids platform has also provided her with opportunities during festivals to learn about their significance and showcase her talent.”*

— **Anoosha, mother of Khyati, 9 years**



# Gurulight



A COLLECTIVE JOURNEY OF  
AWAKENING AND UNITY



## Gurulight Travels

Gurulight Travels designs and delivers thoughtfully curated spiritual, cultural, and wellness journeys that enable seekers to connect deeply with sacred traditions while remaining grounded in lived experience.

### SACRED DESTINATION PACKAGES

Gurulight's sacred destination packages allow seekers to walk ancient paths and experience living power centres rooted in the spiritual richness of Bharat. These journeys include Kailash, the Himalayas, and Pancha Kailash (India); the 12 Jyotirlingas; the 8 Temples of Vinayaka; the 6 Sacred Abodes of Lord Murugan; temples of Krishna, Shiva, Vishnu, and Narasimha; the Pancha Bhoota Temples of South India; sacred river and holy bath circuits; as well as pilgrimage trails of Sai Baba, Lord Rama, Krishna, Shiva, Karthikeya, and Ganesha.

### PROGRAM HIGHLIGHTS

Gurulight offers personalised spiritual experiences for private parties and groups, designed to align with individual aspirations and inner callings. These include tailored temple visits, special poojas, and customised rituals, mindfully curated to support personal spiritual growth.



## GROUP PROGRAMS AND WELLNESS RETREATS

Group programs and wellness retreats offered by Gurulight integrate spiritual practice with conscious living. They include Mohanji-guided pilgrimages and retreats, wellness journeys for spiritual and mental rejuvenation, yoga and wellness retreats in nature-rich environments, and holistic therapies offered in collaboration with reputed wellness experts.

### CULINARY AND CULTURAL TRAILS

Celebrating food and culture as expressions of consciousness, Gurulight curates culinary and cultural trails across India that explore regional cuisines, traditional cooking techniques, local markets, and cultural food practices, allowing participants to experience the deeper philosophy and heritage behind India's diverse culinary traditions.



## Programs & Pilgrimages — Living the Path

Gurulight's programs reflect deeper focus, clarity of intention, and alignment with living spiritual traditions. Each offering is designed as a transformational inner journey.

### DIVINE TRAILS OF CHITRAKOOT — APRIL 2025

Set during the sacred period of Ram Navami, this pilgrimage was planned as an immersive journey into the living essence of Ram Tattva - the eternal principles of dharma, devotion, sacrifice, and righteous living embodied by Lord Rama. The pilgrimage involved visits to Lord Rama's sacred spaces in the forested heart of Chitrakoot - Ramghat, Kamadgiri Parikrama, Sati Anusuya Ashram, and Gupt Godavari - where Lord Rama, Sita, and Lakshmana spent a significant part of their exile. The retreat participants experienced deep silence, as they were drawn inward, immersed in the deep environment of bhakti.

### THE MAHA KUMBH AT PRAJAGRAJ — 13 JANUARY - 26 FEBRUARY 2025

Gurulight was intricately involved in facilitating the registration and programs at the Mohanji Village at the Maha Kumbh at Prayagraj. The Gurulight stall served as a welcoming space for all seekers, offering each of them branded merchandise such as bottles, bags, caps, and T-shirts - each carrying a message of simplicity, awareness, and conscious living.

For those who felt inspired to deepen their pilgrimage, Gurulight also facilitated short journeys to Varanasi, enabling participants to extend their spiritual exploration beyond Prayagraj. Rooted in service and accessibility, Gurulight's presence at the Maha Kumbh reflected a commitment to supporting seekers on their inner and outer journeys, through both practical support and meaningful connection.

### DIVINE TRAILS OF SAI BABA — SHIRDI, 16 - 25 DECEMBER 2025

The Divine Trails of Baba pilgrimage was an immersive journey into the life, teachings, and living presence of Sai Baba of Shirdi. With Mohanji's guidance and inspiration, participants were able to experience Baba as a living, guiding consciousness. The program continued into a special weekend with Mohanji

where participants went through intense purification through transformative processes, homa and meditations. The satsangs with Mohanji answered every seeker's deep questions, leading them to self-connection.

## UPCOMING PILGRIMAGES

Gurulight is excited to curate new pilgrimage programs - the Divine Trails of Ganesha and the Divine Trails of Ganeshpuri in February 2026. The first program leads participants through the revered Ashtavinayak Circuit—the eight sacred abodes of Lord Ganesha spread across Maharashtra. While the Ganeshpuri Trails program offers a deep immersion into the powerful Siddha field of Bhagawan Nityananda and other Masters in the adjoining areas.





## Gurulight Rituals

Gurulight continued its tradition of facilitating sacred homa rituals (fire ceremonies) for seekers around the world. Highlights included the Navratri 2025 Homa Fire Ceremony, held on Parashurama Jayanti (29 April 2025) and Akshaya Tritiya (30 April 2025), where powerful offerings were made on behalf of participants to support transformation, protection, prosperity, and well-being. Navratri Homa during the auspicious Navratri period enabled seekers to connect with the Divine Mother's energy through sacred fire offerings. These homas provided participants with meaningful opportunities to engage with ancient Vedic practices, even through remote participation, deepening their spiritual journey and intent.

Additionally, the auspicious Datta Jayanti Homa was observed on 4 December 2025, honouring Lord Dattatreya - the Adi Guru - with fire rituals and collective chantings that supported spiritual journey and blessings. These rituals, whether offered individually or collectively, provided focused opportunities for spiritual intent and engagement with ancient sacred traditions.

## PITRU PAKSHA RITUAL — 7 - 21 SEPTEMBER 2025

During the auspicious Pitru Paksha period, Gurulight facilitates ancestral rituals at sacred locations including Gokarna, Kashi, Prayagraj, Gaya, and Puri, to honour and express gratitude to the lineage and support ancestral peace and elevation.

Complementing these observances, Annadaan initiatives are conducted under ACT4Hunger across power centres such as Haridwar, Rishikesh, Varanasi, Shirdi, Gokarna, Tiruvannamalai, Tiruchendur, and Ganeshpuri.

## Publications & Products

Gurulight's commitment to disseminating transformative wisdom through publications and conscious products is reflected in the clarity, depth, and authenticity of each item, ensuring that timeless spiritual wisdom remains accessible, relevant, and impactful for contemporary seekers worldwide.

### NEW RELEASES

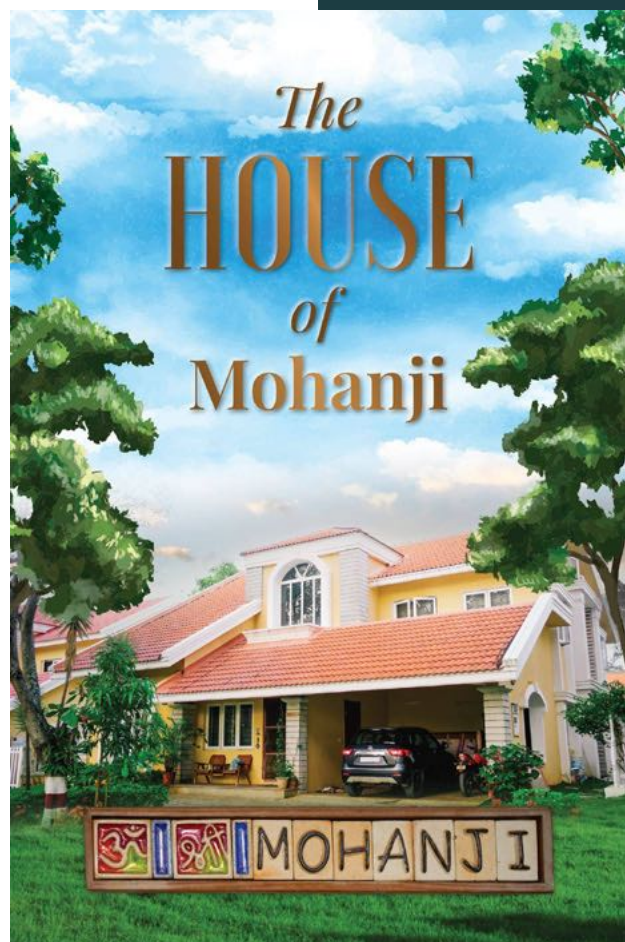
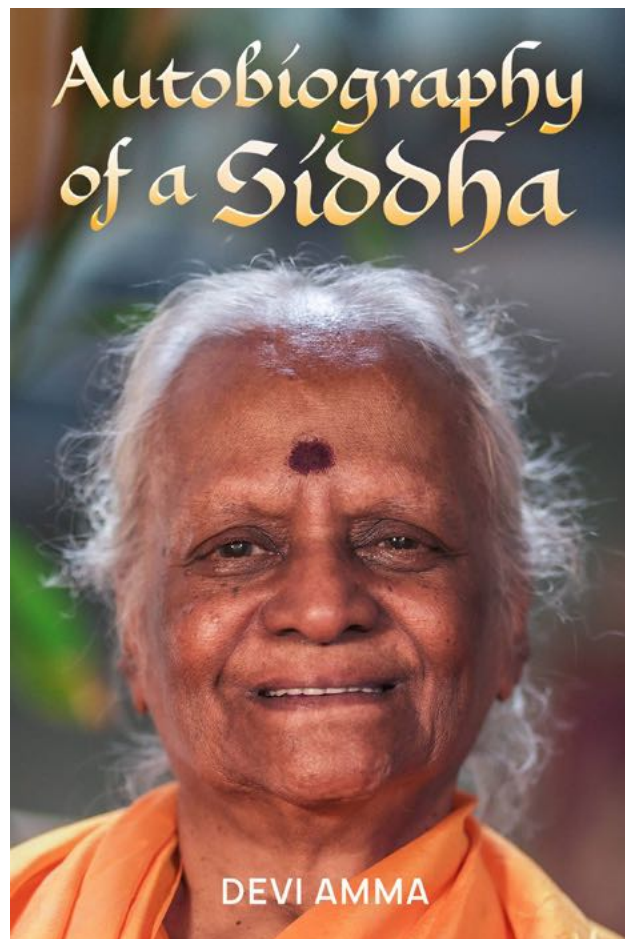
In 2025, Gurulight introduced a range of new publications exploring spirituality, self-awareness, conscious living, relationships, parenting, personal transformation, and lived experiences with the Masters. The following new books were released:

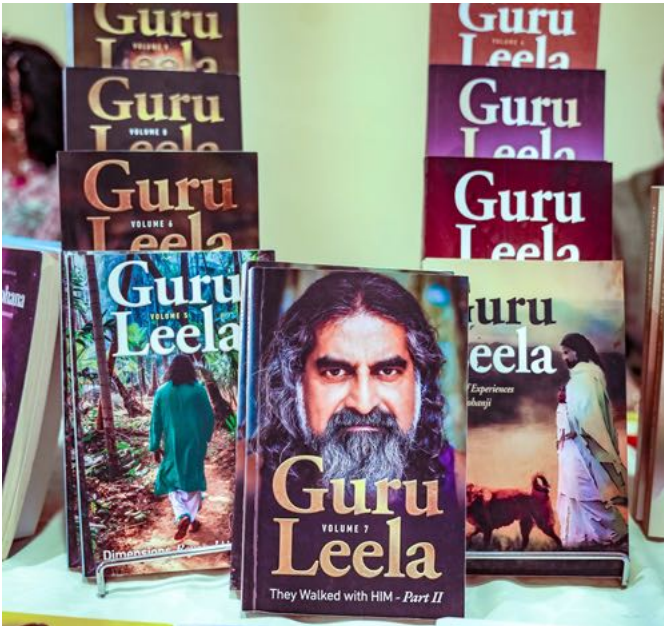
- Autobiography of a Siddha by Devi Amma
- The House of Mohanji
- Guru Leela 8 – Mohanji Transforming Lives
- Guru Leela 9 – Unit as Universe: Naturally Multidimensional
- In the Eye of the Beholder by Kannaiah
- Truth from the Heart by Monika Nedic
- Grace of Protection – Lessons in Liberation: My Journey with Mohanji by Hanumatananda
- I Am Mohanji by Mamta Ganagaramani
- Magical Moments with Mohanji, Volumes 1 & 2 by V. Subramanian, Lalitha Subramanian, Sathya Shivakumar, and Radha Subramanian

### TRANSLATIONS

In alignment with its global vision, Gurulight continues to expand the reach of its publications through translations into multiple international languages. The following books were translated in 2025:

- BABA: Mohanji and Masters (Bosnian, Portuguese)
- Guru Leela I: Pearls of Experiences with Mohanji (German, Malayalam)
- Guru Leela II: Flowers of Gratitude to Mohanji (Slovenian)
- Guru Leela III: Grace That Heals (Slovenian)
- JagaMohana – The Oneness of Divinity (Malayalam)
- Mast – The Ecstatic (Bangla, Portuguese)
- Miraculous Days with Mohanji (Hindi, Marathi)
- The Power of Purity (Arabic, Bosnian, French, Italian)





## Looking Ahead

With growing participation and deepening engagement across programs, Gurulight remains committed to transforming visits into timeless spiritual experiences. Anchored in clarity, compassion, and conscious action, we move forward with renewed dedication - expanding our offerings, strengthening our global spiritual family, and continuing to unravel the rich spiritual tapestry of Bharat for seekers across the world.

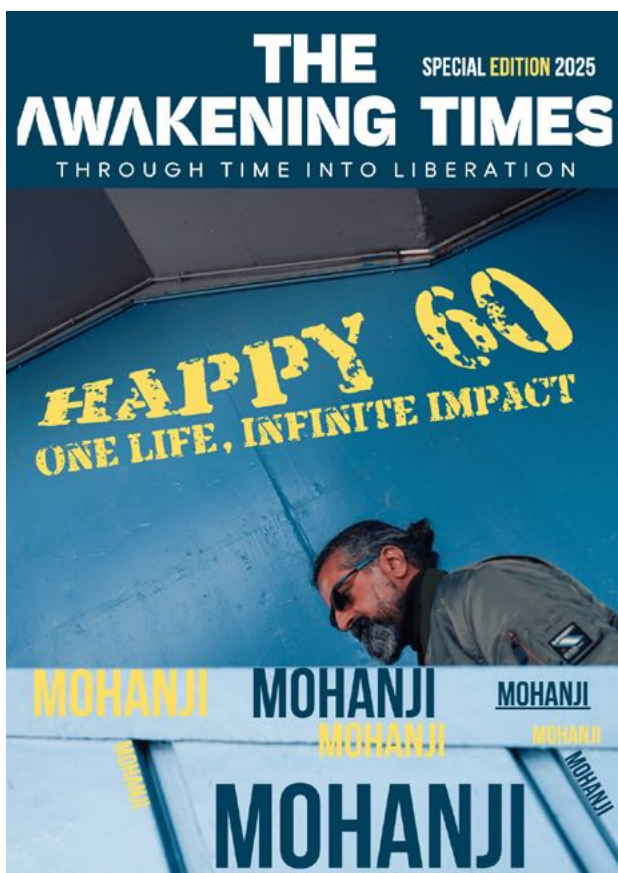


# The Awakening Times

EXPLORING CONSCIOUSNESS,  
SOCIETY, AND THE FUTURE

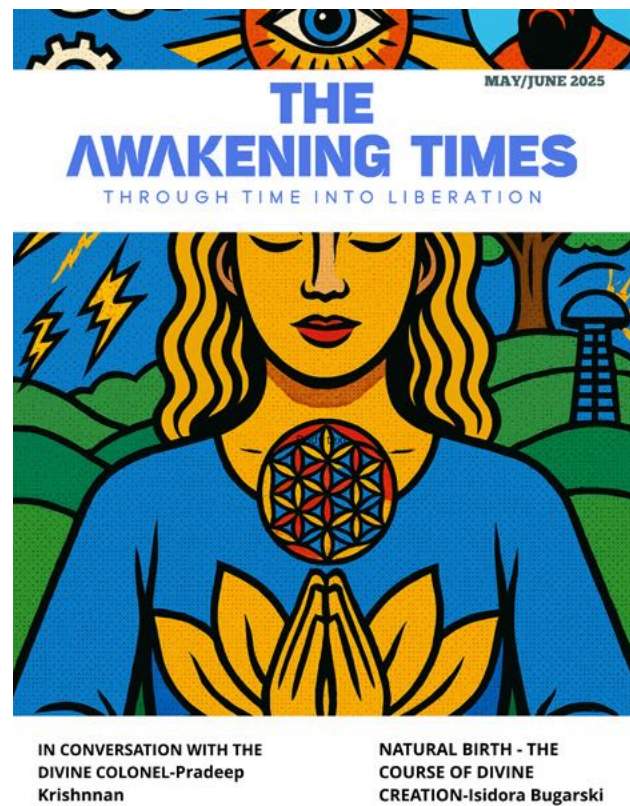
Awakening Times Magazine is a thought-provoking publication dedicated to exploring how our inner world—our thoughts, emotions, and awareness—shapes the reality we live in. Reaching a global audience of conscious readers, the magazine delves into the intersections

of society, technology, spirituality, and humanity's future with clarity, depth, and insight. Its distinctive voice combines inquiry, discernment and accessibility, offering engaging stories and compelling articles that challenge conventional thinking while inspiring transformation.



## A DIGITAL EVOLUTION

In recent months, Awakening Times has undergone a significant digital evolution. The magazine launched a comprehensive website update featuring a fresh, modern design and expanded functionalities that support video and audio content. New advertising and partnership opportunities now allow the publication to connect even more meaningfully with a global conscious audience.



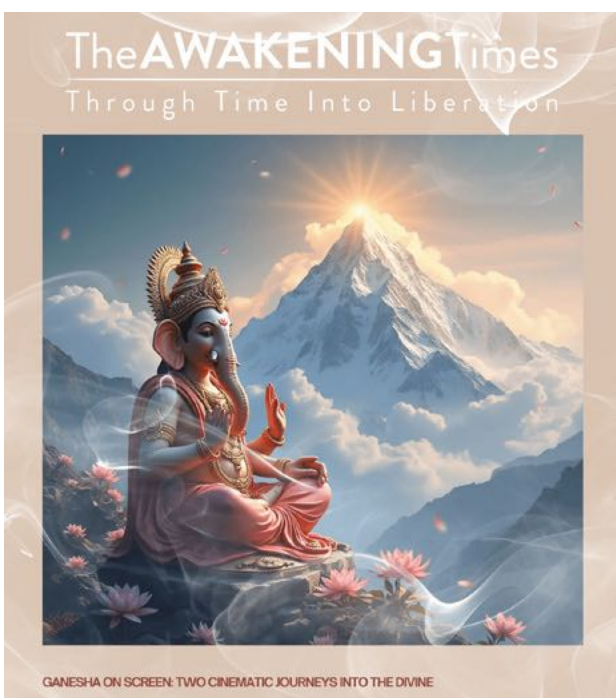
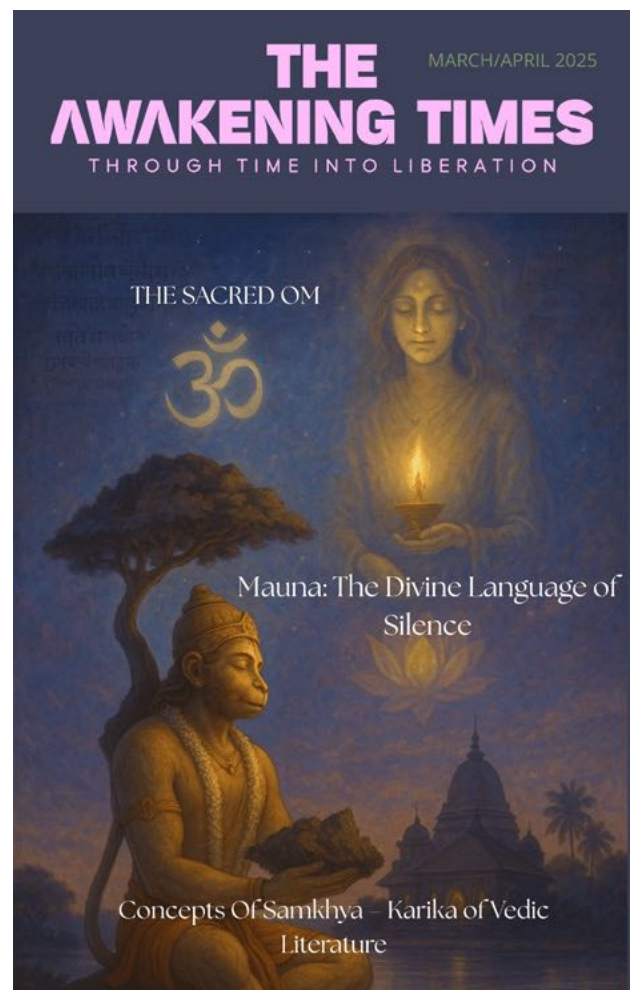
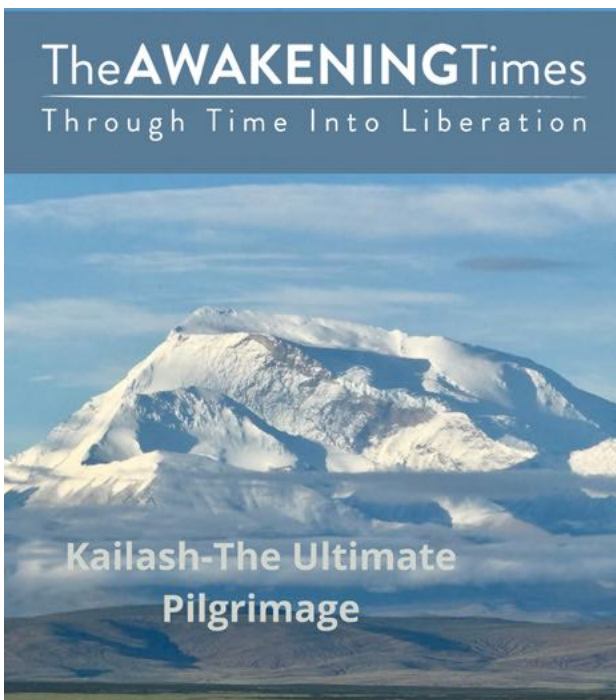
## EXPLORING THE WORLD'S SACRED SPACES

Alongside its digital growth, Awakening Times has published dozens of in-depth articles on renowned spiritual destinations across India and the world. From ancient temples to living traditions, the magazine provides readers with authentic insights, bridging travel, culture, and consciousness in a way that invites reflection and personal growth.

## COLLABORATING WITH CONSCIOUS INITIATIVES

Awakening Times continues to actively support conscious events and initiatives. Recent highlights include its involvement with the Celebrate Life Festival, organized by ACT Foundation Croatia, as well as ongoing collaborations with festivals and organizations

that promote awareness, ethical living, creativity, and global connection. Through these partnerships, the magazine reinforces its mission of connecting, inspiring, and informing a worldwide community of mindful readers.



— The —  
**AWAKENING TIMES**  
 THROUGH TIME INTO LIBERATION





The Road  
Ahead  
2026

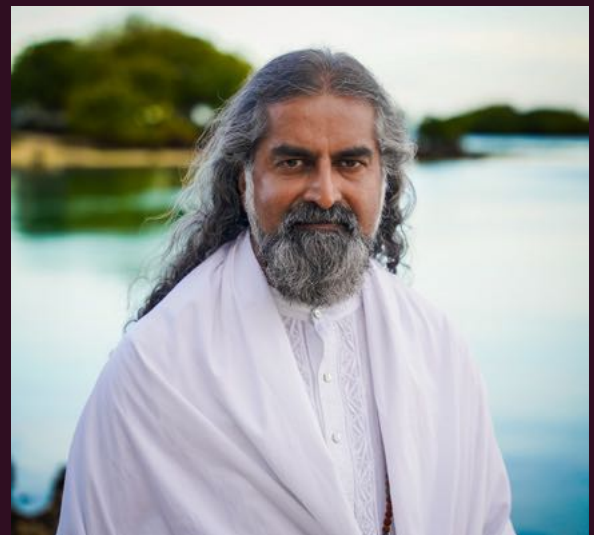
# The Road Ahead

A MESSAGE FROM **MOHANJI**



## MOHANJI'S NEW YEAR MESSAGE 2026

I wish all of you a great fulfilling New Year. I wish you great health and great purpose in life. May you shine bright as beacons of light unto this world for bringing forth kindness, compassion and righteousness into the hearts of people. Let's mend the eyes of the hearts of people and make them see the presence of love in the world. Express kindness, express compassion, and try to recreate humankind as kind humans. That would be a great legacy to leave behind from this life. Happy New Year!



## TIME IS THE CURRENCY OF LIFE

A new year is just a milestone. It's just days.

We are here for about thirty thousand days, and we are using the year as a milestone to remember how much distance we have covered. But I would still count days. Days are important to remember because each day lost is lost forever. Each hour lost is lost forever because **time is the money of life.**

When we remember that time is the money of life, every hour matters, every moment matters. So even though we wish the New Year, I would like to bring to your awareness again and again, that **every day lost is a precious day lost. We have to live. We should live fully, we should live completely.**

While we are here on Earth, we should be fulfilled by doing the things that we want to do on Earth so that we don't come back. We are here already. We have brought enough currency, i.e. time, when we took birth, and that's sufficient to complete and fulfill our karmic plan. Each day reveals new things, and that's exactly what you have ordered. We wouldn't know because we do not know what we ordered before we came. Yet, time brings you those things at its specific juncture all through your life until your death. This is something we should remember.

## THE GLORY OF SELF-ACCEPTANCE

I have never complicated my teachings or my suggestions. I have always maintained that **self-connection is the most important connection in your lifetime.** So, how do you reach there? Through self-acceptance - i.e. accepting whatever time brings you because you ordered it at some point in time. Nothing comes by surprise. Every situation, every feeling, every emotion, every notion - all these things are brought or ordered karmically. We have collected them, and we have asked for them in this life, because we could not complete them in that life.

**Self-acceptance is very important.** And accepting life as it unfolds is also equally important. That will give you **self-awareness - awareness of who you are - basically your energy and matter together.** You'll start feeling that energy in matter more, and that will give you much more fulfillment. "Oh, I am the energy that's walking and talking through this body. This is what we are, and this is what all things are!" With this awareness - that everything around you is made up of the same things: energy and mat-

ter - arises, we will start to love everything. We will realise that they are all walking, talking energy bodies like us. And we would start feeling them, seeing them. We will start seeing the glory of their expressions, the love aspect in everything. We will not have a problem to share because they are just like us. We are not separate from anything, except in our minds. **So this year should begin with full awareness that we are energy and matter combined.**

## LET LOVE BE YOUR LEGACY

Go into the world and show you are love - prove your love to the world. Do not go to the world with the garbage that you have picked up, such as anger, hatred, jealousy, revenge. All those things diminish you. **Then go back home to honour your loved ones and respect them, because they are the treasure which you have acquired in a lifetime.**

We may not love everybody, everybody may not love us. That's okay. Because frequency has to match for love to happen in some occasions. But we can choose to love everybody and ignore those who do not love us. That helps us to maintain a healthy mental state, state of mind.

I belong to the world. And that's how I have positioned myself in the world. I hardly ask anything from the world. So, I'm never experiencing deficiencies. When you need a lot of things from the world, you start experiencing deficiency, and that makes you compromised and vulnerable. My suggestion to you is to **ask less from the world and give more to the world.** Your time, your efforts, your skills - share them and you feel rich.

## THE HOME WITHIN

**I have many homes in the world, but I belong nowhere.** I don't belong to any place. And that keeps me free. That keeps me unbound. We can have a place to sleep. We can have people to love. We can have anything, but you can be free as well, internally.

Remember that **life happens inside us, and is reflected outside.** When you are only focused on the world outside, you will fail to see the life that unfolds within us, the experiences that unfold inside, and what happens within. Spending some time with yourself is obligatory. This is very important. The time that you spend with yourself will be the best time in your life.



People may come and go. They may love you or hate you. But you have to stay with yourself. You have to love yourself, because **you are your best friend and your worst critic**. So think about this and connect to yourself deeply through acceptance: “I am like this. This is my constitution, my character. This is my time and my space, and I have a particular life here, and that has to be respected.”

## HUMANKIND TO KIND HUMANS

Practice spirituality in life by living through your kindness, through your compassion, through your understanding of how the energy functions through different bodies.

**Work is worship.** When your work becomes your home, you will be spontaneous. If you're working all the time, you should work to make the Earth a better place. And that's a great service. That is a beautiful thing to do. Earth has already given you a lot – a life, a platform to walk on, food to eat, a place to sleep. **Now what you give to the Earth is what matters.** And that does not depend on other people, time or situations. It depends on you, your attitude.

It is very important to **reinvent your attitude to make your existence effective**, and thus attain a lot of fulfillment while you're working to nurture happiness within and on the outside. Express kindness, express compassion and try to recreate humankind as kind humans. That would be a great legacy to leave behind. I live for that.

**My main purpose on Earth is to bring humankind**

**to kind humans without expecting anything back from them.** That way you remain free, and you keep others free. That's real freedom. When you need nothing from Earth, nothing from anybody, you are truly free. And that's a beautiful feeling.

**Let us nurture kindness in humankind.** Opportunistic people, selfish people, greedy people - they all exist in the world, but they do not have longevity because nobody remembers them. They try to gather things from Earth and they leave everything behind when they die. **But those who express kindness, those who leave themselves to Earth, give themselves to Earth, their time to Earth - they will be remembered, they have longevity.** So it is worth trying.

The best expression of a human being is humanity. Kindness, care, compassion, selflessness, righteousness - these make us real humans. And that is very important to give. On the other hand, selfishness, greed, anger, hatred, jealousy, are all weaknesses, they make us vulnerable. They make us suffer because of guilt and regrets. You should lead a life of dignity and pride by sharing humanity and nurturing kindness in humankind.

This is a very short life. In the short life of about thirty thousand days on Earth, you deserve happiness. Life should be beautiful, enjoyable. And life should be filled with love. We can indeed make it, if we shed our selfishness and greed.

If you ask, what is in it for me, I would say, there is nothing in it for us, except the experience. That's the only earning you have. And your expression is

marked as your presence on Earth. That's your only expense on Earth. And what you collect are your memories. What you share is what you have. What you collect, you leave behind and you die.

## LIVE AND LET LIVE

This year, we should remember these things. We have very little time on Earth about thirty thousand days. And in the short life, it's important to live with contentment. It's important to have fulfillment. Otherwise, we'll ask for a rebirth. We have to come back and live again. That's pretty meaningless.

The world does not have a deep memory. Usually, the world recognizes a birth and the world recognizes a death. World does not recognize a life. Mostly, your birth and your death are remembered, while your life is not remembered nor acknowledged.

How do we make our life remembered? Through your work, through how you are, your attitude, your disposition, your love and your ability to transform the world around you with your brightness, and with your actions for the sake of the world.

So what is the most important thing now? What has to be remembered now? When you get up in the morning, remember that you are alive. You are not your activity. You are not what you have. You are not what you project. **You are a living spiritual being, a being of energy walking this Earth at this point in time. So, live your life completely. And while you live, let others live too.**

Live and let live. All lives matter just like our own life. There is no caste, creed, country, culture, color, language, religion, higher or lower. They are all relevant in any space at any time because we are sharing this Earth. Live sensitively. Live with compassion and kindness. Accept everybody. Do not reject anybody. All the people, all the beings, everything on Earth is trying to survive. They're trying to make a life here on Earth. Therefore, you should express compassion. Whatever you deserve will come to you. Be grateful. Be grateful for all the love you get from the world. Also be grateful for all the hatred and other emotions that you get from the world because they keep you on check. They keep you grounded. When people criticize you, you become grounded. Don't hate them. Take their criticism and assess if it's worthwhile. If it's not worthwhile, leave it and lead your life as you are.

## DARING TO LOVE

You have to take care of your inside world very judiciously, because that world is you. The outside world is not yours. We are using the materials from the world outside, things from the world outside, spaces from the world outside for the sake of our own experiences. And we are creating those experiences inside us. Take care of that space carefully, with a lot of love and care, so that you have great experiences, great memories, and a great life. There is nothing to fear.

Fear is an illusion which insecurity creates and insecurity comes from our survival instinct. We believe in our fears and we die too soon in our existence. **Cowards die many times before their death, while the**



**brave ones die but once.** Remember this proverb. Let's not be cowards. When fears happen, look straight into their eyes, they'll vanish, they will disappear. But love has a lot of room because love heals, love expands, love makes you real. And love makes you relevant. All beings have space and relevance.

What makes you more relevant is the love you share. As great human beings, we must always take time to help the helpless. The people who deserve support, who are weak, stand by them. Never leave the hands of people who have nobody, stand by them and give them support. That's integrity. That's what we are.

## **CONSCIENCE IS THE ARMOUR OF OUR MIND**

This year onwards, if you have not done this before, **make sure you will never leave the hands of the helpless and keep the harmful away from the society.** You should raise your voice to quarantine the harmful from the society. If we keep quiet, watching them doing their unrighteous acts, we are party to it indirectly. We must not do that. Raise the voice against the unethical things in life while you support the righteous, the helpless, the weak, support them as best as you can within your capacity. But stand against criminal minds, unethical activities, and all the things which make the society a worse place. We must stand together to keep it clean and healthy.

**Always support righteousness, always support harmony, make the world a better place.** It should be a collective effort. We all have to work together for it so that we can have a good existence, and for the next generations to have a way of life. Keep your conscience healthy at all times, because conscience is the armor of our mind. The stronger the conscience, the stronger we are as individuals. Let us be strong, stable and effective through self-acceptance. And that will help the society. You will have a life well lived. Once again, I will repeat the simple truths of existence:

- Self-connection is the most important connection
- This can be achieved through self-acceptance, that is, accepting yourself unconditionally.
- And this will help you raise your self-awareness, i.e. what are you made up of.

You should remember and practice these simple things in life at all times. And you can choose to react or respond. When you react emotionally, the usual results are regrets and guilt. When you respond intellectually, you will have harmony and peace. That's



your prerogative. And that could be a good purpose, which will help you and the world around you.

## WEEKLY TALKS

As you all know, I've been meeting the world every Sunday for two hours for months now. I will continue to meet all of you every Sunday for two hours. And the timing, I think most of you know, is between 5p.m. to 7p.m. IST. So, that means we'll meet about 48 Sundays next year, 2026, and close to a hundred hours next year. Let's not miss this chance. Let's talk. Let's share. Let's discuss. And let's move as a family towards the future.

When we keep reminding ourselves what is life and what is life about, what are we here for, all those things can serve us as reminders to lead life in the right direction. It may work as a GPS or a navigator. So, we will meet again every Sunday. We will continue to meet. Meanwhile, always remember that though this is a new year, it's just a milestone in our life. We still don't have a lot of time. If we live eighty years, it's 80 Christmases, 80 New Years, eighty Diwalis, eighty Onams. That's all. We will leave at the time when we are supposed to leave, without extensions. So, we must make use of this time very well. I'm sure you have various aims and goals for the New Year. If you have discipline, you can achieve it. Discipline is very important along with determination. If you have good determination and good discipline, there's nothing you cannot achieve in this life.

## LOVE IS THE ONLY REALITY

I wish you great strength, happiness, and I'm always with you. I'm walking with you. I have been walking with you. I will continue to walk with you. If you choose to walk with me, we are together.

**I wish you great health and also a great purpose in life.** May you shine bright as beacons of light unto this world for bringing forth kindness and compassion and righteousness into the hearts of people. Let's mend the eyes of the hearts of people and make them see the presence of love in the world. There is love in the world.

But if our hearts are frozen with ice, we may not see it. Let it melt and let us have clarity and vision to see love all around us. And we will be love, not that we will choose to love. Because when you are love, just like the Sun, Sun doesn't choose to give you light nor heat – It IS light and heat. Its nature is light and heat. Just like that, your nature should be love. So, you only give love. There's nothing else you can give. All other emotions are aberrations. They don't exist. They are all illusions.

**Love is the only reality. When you give love unconditionally, you get love unconditionally. What you give, you get. What you sow, you reap.**

I wish you great happiness in life, and I wish you a very happy New Year.





“Don’t ask too much from the Earth. Earth has already given you a life. Now what you give to Earth is what matters. It depends on you, your attitude.

This is a very short life. In the short life of about thirty thousand days on earth, you deserve happiness. You deserve love. Life should be beautiful. Life should be filled with love.

What you share is what you have. What you collect, you leave behind and you die.

Remember, you are alive. You are not your activity. You are not what you have. You are a living spiritual being, a being of energy walking this earth at this point in time. Live and let live. All lives matter. Your inside world is your real world. Experiences start and end there. Outside world are only triggers. Take care of that space carefully, with a lot of love.

Fear is an illusion. Look straight into the eyes of the fears, they’ll vanish. But love

heals, love expands, love makes you real. The love you share makes you relevant. Never leave the hands of the helpless. Always support righteousness, always support harmony, make the world a better place.

Self connection is the most important connection that can be achieved through self acceptance. When you respond intellectually, you will have harmony and peace. Create harmony and peace always.

We have very little time on earth. So we must make use of this time very well.

I wish you great strength, happiness, and I’m always with you. May you shine bright as beacons of light unto this world.

Love is the only reality. When you give love unconditionally, you get love unconditionally. What you give, you get. What you sow, you reap.”

— Mohanji

MOHANJI'S NEW YEAR  
MESSAGE VIDEO



# Join Hands

## FOR A **BETTER WORLD**



**Giving selflessly and serving the Earth and all its beings (including animals and birds) with an attitude of gratitude is the pillar of Mohanji's teachings. Mohanji says that volunteering makes us complete only if it is done selflessly. Volunteering should become our lifestyle, then it truly becomes powerful, purifying and uplifting.**

### **VOLUNTEER**



Join us to build a better world ruled by peace, harmony and love.  
**Become a volunteer!**

*“Believe in what you do, believe in volunteering, believe in being selfless, have no expectation – then, volunteering becomes your strength.” — Mohanji*

### **PARTNER**

Mohanji firmly believes that collaborations and collective actions are crucial for progress when we are working for the betterment of each other and the future.

Mohanji Foundation and the various Mohanji platforms are keen to forge strong partnerships and associations with institutions and individuals that identify with our core values and share our purpose.

If any of our initiatives or causes resonate with you and you would like to join hands with us, do write to us at [info@mohanji.org](mailto:info@mohanji.org).

### **CONTRIBUTE**

Every contribution counts and helps the Mohanji International Foundation to add value to the world.

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(please contact [info@mohanji.foundation](mailto:info@mohanji.foundation))







# Mohanji

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